

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 May 2026

### Comparison the effect of dexmedetomidine with remifentanil on postoperative pain after lumbar laminectomy with general anesthesia

#### Protocol summary

##### Study aim

The purpose of this study will be to assess comparison the effect of dexmedetomidine with remifentanil on postoperative pain after lumbar laminectomy with general anesthesia

##### Design

Clinical trial with two arm parallel groups, randomised trial with double blinded assessment. Study phase will be 3-2.

##### Settings and conduct

In Urmia Imam Khomeini hospital operating room, pain score will be measured by visual analog scale, whose utilization will be previously taught to the patient recovery, as well as 6, 12, and 24 hours after surgery by trained nurses who will be unaware of the group of each patient.

##### Participants/Inclusion and exclusion criteria

inclusion criteria: age group of 20 to 60 years old, American Society of Anesthesiologists class I and II, elective lumbar laminectomy exclusion criteria: hypertension, history of bradycardia (heart rate below 50), those who had allergies to the used medications, gastritis, kidney and lung disease, psychiatric problems, drug addicts, and patients treated with beta-blockers, methyl dopa, monoamine oxidase inhibitors, analgesic drugs, and those with body mass index above 25 kg/m<sup>2</sup>

##### Intervention groups

Intervention group dexmedetomidine: Before anesthesia induction, 0.3 µg/50kg/min dexmedetomidine will be injected using a syringe pump for 10 minutes. During surgery 0.01 to 0.02 µg/kg/min dexmedetomidine will be used. Intervention group remifentanil: Before anesthesia induction, 0.01 µg/kg/min remifentanil will be injected using a syringe pump for 10 minutes. During surgery 0.01 to 0.2 µg/kg/min remifentanil will be used.

##### Main outcome variables

pain

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20160430027677N13**

Registration date: **2019-02-24, 1397/12/05**

Registration timing: **retrospective**

Last update: **2019-02-24, 1397/12/05**

Update count: **0**

##### Registration date

2019-02-24, 1397/12/05

##### Registrant information

##### Name

Shahryar Sane

##### Name of organization / entity

Urmia University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 44 3223 4897

##### Email address

sane.sh@umsu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-01-20, 1396/10/30

##### Expected recruitment end date

2018-05-21, 1397/02/31

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

## Scientific title

Comparison the effect of dexmedetomidine with remifentanil on postoperative pain after lumbar laminectomy with general anesthesia

## Public title

Evaluation the effect of dexmedetomidine and remifentanil on postoperative pain

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

age group of 20-60 years old American Society of Anesthesiologists class I and II elective lumbar laminectomy

### Exclusion criteria:

Patients with hypertension History of heart disease Bradycardia (Heart rate less than 50 per minute) arrhythmia People who have allergies to drugs used Gastritis Renal and pulmonary disease mental health problems Drug addict Patients treated with beta-blockers, methyl dopa, monoamine oxidase inhibitors Pain medications Body mass index greater than 25 kg/m<sup>2</sup>

## Age

From **20 years** old to **60 years** old

## Gender

Both

## Phase

2-3

## Groups that have been masked

- Investigator
- Outcome assessor

## Sample size

Target sample size: **60**

## Randomization (investigator's opinion)

Randomized

## Randomization description

Patients will be randomly assigned into two groups of Dexmedetomidine (group D) and Remifentanil (group R) using Random Allocation Software 2.0, and the target codes will be written and placed in sealed envelopes with sequential allocation using double-blind method.

## Blinding (investigator's opinion)

Double blinded

## Blinding description

The anesthesiologist will be unaware of which patient will be assigned to which group. Syringes will be identical and only the nurse will know about the contents of each of them, and finally, after collecting information from the anesthesia residents, the anesthesiologist will be informed of the group each patient will be assigned to.

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Urmia University of Medical Sciences

##### Street address

Emergent Street, Ershad Avenue

##### City

Urmia

##### Province

West Azarbaijan

##### Postal code

5714783734

#### Approval date

2017-12-13, 1396/09/22

#### Ethics committee reference number

IR.UMSU.REC.1396.290

## Health conditions studied

### 1

#### Description of health condition studied

pain

#### ICD-10 code

R52.9

#### ICD-10 code description

Generalized pain NOS

## Primary outcomes

### 1

#### Description

pain

#### Timepoint

In recovery, 6, 12 and 24 hours after surgery

#### Method of measurement

Visual Analogue Scale

## Secondary outcomes

### 1

#### Description

The average need for an analgesic drug to control pain

#### Timepoint

In 12 hours after surgery

#### Method of measurement

milligram

### 2

#### Description

Mean Arterial Blood Pressure

#### Timepoint

time of laryngoscopy and during surgery

#### Method of measurement

None Invasive Blood Pressure

### 3

#### **Description**

Mean pulse Rate

#### **Timepoint**

time of laryngoscopy and during surgery

#### **Method of measurement**

Electrocardiogram

## **Intervention groups**

### 1

#### **Description**

Intervention group: Before anesthesia induction, 0.3 µg/50kg/min dexmedetomidine will be injected using a syringe pump for 10 minutes. During surgery 0.01-0.02 µg/kg/min dexmedetomidine will be used.

#### **Category**

Treatment - Drugs

### 2

#### **Description**

Intervention group: Before anesthesia induction, 0.01 µg/kg/min remifentanyl will be injected using a syringe pump for 10 minutes. During surgery 0.01 to 0.2 µg/kg/min remifentanyl will be used.

#### **Category**

Treatment - Drugs

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Emam Khomeini Hospital, C operating room

##### **Full name of responsible person**

Shahryar Sane

##### **Street address**

Modarres Boulevard, Ershad Boulevard

##### **City**

Uemia

##### **Province**

West Azarbaijan

##### **Postal code**

5715781351

##### **Phone**

+98 44 3346 9931

##### **Fax**

+98 44 3346 8967

##### **Email**

sanesh@umsu.ac.ir

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

#### **Name of organization / entity**

Oroumia University of Medical Sciences

#### **Full name of responsible person**

Iraj Mohebbi

#### **Street address**

Emergent Street, Ershad Avenue

#### **City**

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#### **Email**

research@umsu.ac.ir

#### **Grant name**

#### **Grant code / Reference number**

#### **Is the source of funding the same sponsor organization/entity?**

Yes

#### **Title of funding source**

Oroumia University of Medical Sciences

#### **Proportion provided by this source**

100

#### **Public or private sector**

Public

#### **Domestic or foreign origin**

Domestic

#### **Category of foreign source of funding**

*empty*

#### **Country of origin**

#### **Type of organization providing the funding**

Academic

## **Person responsible for general inquiries**

#### **Contact**

##### **Name of organization / entity**

Oroumia University of Medical Sciences

##### **Full name of responsible person**

Shahryar Sane

##### **Position**

Associate professor

##### **Latest degree**

Subspecialist

##### **Other areas of specialty/work**

Anesthesiology

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## Person responsible for scientific inquiries

### Contact

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## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available