

Clinical Trial Protocol

Iranian Registry of Clinical Trials

18 Sep 2026

The effect of pre-marriage education on marriage expectation in single students

Protocol summary

Study aim

Determining the effect of pre-marriage education on marriage expectation in single student

Design

This study is done on 140 students in two groups of control (70 people) and intervention (70 people) without randomization and blindness. The study population is selected by multi-stage sampling.

Settings and conduct

This study will be conducted on students of universities in Gonabad city (one of the cities of the south of Khorasan Razavi province) by multi-stage sampling. Using a standard questionnaire, a pretest test will be performed in the intervention and control groups. The intervention included a training program that manner of the lecture, small group discussion, questions and answers, and learning activities will be implemented for the experimental group.

Participants/Inclusion and exclusion criteria

The inclusion criteria: Participants in the study are the student in the city of Gonabad, participants in the study are single, willingness to participate in the study. The exclusion criteria: Student is the first and the last term.

Intervention groups

Intervention group: Before the intervention, the pre-test is performed and then an educational program will be implemented in the form of lectures, discussions in small groups, questions and answers, and learning activities. The duration of the training period will be 10 sessions of 90 minutes for a maximum of 2 months. The effectiveness of intervention 6 months after the intervention will be assessed through a questionnaire. Control group: This group will be evaluated before, after and 6 months after intervention. There will be no intervention program for this group.

Main outcome variables

General attitudes toward marriage; Various aspects of marriage and The marriage Intention

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20180722040559N4**

Registration date: **2018-12-02, 1397/09/11**

Registration timing: **retrospective**

Last update: **2018-12-02, 1397/09/11**

Update count: **0**

Registration date

2018-12-02, 1397/09/11

Registrant information

Name

Alireza Jafari

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 51 3851 4548

Email address

jafaria962@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2017-10-31, 1396/08/09

Expected recruitment end date

2018-05-20, 1397/02/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of pre-marriage education on marriage expectation in single students

Public title

The effect of pre-marriage education on marriage expectation in single students

Purpose

Prevention

Inclusion/Exclusion criteria

Inclusion criteria:

Participants in study is student in city of Gonabad

Participants in study is single Willingness to participate in the study

Exclusion criteria:

Student is the first and the last term

Age

From **18 years** old to **30 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **140**

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

The ethics committee of Gonabad University of Medical Sciences

Street address

Gonabad University of Medical Sciences, Imam Khomeini street, Gonabad city, Razavi Khorasan

City

Gonabad

Province

Razavi Khorasan

Postal code

96917-93718

Approval date

2015-12-17, 1394/09/26

Ethics committee reference number

IR.GMU.REC.1394.98

Health conditions studied

1

Description of health condition studied

The wrong expectations of marriage

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

The marriage Intention

Timepoint

One month after the intervention

Method of measurement

Questionnaire of Park and Rosen the marital scales

2

Description

General attitudes toward marriage

Timepoint

One month after the intervention

Method of measurement

Questionnaire of Park and Rosen the marital scales

3

Description

Aspects of marriage (Romance, Respect, Trust, Finances, Meaning, Physical Intimacy)

Timepoint

One month after the intervention

Method of measurement

Questionnaire of Park and Rosen the marital scales

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: The intervention involves an educational program that will be run in a lecture, a discussion in small groups, questions and answers, and learning activities. The duration of the training period will be 10 sessions of 90 minutes for students in the intervention group for a maximum of 2 months. Session 1: There will be some explanations about the need for premarital education. Second session: Explaining whether marriage is easy and the right and wrong reasons for marriage. Session 3: During this session, topics such as familiarity, ten mistakes in the familiarization process, advantages and limitations of the familiarization course will be considered. Session Four: In this session, explanations about love and marriage,

triangular theory of love, types of love, characteristics of the loved one will be made. Session 5: This session will discuss issues such as the criteria for selecting a spouse, those who are not suitable for marriage. Session Six: During this meeting, people will become familiar with some important concepts in marriage (commitment, understanding, intimacy). The effectiveness of intervention 6 months after the intervention will be assessed through a questionnaire.

Category

Prevention

2

Description

Control group: No intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Gonabad University of medical sciences

Full name of responsible person

Alireza Jafari

Street address

Gonabad University of Medical Sciences, Imam Khomeini street

City

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Postal code

96917-93718

Phone

+98 51 5722 3514

Email

info@gums.ac.ir

2

Recruitment center

Name of recruitment center

Islamic Azad University of Gonabad

Full name of responsible person

Alireza Jafari

Street address

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City

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Province

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Postal code

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Phone

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3

Recruitment center

Name of recruitment center

University of Gonabad

Full name of responsible person

Alireza Jafari

Street address

Gonabad University of Medical Sciences, Imam Khomeini street

City

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Province

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Postal code

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Phone

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Email

pr@gonabad.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Gonabad University of Medical Sciences

Full name of responsible person

Ali Sajadi

Street address

Gonabad University of Medical Sciences, Imam Khomeini street

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Razavi Khorasan

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96917-93718

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Email

info@gmums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Gonabad University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Gonabad University of Medical Sciences

Full name of responsible person

Alireza Jafari

Position

PhD student

Latest degree

Master

Other areas of specialty/work

Health Promotion

Street address

School of Public Health, between 16th and 18th
Daneshgah, Daneshgah Street

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Province

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Postal code

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Phone

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Email

jafaria962@mums.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Gonabad University of Medical Sciences

Full name of responsible person

Alireza Jafari

Position

PhD student

Latest degree

Master

Other areas of specialty/work

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Person responsible for updating data

Contact

Name of organization / entity

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

Not applicable

Title and more details about the data/document

Study data can be reported after unidentifiable
participants in the study

When the data will become available and for how long

Start the access period one month after the publication
of result

To whom data/document is available

Researchers working in academia

Under which criteria data/document could be used

Data is sent through an official request and by email

From where data/document is obtainable

Alireza Jafari: jafaria962@mums.ac.ir

What processes are involved for a request to access data/document

Data is sent through an official request and by email

Comments