

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The efficacy of group logo therapy on public health promotion in people with type 2 diabetes

Protocol summary

Study aim

Determination of the efficacy of public logo therapy on general health promotion in people with type 2 diabetes

Design

This is a randomized clinical trial study with control group which the subjects are randomly divided into intervention and control groups.

Settings and conduct

This study is carried out in the city of Joveyn. The research population are people with type 2 diabetes referred to Joveyn health care centers.

Participants/Inclusion and exclusion criteria

The entry requirements: 1) Age older than 30 years; 2) Consent to participate in the research; 3) Have a minimum degree of diploma; 4) Those with a public health score over 23. Conditions of non-arrival: 1- Use of psychological treatments in the past months 2. Communication disorders such as vision or auditory problems 3. Severe physical diseases 4. Diagnosis of mental disorders.

Intervention groups

Study of the efficacy of group logo therapy on public health, which is carried out on 18 individuals with type 2 diabetes, in 10 sessions of 90 minutes duration twice a week, and in each session one topic of logo therapy is discussed such as freedom and responsibility of choice, familiarity with a variety of values, meaning through the creation of values and responsibility, familiarity with the types of anxiety and the meaning of death, self-healing, self-excellence, familiarity with existential isolation and sin. This study is done by a researcher under a master of science psychologist supervision who is familiar with logo therapy. There is no intervention to the control group. After finishing the sessions a post-test will be done on the intervention and control groups. Then the results will be used for statistical analysis software.

Main outcome variables

Promotion of public health level

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20181106041583N1**

Registration date: **2019-01-03, 1397/10/13**

Registration timing: **prospective**

Last update: **2019-01-03, 1397/10/13**

Update count: **0**

Registration date

2019-01-03, 1397/10/13

Registrant information

Name

Akram Korozhdeh

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 51 4522 0592

Email address

akramkorozhdeh@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2019-01-15, 1397/10/25

Expected recruitment end date

2019-06-15, 1398/03/25

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The efficacy of group logo therapy on public health promotion in people with type 2 diabetes

Public title
The efficacy of group logo therapy on public health promotion in people with type 2 diabetes

Purpose
Education/Guidance

Inclusion/Exclusion criteria
Inclusion criteria:
 People older than 30 years Consent and inclination to participate in research Having at least diploma certificate People who get 23 score or more in public health examination
Exclusion criteria:
 Diagnosis of mental disorder Use of other psychological treatments in the past 6 months Having communication problems such as visual or auditory debilitating disorders Having severe physical diseases which disturbs their presence in the therapeutic sessions

Age
From 30 years old

Gender
Both

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: 36

Randomization (investigator's opinion)
Randomized

Randomization description
Randomization by permutation block allocation method

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Sabzevar University of Medical Sciences

Street address

Tohid Shahr town, further up Anonymous Martyrs tomb, Campus complex, School of Medical and Paramedical Sciences

City

sabzevar

Province

Razavi Khorasan
Postal code
 9617913112
Approval date
 2018-12-09, 1397/09/18
Ethics committee reference number
 IR.MEDSAB.REC.1397.072

Health conditions studied

1

Description of health condition studied

public health

ICD-10 code

F80-89

ICD-10 code description

Disorders of psychological

Primary outcomes

1

Description

Promotion of public Health level in Public Health Questionnaire (GHQ 28)

Timepoint

Before the intervention (pre-test) immediately after 10 sessions of intervention (post-test).

Method of measurement

Public Health Questionnaire (GHQ 28)

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: The intervention is done for the experimental group in 10 sessions of 90 minutes duration twice a week. The Intervention sessions are designed based on literature review and available resources and are related to issues of logo therapy such as freedom and responsibility of choice, familiarity with a variety of values, meaning through the creation of values and responsibility, familiarity with the types of anxiety and the meaning of death, self-healing, Self excellence, familiar with existential isolation and sin.

Category

Other

2

Description

Control group: There is no intervention to the control group.

Category

Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Healthcare centers in Jovein city

Full name of responsible person

Koshky Davood

Street address

Atamalek Cooperative Building, 3th floor

City

Neghab

Province

Razavi Khorasan

Postal code

9647134967

Phone

+98 51 4522 0747

Email

JOV_SH_HEALTH@YAHOO.COM

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Sabzevar University of Medical Sciences

Full name of responsible person

Koshan Mohsen

Street address

Tohid Shahr town, further up the Anonymous Martyrs tomb, Campus complex, School of Medical and Paramedical Sciences

City

Sabzevar

Province

Razavi Khorasan

Postal code

9617913112

Phone

+98 51 4401 8300

Email

mkoshan42@gmail.com

Web page address

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Sabzevar University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Sabzevar University of Medical Sciences

Full name of responsible person

Korozhdeh akram

Position

Nursing staff at Ghamar Bani Hashem Hospital

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Ghamar Bani Hashem Hospital, km 3 Railroad

City

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9647117178

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Person responsible for scientific inquiries

Contact

Name of organization / entity

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Person responsible for updating data

Contact

Name of organization / entity

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available