

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Compare the efficacy of combination Deferasirox and Deferiprone with Deferoxamine and Deferiprone in reducing heart and liver iron load in patients with transfusion-Dependent $\beta$ -Thalassemia.

#### Protocol summary

##### Study aim

The efficacy of combination of Deferasirox and Deferiprone in reducing iron load in patients with transfusion-Dependent  $\beta$ -Thalassemia

##### Design

Randomized, controlled clinical trial with a parallel group

##### Settings and conduct

This randomized clinical trial were done in 107 patients with transfusion-Dependent  $\beta$ -Thalassemia in thalassemia center of Isfahan, Omid hospital. all patient divided in two group ,group A (Deferasirox and Deferiprone ) and group B (Deferoxamin and Deferiprone ), and investigated for six month.Heart and Liver MRI T2\* were done before treatment and at the end of study. ferritin level befor treatment and every three month measured. Change in ferritin level and Heart and liver iron concentration before and after treatment compare between two group

##### Participants/Inclusion and exclusion criteria

Age more than 10, Ferritin more than 1000, Heart and Liver iron load mild moderate and severe, Not receiving combination therapy and Liver and Renal normal function

##### Intervention groups

Group A: Deferasirox and Deferiprone group that Treat with Deferasirox and Deferiprone for six month Group B:Deferoxamin and Deferiprone group that Treat with Deferoxamin and Deferiprone for six month

##### Main outcome variables

Heart and liver MRI T2\*,Ferritin level, Liver function test, Renal function test

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20190106042262N1**

Registration date: **2019-03-02, 1397/12/11**

Registration timing: **retrospective**

Last update: **2019-03-02, 1397/12/11**

Update count: **0**

##### Registration date

2019-03-02, 1397/12/11

##### Registrant information

###### Name

Ali Reza Fazeli Varzaneh

###### Name of organization / entity

###### Country

Iran (Islamic Republic of)

###### Phone

+98 31 3527 6082

###### Email address

rezaali.fazeli6768@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2018-02-19, 1396/11/30

##### Expected recruitment end date

2018-04-21, 1397/02/01

##### Actual recruitment start date

2018-02-19, 1396/11/30

##### Actual recruitment end date

2018-05-22, 1397/03/01

##### Trial completion date

2018-12-21, 1397/09/30

##### Scientific title

Compare the efficacy of combination Deferasirox and Deferiprone with Deferoxamine and Deferiprone in reducing heart and liver iron load in patients with

transfusion-Dependent  $\beta$ -Thalassemia.

### Public title

Compare the efficacy of combination therapy of Deferasirox and Deferiprone in reducing iron load in patients with transfusion-Dependent  $\beta$ -Thalassemia.

### Purpose

Treatment

### Inclusion/Exclusion criteria

#### Inclusion criteria:

All Patients with transfusion-Dependent  $\beta$ -Thalassemia with ferritin more than 1000 All Patients with transfusion-Dependent  $\beta$ -Thalassemia who were not treated with combination iron chelators All Patients with transfusion-Dependent  $\beta$ -Thalassemia with heart and liver iron load All Patients with transfusion-Dependent  $\beta$ -Thalassemia with normal liver and renal function All Patients with transfusion-Dependent  $\beta$ -Thalassemia with age more than 10 years

#### Exclusion criteria:

Gastrointestinal problem before research

### Age

From **10 years** old

### Gender

Both

### Phase

3

### Groups that have been masked

*No information*

### Sample size

Target sample size: **108**

Actual sample size reached: **107**

### Randomization (investigator's opinion)

Randomized

### Randomization description

All samples encoded by a third person that does not participate in the research, and then by using a random digits table, patients were divided into two groups

### Blinding (investigator's opinion)

Not blinded

### Blinding description

### Placebo

Not used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

•Ethics committee of Isfahan University of Medical Sciences

##### Street address

Hezar jarib

##### City

Isfahan

### Province

Isfahan

### Postal code

8375174647

### Approval date

2018-02-25, 1396/12/06

### Ethics committee reference number

397106

## Health conditions studied

### 1

#### Description of health condition studied

transfusion-Dependent  $\beta$ -Thalassemia

#### ICD-10 code

D56.1

#### ICD-10 code description

Beta thalassemia

## Primary outcomes

### 1

#### Description

Heart and liver iron concentration

#### Timepoint

At the start of research and six month later

#### Method of measurement

Magnetic resonance imaging T2\*

## Secondary outcomes

### 1

#### Description

Ferritin

#### Timepoint

At the start of research and third and sixth of study

#### Method of measurement

Serum ferritin level

## Intervention groups

### 1

#### Description

Intervention group: for six month treated with Deferasirox (in this study we use Osveral 125mg, 250 and 500mg construction of Osvalh Company of Iran) with 20-40 mg/kg daily and Deferiprone (construction of avicenna Company of Iran) with 15 mg/kg/dose in three dose

#### Category

Treatment - Drugs

### 2

#### Description

Control group: for six month treated with Defroxamin(Vial 500mg) with 20-50 mg/kg daily that

infusion with a pump and Deferiprone (construction of avicenna Company of Iran) with 15 mg/kg/dose in three dose

**Category**

Treatment - Drugs

**Recruitment centers**

**1**

**Recruitment center**

**Name of recruitment center**

Thalasemia center of Omid Hospital of Isfahan

**Full name of responsible person**

Alireza Fazeli varzaneh

**Street address**

Motahari

**City**

Isfahan

**Province**

Isfahan

**Postal code**

8174673461

**Phone**

+98 31 3235 0210

**Email**

rezaali.fazeli6768@gmail.com

**Sponsors / Funding sources**

**1**

**Sponsor**

**Name of organization / entity**

Esfahan University of Medical Sciences

**Full name of responsible person**

Mansour Siavash Dastjerdi

**Street address**

Hezar Jarib

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Isfahan

**Province**

Isfahan

**Postal code**

8174673461

**Phone**

+98 31 3792 8134

**Email**

vcr-office@med.mui.ac.ir

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Esfahan University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin**

**Type of organization providing the funding**

Academic

**Person responsible for general inquiries**

**Contact**

**Name of organization / entity**

Esfahan University of Medical Sciences

**Full name of responsible person**

Alireza Fazeli Varzaneh

**Position**

Pediatric Resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Pediatrics

**Street address**

Hezar jarib

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8375174647

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

Esfahan University of Medical Sciences

**Full name of responsible person**

alireza Fazeli Varzaneh

**Position**

Pediatric resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Pediatrics

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Esfahan University of Medical Sciences

**Full name of responsible person**

Alireza fazeli varzaneh

**Position**

pediatric resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Pediatrics

**Street address**

Hezar jarib

**City**

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**Province**

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**Postal code**

8375174647

**Phone**

+98 31 3527 6082

**Email**

rezaali.fazeli6768@gmail.com

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available

**Title and more details about the data/document**

After the completion of the study, the protocol of study and the statistical analysis map, as well as all the data collected, including the individual data of the participants after unidentifiable people and main outcome will be presented in tables and diagrams in Result section of article.1

**When the data will become available and for how long**

Immediately after the publication of result

**To whom data/document is available**

Everyone is able to access

**Under which criteria data/document could be used**

For more study on patients with  $\beta$ -Thalassemia

**From where data/document is obtainable**

Refer to email: Rezaali.fazeli6768@gmail.com

**What processes are involved for a request to access data/document**

After receiving a request email, documentation will be sent within one week

**Comments**