

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

18 Sep 2026

### Compare the effect of intrarectal lidocaine gel and lidocaine gel in combination with fentanyl in pain reduction during in patients undergoing prostate biopsy: a clinical trial

#### Protocol summary

##### Summary

Objectives: Compare the intrarectal administration of lidocaine gel with lidocaine gel -fentanyl in pain reduction of prostate biopsy. Study groups: Patients candidate for prostate biopsy. Sample size: 96 patients. Randomization: a table of random number. Blinding: double blind. Control group will be administered 50 gr lidocaine gel 2% and the intervention group will receive 50 µgr intrarectal fentanyl in combination with 50 gr lidocaine gel (2%). Prostate biopsy will be performed after 30 minutes in both groups. Primary outcome: pain intensity based on VAS criteria. Secondary outcomes: Blood pressure, pulse rate and level of consciousness which will be measured and documented by another researcher.

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201612013773N17**  
Registration date: **2017-01-22, 1395/11/03**  
Registration timing: **registered\_while\_recruiting**

Last update:

Update count: **0**

##### Registration date

2017-01-22, 1395/11/03

##### Registrant information

##### Name

Farsad Imani

##### Name of organization / entity

Tehran University of Medical Sciences and Health Services

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 4469 0816

##### Email address

imanifar@sina.tums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

Tehran University of Medical Sciences

##### Expected recruitment start date

2016-05-21, 1395/03/01

##### Expected recruitment end date

2017-02-19, 1395/12/01

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Compare the effect of intrarectal lidocaine gel and lidocaine gel in combination with fentanyl in pain reduction during in patients undergoing prostate biopsy: a clinical trial

##### Public title

A method of pain reduction during prostate biopsy

##### Purpose

Prevention

##### Inclusion/Exclusion criteria

Inclusion criteria: Patients candidate for prostate biopsy; Minimum weight 40 kg Exclusion criteria: uncontrolled blood pressure; sensitivity to local anesthetics; advanced heart, renal or hepatic disease; opioid addiction.

##### Age

From **30 years** old to **80 years** old

##### Gender

Male

## Phase

2-3

## Groups that have been masked

No information

## Sample size

Target sample size: 96

## Randomization (investigator's opinion)

Randomized

## Randomization description

## Blinding (investigator's opinion)

Double blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Tehran University of Medical Sciences

##### Street address

At the beginning of Ghods St, Keshavars Blvd

##### City

Tehran

##### Postal code

9111174011-140764

#### Approval date

2016-06-14, 1395/03/25

#### Ethics committee reference number

IR-TUMS.REC.1395-2678

## Health conditions studied

### 1

#### Description of health condition studied

Dysplasia of prostate

#### ICD-10 code

N42.3

#### ICD-10 code description

Dysplasia of Prostate, Low grade dysplasia

## Primary outcomes

### 1

#### Description

Pain

#### Timepoint

Before and During Biopsy

#### Method of measurement

VAS Score

### 2

#### Description

Blood Pressure

#### Timepoint

Before and During Biopsy

#### Method of measurement

Monitoring

### 3

#### Description

Heart Rate

#### Timepoint

Before and During Biopsy

#### Method of measurement

Pulse Oximetry

## Secondary outcomes

### 1

#### Description

Level of consciousness

#### Timepoint

Before and during biopsy

#### Method of measurement

Miller Score

## Intervention groups

### 1

#### Description

Intervention Group: intrarectal administration of 50 gr lidocaine gel (2%) produced by Sina daro company and 50 mcg fentanyl produced by Rasht-Iran company.

#### Category

Treatment - Drugs

### 2

#### Description

Control Group: intrarectal administration of 50 gr lidocaine gel 2% produced by Sina daro company.

#### Category

Prevention

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Sina Hospital

##### Full name of responsible person

Dr. Tayeb Gavili

##### Street address

Sina Hospital, Hasan Abad Square, Imam Khomeini Avenue

##### City

Tehran

## Sponsors / Funding sources

1

### Sponsor

**Name of organization / entity**

Vice chancellor for research of Tehran University of Medical Sciences

**Full name of responsible person**

Masoud Yunesian

**Street address**

6th Floor, Central building of University, Adjacent Ghods St. Boulevard Keshavarz

**City**

Tehran

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Vice chancellor for research of Tehran University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

*empty*

**Domestic or foreign origin**

*empty*

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

*empty*

## Person responsible for general inquiries

**Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Dr.Farsad Imani

**Position**

Anesthesiologist/Associate Professor

**Other areas of specialty/work****Street address**

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## Person responsible for scientific inquiries

**Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Dr.Tayeb Gavili

**Position**

Assistant of Anesthesiology

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## Person responsible for updating data

**Contact****Name of organization / entity**

Tehran University of Medical Science

**Full name of responsible person**

Dr.Tayeb Gavili

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Assistant of Anesthesiology

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**Web page address**

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

*empty*

**Study Protocol**

*empty*

**Statistical Analysis Plan**

*empty*

**Informed Consent Form**

*empty*

**Clinical Study Report**

*empty*  
**Analytic Code**  
*empty*

**Data Dictionary**  
*empty*