

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

21 Jul 2026

### The effect of Life Skills training Intervention on prevention of domestic violence in 1st high school students of Karaj, 2017

#### Protocol summary

##### Study aim

Determining the Impact of Life Skills Training on Prevention of Domestic Violence in High School Students in the Schools of Alborz Province in 12016-2017.

##### Design

A randomized, controlled clinical trial

##### Settings and conduct

In this study, the research community will form the junior high school students who will be studying in schools located in Karaj. After selecting samples, they will receive written consent for participation in the research and will be divided into two groups of intervention and control (40 in each group), and the samples were allocated in two groups of intervention and control. Then, for six weeks and every week, two sessions of 1.5 hours (totaling 12 sessions) of life skills were taught. In order to teach life skills, the book of children's life skills for children of the welfare organization were used and after the completion of the life skills classes, a test was conducted about domestic violence.

##### Participants/Inclusion and exclusion criteria

Inclusion criterion in research: Students participating in the study are studying at the first-grade secondary schools of the province of Alborz. Students who have been studied have the full consent to participate in the research. Exclusion criteria: Students are diagnosed with mild to severe psychiatric disorders that have psychiatric approvals. Students unable to participate in the study due to physical and chronic illnesses.

##### Intervention groups

Life skills training in intervention group  
Routine care control group

##### Main outcome variables

Reducing Domestic Violence

#### General information

##### Reason for update

##### Acronym

#### IRCT registration information

IRCT registration number: **IRCT20190119042413N1**

Registration date: **2019-05-12, 1398/02/22**

Registration timing: **retrospective**

Last update: **2019-05-12, 1398/02/22**

Update count: **0**

#### Registration date

2019-05-12, 1398/02/22

#### Registrant information

##### Name

mahdieh rostami

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 26 3457 8214

##### Email address

mahdiehrostami63@gmail.com

#### Recruitment status

##### Recruitment complete

#### Funding source

#### Expected recruitment start date

2017-11-11, 1396/08/20

#### Expected recruitment end date

2017-12-26, 1396/10/05

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

The effect of Life Skills training Intervention on prevention of domestic violence in 1st high school students of Karaj, 2017

**Public title**

Life skills training and prevention of domestic violence

**Purpose**

Education/Guidance

**Inclusion/Exclusion criteria****Inclusion criteria:**

Have informed consent to participate in the study  
Studying at secondary schools in the province of Alborz

**Exclusion criteria:**

Students with mild-to-severe mental disorders that have psychiatric approvals  
Students unable to participate in the study due to physical and chronic illnesses

**Age**

No age limit

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

No information

**Sample size**

Target sample size: 80

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Simple Randomized

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Islamic Azad University of Tehran  
Medical Sciences

**Street address**

Islamic Azad University of Medical Sciences, Street  
Khaghani, Shariati Street

**City**

Tehran

**Province**

Tehran

**Postal code**

1916893813

**Approval date**

2019-04-06, 1398/01/17

**Ethics committee reference number**

IR.IAU.TMU.REC.1398.001

**Health conditions studied****1****Description of health condition studied**

Violence

**ICD-10 code**

Z81.8

**ICD-10 code description**

Family history of other mental and behavioral disorders

**Primary outcomes****1****Description**

Violence

**Timepoint**

Before the intervention and after intervention

**Method of measurement**

Adelson Household Domestic Violence Questionnaire

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group: for six weeks, every week two sessions of 1.5 hours (total of 12 sessions) of life skills will be taught. In order to teach life skills, the book of children's life skills for children of the welfare organization will be used and after the completion of the life skills classes, a test will be conducted on domestic violence.

**Category**

Behavior

**2****Description**

Control group: There will be no intervention.

**Category**

Behavior

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Sama and Homa schools (1st high school)

**Full name of responsible person**

Mahdieh Rostami

**Street address**

Shariati St., Khaghani St., Islamic Azad University of  
Medical Sciences, Tehran, Iran

**City**

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mahdiehrostami63@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**  
Islamic Azad University  
**Full name of responsible person**  
Mahdieh Rostami  
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Shariati St., Khaghani St., Islamic Azad University of  
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#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Islamic Azad University

#### Proportion provided by this source

1

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Other

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**  
Islamic Azad University  
**Full name of responsible person**  
Mahdieh Rostami  
**Position**  
student  
**Latest degree**  
Bachelor  
**Other areas of specialty/work**

Nursery

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## Person responsible for scientific inquiries

#### Contact

**Name of organization / entity**  
Islamic Azad University  
**Full name of responsible person**  
Mohammad sahebzamani  
**Position**  
Associate professor  
**Latest degree**  
Ph.D.  
**Other areas of specialty/work**  
Health Service Management  
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## Person responsible for updating data

#### Contact

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**Province**

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**Postal code**

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**Email**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

**Justification/reason for indecision/not sharing IPD**

No more information

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

No - There is not a plan to make this available

**Clinical Study Report**

Not applicable

**Analytic Code**

Not applicable

**Data Dictionary**

Not applicable