Clinical Trial Protocol
Iranian Registry of Clinical Trials

16 Sep 2026

Comparative study of four conservative treatments for patients with knee osteoarthritis

Protocol summary

Study aim

Determination of therapeutic effect and treatment difference in administration of celecoxib with intravenous injection in patients with osteoarthritis

Design

Blocked randomized, Parallel group trial with blinded outcome assessment, Clinical trial with control group

Settings and conduct

In this method, patients suffering from knee DJD refer to orthopedic clinic of Hamadan Besat Hospital because of knee pain. First, an experienced person is examined the patients and a radiologic imaging (lateral,AP,rozenberg view)have be done for the patient. Before a patient is injected, a questionnaire is based on VAS sacore and the test and the patient's pain intensity is given and filled. Patients are then re-visited at intervals of three weeks, six weeks, and three months, and their VAS is measured. During this period, the investigator is not aware of the injected drug

Participants/Inclusion and exclusion criteria

1. Patients with knee osteoarthritis with grade of 2 and 3 2. Agree to participate in the study 1. osteoarthritis degrees 0, 1, 4 2. Unstable joint 3. Hemorrhagic disorders 4. Knee joint infections in injection site 5. The history of surgery in the last year 6. History of knee infection in the last year 7. Failure to follow the patient

Intervention groups

The first group (A) received celecoxib 200 mg twice daily with intradermal injection of placebo. The second group (B) uses the same selcocide distraction with intra-articular injection of a 40-mg depotmedol injection. The third group (C) received celecoxib 200 mg twice daily with an injection of hyaluronic acid (a medicine containing 10 mg in 2.5 cc) The fourth group (D) of celecoxib with the same dose, with injection of depotomeric ampoules, receives hyaluronic acid (combination) ampoules.

Main outcome variables

pain

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20190114042360N1**
Registration date: **2019-08-19, 1398/05/28**
Registration timing: **registered_while_recruiting**

Last update: **2019-08-19, 1398/05/28**
Update count: **0**

Registration date

2019-08-19, 1398/05/28

Registrant information

Name

Maryam Zamanirafe

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 81 3821 8792

Email address

zamanirafe.maryam@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2019-06-22, 1398/04/01

Expected recruitment end date

2019-08-20, 1398/05/29

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparative study of four conservative treatments for patients with knee osteoarthritis

Public title
Study of four conservative treatment of osteoarthritis
Purpose
Treatment
Inclusion/Exclusion criteria
Inclusion criteria:
Patients with knee osteoarthritis grade of 2 and 3 Agree to participate in the study
Exclusion criteria:
Osteoarthritis grade 0, 1, 4 Unstable joint Bleeding disorders Joint and pathogenic infection of injection site Surgery history in the last year History of knee infection in the last year Unable to follow the patient
Age
No age limit
Gender
Both

Phase
3
Groups that have been masked

- Investigator
- Data analyser

Sample size
Target sample size: **120**
Randomization (investigator's opinion)
Randomized
Randomization description
Patients are randomly assigned to one of four groups: the first group (A) receives 200 mg of celecoxib twice daily with intradermal injection of placebo (distilled water). The second group (B) is the same as the intracellular injection of celecoxib A 40-mm dipomedulum ampoule is used jointly. The third group (C) received celecoxib 200 mg twice daily with an injection of hyaluronic acid (a medicine containing 10 mg in 2.5 cc). The fourth group (D) of celecoxib with the same dose was injected with depotomeric ampoules, hyaluronic acid Combination). The 8th block means that the first patient is treatment A, the second patient treatment C, the patient D treatment, the fourth patient B treatment, the patient the treatment B, the sixth patient D treatment, the seventh patient C treatment, the eighth patient A, and until the end of the work Until all samples are completed.
Blinding (investigator's opinion)
Double blinded
Blinding description
In this study, the researcher only receives the received code of the injected drug into the knee joint and carries out follow-up follow-up.
Placebo
Used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Hamedan University of Medical Sciences
Street address
Hamedan University of Medical Sciences,Park Blvd, Hamadan Town
City
Hamedan
Province
Hamadan
Postal code
6517838698
Approval date
2019-04-27, 1398/02/07
Ethics committee reference number
IR.UMSHA.REC.1398.036

Health conditions studied

1

Description of health condition studied
Osteoarthritis
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
pain
Timepoint
before and 1,3 and 6 weeks after of injection
Method of measurement
use of Visual Analogue Scale

Secondary outcomes

empty

Intervention groups

1

Description
Control group: Injection of placebo in the knee
Category
Placebo

2

Description

Intervention group: First intervention group: Injection of Ampule-40, 1 vial of 1 ml of pharmaceutical Exir Company-Iran in knee

Category

Treatment - Drugs

3

Description

Intervention group: Second Intervention group: Injection of Ampule-40, 1 vial of 1 ml of pharmaceutical Exir Company-Iran in knee and Injections of 20 mg 2 ml intrajoint hyaline ampoule made by Fidia Italy

Category

Treatment - Drugs

4

Description

Intervention group: Third intervention group: Injections of 20 mg 2 ml intrajoint hyaline ampoule made by Fidia Italy

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Besat hospital

Full name of responsible person

Maryam Zamani Rafe

Street address

Besat Hospital, Masqineh Road, Shahid Motahari Boulevard

City

Hamedan

Province

Hamadan

Postal code

6514845411

Phone

+98 81 3264 0030

Fax

+98 81 3265 1515

Email

besat@umsha.ac.ir

Web page address

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Hamedan University of Medical Sciences

Full name of responsible person

Saeed Bashirian

Street address

Hamedan University of Medical Sciences , Facing the People's Park, Hamedan

City

Hamedan

Province

Hamadan

Postal code

6517838698

Email

s_bashirian@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Hamedan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Hamedan University of Medical Sciences

Full name of responsible person

Maryam Zamanirafe

Position

Intern

Latest degree

Medical doctor

Other areas of specialty/work

Orthopedics

Street address

No. 7;Matin 4 Ave.; Saeeidie street.; Hamadan town

City

Hamadan

Province

Hamadan

Postal code

6516956167

Phone

+98 81 3821 8792

Fax

Email

zamanirafe.maryam@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Hamedan University of Medical Sciences

Full name of responsible person

Maryam Zamanirafe
Position
Intern
Latest degree
Medical doctor
Other areas of specialty/work
Orthopedics
Street address
No. 7;Matin 4 Ave.; Saeeidie street.; Hamadan town
City
Hamadan
Province
Hamadan
Postal code
6516956167
Phone
+98 81 3821 8792
Fax
Email
zamanirafe.maryam@gmail.com

Person responsible for updating data

Contact
Name of organization / entity
Hamedan University of Medical Sciences
Full name of responsible person
Maryam Zamanirafe
Position
Intern
Latest degree
Medical doctor
Other areas of specialty/work
Orthopedics
Street address
No. 7;Matin 4 Ave.; Saeeidie street.; Hamadan town
City
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Province
Hamadan
Postal code
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Phone
+98 81 3821 8792
Fax
Email
zamanirafe.maryam@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)
No - There is not a plan to make this available
Justification/reason for indecision/not sharing IPD
No more information
Study Protocol
No - There is not a plan to make this available
Statistical Analysis Plan
No - There is not a plan to make this available
Informed Consent Form
No - There is not a plan to make this available
Clinical Study Report
No - There is not a plan to make this available
Analytic Code
No - There is not a plan to make this available
Data Dictionary
No - There is not a plan to make this available