

Clinical Trial Protocol

Iranian Registry of Clinical Trials

09 Jul 2026

assessment the effect of emotional intelligence training on nurses resiliency and general health in icu in khorrab abad hospitals

Protocol summary

Study aim

' Assessment the effect of emotional intelligence (EI) training on nurses resiliency and general health in ICU in khorrab Abad hospitals

Design

A clinical trial with control group. Randomized

Settings and conduct

Nurses in intensive care unit divided 2 group, intervention group training EI for 6week, control group without training EI

Participants/Inclusion and exclusion criteria

Inclusion criteria ;nurses in icu Exclusion criteria ;Dissuasion from research

Intervention groups

nurses in icu

Main outcome variables

EQ, Resiliency, General health

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20181012041316N1**

Registration date: **2018-12-10, 1397/09/19**

Registration timing: **retrospective**

Last update: **2018-12-10, 1397/09/19**

Update count: **0**

Registration date

2018-12-10, 1397/09/19

Registrant information

Name

Kimia Karami

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 916 669 1346

Email address

karami.k@lums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-10-13, 1397/07/21

Expected recruitment end date

2018-11-20, 1397/08/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

assessment the effect of emotional intelligence training on nurses resiliency and general health in icu in khorrab abad hospitals

Public title

assessment the effect of emotional intelligence on nurses resiliency and general health

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

work in icu for 1 year nurses

Exclusion criteria:

disease dissuasion

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 50

Actual sample size reached: 50

Randomization (investigator's opinion)

Randomized

Randomization description

The research sample was determined using sampling method based on entry criteria and considering the possibility of destruction, 50 people. People are selected with easy sampling and are enrolled in the study. Then, they are divided into two groups of control and intervention by simple random sampling law. The simple case is that the names of 50 participants are written on paper and drawn through the lottery in the intervention and control groups.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Other

Other design features

no

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Lorestan University of Medical Sciences

Street address

Kamalvand Highway Lorestan University of Medical Sciences

City

Khoram Abad

Province

Lorestan

Postal code

6813833946

Approval date

2018-06-24, 1397/04/03

Ethics committee reference number

IR.LUMS.REC.1397.047

Health conditions studied

1

Description of health condition studied

EQ

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

EQ

Timepoint

Score of EQ pretest and after 6 weeks

Method of measurement

Bar on emotional intelligence inventory

Secondary outcomes

1

Description

General Health

Timepoint

At the beginning of the intervention and six weeks later

Method of measurement

Goldberg General Health Questionnaire

2

Description

Resilient

Timepoint

At the beginning of the intervention and six weeks later

Method of measurement

Connery Davidson Suspension Questionnaire

Intervention groups

1

Description

The intervention group developed the training of emotional intelligence skills for 6 weeks.

Category

N/A

2

Description

Control group: Routine care

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Madani Hospital

Full name of responsible person

Karami Kobra

Street address

Kamalvand Highway

City

Khorram Abad

Province

Lorestan
Postal code
6813833946
Phone
+98 21 4463 5785
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karam.k@lums.ac.ir

2

Recruitment center

Name of recruitment center
Rahimi Hospitals
Full name of responsible person
Karami Kobra
Street address
Kamalvand Highway
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+98 21 4463 5785
Email
karami.k@lums.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Khoram-Abad University of Medical Sciences
Full name of responsible person
Yazdan Bakhshe Gholami
Street address
Kamalvand Highway
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Khorram Abad
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Lorestan
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6813833946
Phone
+98 66 3330 0661
Email
pr@lums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Khoram-Abad University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Khoram-Abad University of Medical Sciences

Full name of responsible person

Karami Kobra

Position

Associate professor

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

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Person responsible for scientific inquiries

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Person responsible for updating data

Contact

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to

make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

outcome

When the data will become available and for how long

6 month after

To whom data/document is available

All people

Under which criteria data/document could be used

Research

From where data/document is obtainable

Karami kobra09126856759

What processes are involved for a request to access data/document

E mail

Comments