

Clinical Trial Protocol

Iranian Registry of Clinical Trials

21 Jul 2026

The effect of Life Skills training Intervention on prevention of domestic violence in 1st high school students of Karaj, 2017

Protocol summary

Study aim

Determining the Impact of Life Skills Training on Prevention of Domestic Violence in High School Students in the Schools of Alborz Province in 12016-2017.

Design

A randomized, controlled clinical trial

Settings and conduct

In this study, the research community will form the junior high school students who will be studying in schools located in Karaj. After selecting samples, they will receive written consent for participation in the research and will be divided into two groups of intervention and control (40 in each group), and the samples were allocated in two groups of intervention and control. Then, for six weeks and every week, two sessions of 1.5 hours (totaling 12 sessions) of life skills were taught. In order to teach life skills, the book of children's life skills for children of the welfare organization were used and after the completion of the life skills classes, a test was conducted about domestic violence.

Participants/Inclusion and exclusion criteria

Inclusion criterion in research: Students participating in the study are studying at the first-grade secondary schools of the province of Alborz. Students who have been studied have the full consent to participate in the research. Exclusion criteria: Students are diagnosed with mild to severe psychiatric disorders that have psychiatric approvals. Students unable to participate in the study due to physical and chronic illnesses.

Intervention groups

Life skills training in intervention group Routine care control group

Main outcome variables

Reducing Domestic Violence

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20190119042413N1**

Registration date: **2019-05-12, 1398/02/22**

Registration timing: **retrospective**

Last update: **2019-05-12, 1398/02/22**

Update count: **0**

Registration date

2019-05-12, 1398/02/22

Registrant information

Name

mahdieh rostami

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 26 3457 8214

Email address

mahdiehrostami63@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2017-11-11, 1396/08/20

Expected recruitment end date

2017-12-26, 1396/10/05

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of Life Skills training Intervention on prevention of domestic violence in 1st high school students of Karaj, 2017

Public title

Life skills training and prevention of domestic violence

Purpose

Education/Guidance

Inclusion/Exclusion criteria**Inclusion criteria:**

Have informed consent to participate in the study
Studying at secondary schools in the province of Alborz

Exclusion criteria:

Students with mild-to-severe mental disorders that have psychiatric approvals
Students unable to participate in the study due to physical and chronic illnesses

Age

No age limit

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 80

Randomization (investigator's opinion)

Randomized

Randomization description

Simple Randomized

Blinding (investigator's opinion)

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Islamic Azad University of Tehran
Medical Sciences

Street address

Islamic Azad University of Medical Sciences, Street
Khaghani, Shariati Street

City

Tehran

Province

Tehran

Postal code

1916893813

Approval date

2019-04-06, 1398/01/17

Ethics committee reference number

IR.IAU.TMU.REC.1398.001

Health conditions studied**1****Description of health condition studied**

Violence

ICD-10 code

Z81.8

ICD-10 code description

Family history of other mental and behavioral disorders

Primary outcomes**1****Description**

Violence

Timepoint

Before the intervention and after intervention

Method of measurement

Adelson Household Domestic Violence Questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: for six weeks, every week two sessions of 1.5 hours (total of 12 sessions) of life skills will be taught. In order to teach life skills, the book of children's life skills for children of the welfare organization will be used and after the completion of the life skills classes, a test will be conducted on domestic violence.

Category

Behavior

2**Description**

Control group: There will be no intervention.

Category

Behavior

Recruitment centers**1****Recruitment center****Name of recruitment center**

Sama and Homa schools (1st high school)

Full name of responsible person

Mahdieh Rostami

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Shariati St., Khaghani St., Islamic Azad University of
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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
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Full name of responsible person
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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Islamic Azad University

Proportion provided by this source

1

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Other

Person responsible for general inquiries

Contact

Name of organization / entity
Islamic Azad University
Full name of responsible person
Mahdieh Rostami
Position
student
Latest degree
Bachelor
Other areas of specialty/work

Nursery

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Person responsible for scientific inquiries

Contact

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

No more information

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable