

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

03 Aug 2026

### Evaluation of clinical and dermoscopic effects of topical use of KOH 5% solution on Actinic Keratosis and its comparison with 5-Fluorouracil topical cream on patients suffering Actinic Keratosis.

#### Protocol summary

##### Study aim

Specifying the therapeutic effects of KOH 5% in comparison to 5-Fluorouracil cream on Actinic Keratosis (main aim). Specifying the relationship between the therapeutic effects of KOH 5% and 5-Fluorouracil cream with patient's age, radiotherapy history, and patient's skin color classification based on Fitzpatrick scale (secondary aims).

##### Design

KOH 5% is used on half of the lesions and 5-Fluorouracil cream is used on the other half. Sides on which, each drug is used for each patient, is randomized using four-way Block Randomization method. Lesions are divided into 2 groups of left side lesions (L) and right side lesions (R). The fact that each number (patient) uses which drug on which side, is randomized. The sample size is 25 people.

##### Settings and conduct

Patients suffering Actinic Keratosis attending Razi dermatology hospital will be using both medicines simultaneously for 4 weeks. All patients will be examined before the intervention begins, 14, 28, 60 and 90 days after starting treatments. The clinical traits of the lesions and their improvement process will be examined and photographed using "FotoFinder" dermoscope and will then be analyzed by two of the dermatology professors who will have a blind observation on the taken pictures.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Actinic Keratosis patients who are at least 18 years old, and have a minimum number of 8 lesions (at least 4 per side) on parts of skin exposed to the sun. Exclusion criteria: All pregnant women and people with a history of allergy to any of the drugs under study.

##### Intervention groups

Checking the therapeutic effects of KOH 5% on half of a person's lesions of Actinic Keratosis (As intervention

group) in comparison to the effects and side effects of 5-Fluorouracil cream on the other half of lesions (As control group).

##### Main outcome variables

Smoothing of Actinic Keratosis's roughness of lesions

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20180909040978N1**

Registration date: **2018-10-19, 1397/07/27**

Registration timing: **prospective**

Last update: **2018-10-19, 1397/07/27**

Update count: **0**

##### Registration date

2018-10-19, 1397/07/27

##### Registrant information

##### Name

Ali Salehi Farid

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 2293 2312

##### Email address

asalehifarid@student.tums.ac.ir

##### Recruitment status

##### Recruitment complete

##### Funding source

##### Expected recruitment start date

2018-10-22, 1397/07/30

##### Expected recruitment end date

2018-11-01, 1397/08/10

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Evaluation of clinical and dermoscopic effects of topical use of KOH 5% solution on Actinic Keratosis and its comparison with 5-Fluorouracil topical cream on patients suffering Actinic Keratosis.

**Public title**

Evaluation of treatment of actinic keratosis with KOH5% solution in comparison to Fluorouracil 5% cream

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Patients suffering Actinic Keratosis attending Razi dermatology hospital Having at least 18 years of age Having a minimum number of 8 lesions( 4 on each side, at least) on parts of skin that are exposed to the sun.

**Exclusion criteria:**

Pregnant women People with a history of allergy to any of the drugs under study.

**Age**From **18 years** old**Gender**

Both

**Phase**

3

**Groups that have been masked***No information***Sample size**Target sample size: **25**

More than 1 sample in each individual

Number of samples in each individual: **8**

Having a minimum number of 8 lesions( 4 on each side, at least) on parts of skin that are exposed to the sun.

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Sides on which, each drug is used for each patient, is randomized using four-way Block Randomization method. Patients are numbered 1 to 25. Lesions are divided into two groups of left side lesions (marked with letter L) and right side lesions (marked with letter R). The fact that each number (patient) uses which drug on which side ( left side lesions (L) or right side lesions (R) ), is randomized using Block Randomization method. In fact, each patient's lesions are considered the statistical society, so randomization has taken place within each individual.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Tehran University of Medical Sciences

**Street address**

13th Flr., Block A, Central HQs of the Ministry of Health & Medical Education, Simaye\_Iran St., Qods Town

**City**

Tehran

**Province**

Tehran

**Postal code**

1467664961

**Approval date**

2018-06-20, 1397/03/30

**Ethics committee reference number**

IR.TUMS.TIPS.REC.1397.010

**Health conditions studied****1****Description of health condition studied**

Actinic Keratosis

**ICD-10 code**

L57.0

**ICD-10 code description**

Actinic keratosis

**Primary outcomes****1****Description**

Smoothing of Actinic Keratosis's lesions' roughness

**Timepoint**

At the beginning of the study (Before the intervention begins) and 14, 28, 60 and 90 days after starting the use of KOH 5% solution and Fluorouracil cream

**Method of measurement**

Clinical diagnosis by dermatologist

**Secondary outcomes****1****Description**

The improvement of dermoscopic features of Pseudo-network pattern's lesions.

**Timepoint**

At the beginning of the study (before the intervention begins) and 14, 28, 60 and 90 days after starting the treatment using KOH 5% solution and Fluorouracil cream

#### **Method of measurement**

Analyzing the photographed dermoscopic discoveries using a FotoFinder by two dermatology professors.

### **2**

#### **Description**

The improvement of dermoscopic feature of Yellow scales' lesions.

#### **Timepoint**

At the beginning of the study (before the intervention begins) and 14, 28, 60 and 90 days after starting the treatment using KOH 5% solution and Fluorouracil cream

#### **Method of measurement**

Analyzing the photographed dermoscopic discoveries using a FotoFinder by two dermatology professors.

### **3**

#### **Description**

The improvement of dermoscopic feature of White scales' lesions.

#### **Timepoint**

At the beginning of the study (before the intervention begins) and 14, 28, 60 and 90 days after starting the treatment using KOH 5% solution and Fluorouracil cream

#### **Method of measurement**

Analyzing the photographed dermoscopic discoveries using a FotoFinder by two dermatology professors.

### **4**

#### **Description**

The improvement of dermoscopic feature of Linear-Wavy Vessels' lesions.

#### **Timepoint**

At the beginning of the study (before the intervention begins) and 14, 28, 60 and 90 days after starting the treatment using KOH 5% solution and Fluorouracil cream

#### **Method of measurement**

Analyzing the photographed dermoscopic discoveries using a FotoFinder by two dermatology professors.

### **5**

#### **Description**

The improvement of dermoscopic feature of Pigmented Dots' lesions

#### **Timepoint**

At the beginning of the study (before the intervention begins) and 14, 28, 60 and 90 days after starting the treatment using KOH 5% solution and Fluorouracil cream

#### **Method of measurement**

Analyzing the photographed dermoscopic discoveries using a FotoFinder by two dermatology professors.

## **Intervention groups**

### **1**

#### **Description**

Intervention group: Patients suffering Actinic Keratosis attending Razi dermatology hospital who are at least 18 years old and have a minimum number of 8 lesions (4 on each side, at least) on parts of skin that are exposed to the sun, will be recognized. A group of 25 people is chosen from among these patients. The chosen patients are explained about the medicine, the manner of using the medicine, probable side effects, mandatory use of sun screen and the importance of signing the letter of satisfaction. KOH 5% (Produced and packed in Razi hospital's laboratory of compounding drugs) and Fluorouracil 5% cream (This medicine is available in pharmacies under commercial name of Efudix in 20-gram tubes) are handed to the patients. Patients will be using the two medicines simultaneously for 4 weeks. Patients are taught to use KOH 5% for one half of the lesions and Fluorouracil 5% cream for the other half.

#### **Category**

Treatment - Drugs

### **2**

#### **Description**

Control group: Patients suffering Actinic Keratosis attending Razi dermatology hospital who are at least 18 years old and have a minimum number of 8 lesions (4 on each side, at least) on parts of skin that are exposed to the sun, will be recognized. A group of 25 people is chosen from among these patients. The chosen patients are explained about the medicine, the manner of using the medicine, probable side effects, mandatory use of sun screen and the importance of signing the letter of satisfaction. KOH 5% (Produced and packed in Razi hospital's laboratory of compounding drugs) and Fluorouracil 5% cream (This medicine is available in pharmacies under commercial name of Efudix in 20-gram tubes) are handed to the patients. Patients will be using the two medicines simultaneously for 4 weeks. Patients are taught to use KOH 5% for one half of the lesions and Fluorouracil 5% cream for the other half.

#### **Category**

Treatment - Drugs

## **Recruitment centers**

### **1**

#### **Recruitment center**

##### **Name of recruitment center**

Razi hospital

##### **Full name of responsible person**

Hamidreza Mahmoudi

##### **Street address**

Razi Dermatology Hospital, Razi Dead-end, Vahdat Eslami Sq., Vahdat Eslami St.

##### **City**

Tehran

##### **Province**

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##### **Postal code**

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## Sponsors / Funding sources

### 1

**Sponsor**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Vice Chancellor for Research and Technology

**Street address**

6th Flr., Vice Chancellor for Research and Technology,  
Central Organization of University, Qods St.,  
Keshavarz Blvd.

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**Province**

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**Phone**

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**Email**

Msahrai@tums.ac.ir

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Tehran University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Academic

## Person responsible for general inquiries

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Hamidreza Mahmoudi

**Position**

Assistant professor

**Latest degree**

Specialist

**Other areas of specialty/work**

Dermatology

**Street address**

Razi Dermatology Hospital, Razi Dead-end, Vahdat  
Eslami Sq., Vahdat Eslami St.

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**Province**

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hr\_mahmoody@yahoo.com

## Person responsible for scientific inquiries

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Hamidreza Mahmoudi

**Position**

Assistant professor

**Latest degree**

Specialist

**Other areas of specialty/work**

Dermatology

**Street address**

Razi Dermatology Hospital, Razi Dead-end, Vahdat  
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**Postal code**

1199663911

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+98 21 5563 0174

**Email**

hr\_mahmoody@yahoo.com

## Person responsible for updating data

**Contact**

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Ali Salehi Farid

**Position**

Student

**Latest degree**

A Level or less

**Other areas of specialty/work**

Medical Pharmacy

**Street address**

Razi Dermatology Hospital, Razi Dead-end., Vahdat  
Eslami Sq., Vahdat Eslami St.

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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Yes - There is a plan to make this available

### Title and more details about the data/document

All data are shareable, except for patients' pictures, after anonymizing the patients.

### When the data will become available and for how long

All data are shareable 6 months after publishing the results, except for the patients' pictures, after anonymizing the patients.

### To whom data/document is available

Researchers working in universities or science institutions or people working in industrial areas, can receive the data or other documents on the study.

### Under which criteria data/document could be used

The data or the other documents on the research, except for patients' pictures, can be used for systematic review or any other purpose provided having legal permission from the owners of the study.

### From where data/document is obtainable

1: Dr. Hamidreza Mahmoudi E-mail address: hr\_mahmoody@yahoo.com Mobile-phone number: 00989122612946 Razi hospital 2: Dr. Ali Salehi Farid E-mail address: ali.salehi.farid@gmail.com Mobile-phone number: 00989123711774

### What processes are involved for a request to access data/document

Using the data or documents is possible after one month, provided having the legal permission of the owners of the study, by one of the authorized people.

### Comments