Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

assessment the effect of emotional intelligence training on nurses resiliency and general health in icu in khorram abad hospitals

Protocol summary

Study aim
' Assessment the effect of emotional intelligence (EI) training on nurses resiliency and general health in ICU in khorram Abad hospitals
Design
A clinical trial with control group، Randomized
Settings and conduct
Nurses in intensive care unit devided 2 group,intervention group training EI for 6week,control group without training EI
Participants/Inclusion and exclusion criteria
Inclusion criteria ;nurses in icu Exclusion criteria ;Dissuasion from research
Intervention groups
nurses in icu
Main outcome variables
EQ،Resiliency،General health

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20181012041316N1**
Registration date: **2018-12-10, 1397/09/19**
Registration timing: **retrospective**

Last update: **2018-12-10, 1397/09/19**
Update count: **0**
Registration date
2018-12-10, 1397/09/19

Registrant information
Name
Kimia Karami
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Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2018-10-13, 1397/07/21
Expected recruitment end date
2018-11-20, 1397/08/29
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
assessment the effect of emotional intelligence training on nurses resiliency and general health in icu in khorram abad hospitals

Public title
assessment the effect of emotional intelligence on nurses resiliency and general health
Purpose
Education/Guidance
Inclusion/Exclusion criteria
Inclusion criteria:
work in icu for 1 year nurses
Exclusion criteria:
disease dissuasion
Age
No age limit
Gender
Both

Phase
N/A

Groups that have been masked
No information
Sample size
Target sample size: **50**
Actual sample size reached: **50**
Randomization (investigator's opinion)
Randomized
Randomization description
The research sample was determined using sampling method based on entry criteria and considering the possibility of destruction, 50 people .People are selected with easy sampling and are enrolled in the study.Then, they are divided into two groups of control and intervention by simple random sampling law.The simple case is that the names of 50 participants are written on paper and drawn through the lottery in the intervention and control groups.
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Other
Other design features
no

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Lorestan University of Medical Sciences
Street address
Kamalvand Highway Lorestan University of Medical Sciences
City
Khoram Abad
Province
Lorestan
Postal code
6813833946
Approval date
2018-06-24, 1397/04/03
Ethics committee reference number
IR.LUMS.REC.1397.047

Health conditions studied

1

Description of health condition studied
EQ
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
EQ
Timepoint
Score of EQ pretest and after 6 weak
Method of measurement
Bar on emotional intelligence inventory

Secondary outcomes

1

Description
General Health
Timepoint
At the beginning of the intervention and six weeks later
Method of measurement
Goldberg General Health Questionnaire

2

Description
Resilient
Timepoint
At the beginning of the intervention and six weeks later
Method of measurement
Connery Davidson Suspension Questionnaire

Intervention groups

1

Description
The intervention group developed the training of emotional intelligence skills for 6 week.
Category
N/A

2

Description
Control group: Routine care
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Madani Hospital
Full name of responsible person
Karami Kobra
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2

Recruitment center
Name of recruitment center
Rahimi Hospitals
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Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Khoram-Abad University of Medical Sciences
Full name of responsible person
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Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Khoram-Abad University of Medical Sciences
Proportion provided by this source
100
Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact
Name of organization / entity
Khoram-Abad University of Medical Sciences
Full name of responsible person
Karami Kobra
Position
Associate professor
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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available
Study Protocol
Undecided - It is not yet known if there will be a plan to make this available
Statistical Analysis Plan
Undecided - It is not yet known if there will be a plan to make this available
Informed Consent Form
Undecided - It is not yet known if there will be a plan to make this available
Clinical Study Report
Undecided - It is not yet known if there will be a plan to make this available
Analytic Code
Undecided - It is not yet known if there will be a plan to make this available
Data Dictionary
Yes - There is a plan to make this available
Title and more details about the data/document
outcome
When the data will become available and for how long
6 month after
To whom data/document is available
All people
Under which criteria data/document could be used
Research
From where data/document is obtainable
Karami kobra09126856759
What processes are involved for a request to access data/document
E mail
Comments