

Clinical Trial Protocol

Iranian Registry of Clinical Trials

17 Sep 2026

The effect of personal safety education to mothers on the knowledge and skills for the prevention sexual abuse of preschool-aged boys.

Protocol summary

Study aim

determining the effect of personal safety education to mothers on the knowledge and skills for the prevention sexual abuse of preschool-aged boys, in Gorgan, 2018.

Design

Randomized, randomized, Parallel group trial with pretest-posttest design with two groups of intervention and control

Settings and conduct

Referring to 2 health centers 4 and 3 in Gorgan, the total number of mothers with pre-school boys eligible to enter each center is determined. Then, in each center, a random selection of k or sampling intervals is used. After contact with them and willingness to participate in the research, they are invited. For all samples (boys), the status quo test questionnaires are "if and" and the individual safety questionnaire is completed and then divided randomly into two groups of intervention and control. For mothers of the intervention group, a personal safety training program is being implemented to transfer to their sons, after completing the intervention, all questionnaires will be completed again.

Participants/Inclusion and exclusion criteria

Inclusion criteria 1. Iranian and resident of Gorgan .2. Minimum education level (Mother). The absence of mental and physical illnesses in the mother and the child 3. Lack of sexual abuse in the child .4. Child life with both biological parents. exclusion criteria 1. Unwillingness to cooperate 2. Migration from Gorgan

Intervention groups

Personal safety education

Main outcome variables

Increase general knowledge and skills in the intervention group in examining three stages of time

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20181130041798N1**

Registration date: **2019-03-14, 1397/12/23**

Registration timing: **retrospective**

Last update: **2019-03-14, 1397/12/23**

Update count: **0**

Registration date

2019-03-14, 1397/12/23

Registrant information

Name

azam hokmabadi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 17 3245 6900

Email address

azam.hokmabady@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-10-22, 1397/07/30

Expected recruitment end date

2019-01-19, 1397/10/29

Actual recruitment start date

2018-10-22, 1397/07/30

Actual recruitment end date

2019-01-20, 1397/10/30

Trial completion date

empty

Scientific title

The effect of personal safety education to mothers on the knowledge and skills for the prevention sexual abuse of preschool-aged boys.

Public title

"The effect of personal safety education to mothers on the knowledge and skills for the prevention sexual abuse of preschool-aged boys"

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

Mothers with their preschool boys (6-7 years old)

Exclusion criteria:

Entry criterion (mother) 1. Invited to participate in the study. Iranian and resident of Gorgan. 3. At least the education required to complete the course. 4. Chronic mental illness and physical illnesses (self-expression). 5. Decides not to migrate from Gorgan to the end of the project. The entry level (child) 1. The child has the ability to understand the verbal question and answer. 2. Chronic mental illness and physical illnesses (remarks by the mother). 3. The child has not been sexually abused (remarks by the mother) .4 The child lives with both his biological parents.

Age

From **6 years** old to **7 years** old

Gender

Male

Phase

N/A

Groups that have been masked

- Investigator
- Outcome assessor

Sample size

Target sample size: **46**

Randomization (investigator's opinion)

Randomized

Randomization description

Simple randomization

Blinding (investigator's opinion)

Single blinded

Blinding description

Researcher

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Gorgan University of Medical Sciences

Street address

Gorgan - Kilometers 5 Gorgan Road to Sari - 1st Road

of Shast Kola - Higher Education Complex in Golestan University of Medical Sciences

City

gorgan

Province

Golestan

Postal code

4913885778

Approval date

2018-09-16, 1397/06/25

Ethics committee reference number

1397.152

Health conditions studied

1

Description of health condition studied

Prevention of sexual abuse; Prevention of sexual abuse

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Mean score of knowledge to prevent sexual abuse

Timepoint

Two days and one month after the intervention

Method of measurement

personal safety questionair

Secondary outcomes

1

Description

mean Score of total Skills Prevention child abuse

Timepoint

Two days and one month after the intervention

Method of measurement

Questionnaire "What if Situation Test "

Intervention groups

1

Description

Intervention group: A personal safety training program is provided to mothers of pre-school boys during a training session and they are taken to their children within a week at home.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

Health Center No. 3 and 4

Full name of responsible person

azam hokmabadi

Street address

The flowers, the end of the petal (center numbe; the castle of Hasan health center number 3

City

gorgan

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Postal code

4913885778

Phone

+98 17 3243 0353

Email

azam.hokmabady@gmail.com

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Gorgan University of Medical Sciences

Full name of responsible person

معاون تحقیقات و فناوری دانشگاه علوم پزشکی گرگان

Street address

Gorgan - Kilometers 5 Gorgan Road to Sari - First Road of the Sixty Kola - Higher Education Collegiate of Golestan University of Medical Sciences Vice-Chancellor for Research and Technology

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Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Gorgan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries**Contact****Name of organization / entity**

Gorgan University of Medical Sciences

Full name of responsible person

Azam HekamAbadi

Position

student

Latest degree

Bachelor

Other areas of specialty/work

Midwifery

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Person responsible for scientific inquiries**Contact****Name of organization / entity**

Gorgan University of Medical Sciences

Full name of responsible person

elham khoory

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Reproductive Health

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Person responsible for updating data**Contact****Name of organization / entity**

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Full name of responsible person

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Position
student
Latest degree
Bachelor
Other areas of specialty/work
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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available
Study Protocol

Yes - There is a plan to make this available
Statistical Analysis Plan
Yes - There is a plan to make this available
Informed Consent Form
Yes - There is a plan to make this available
Clinical Study Report
Yes - There is a plan to make this available
Analytic Code
Not applicable
Data Dictionary
Not applicable
Title and more details about the data/document
Main outcome information
When the data will become available and for how long
Get started 6 months after printing results
To whom data/document is available
Researchers at universities
Under which criteria data/document could be used
No data analysis is allowed; For other research; by email
From where data/document is obtainable
research
What processes are involved for a request to access data/document
It takes about 15 to 30 days via email or phone call.
Comments