

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

03 Jul 2026

### Comparison of pain intensity after root canal therapy with three different instrumentation technique

#### Protocol summary

##### Study aim

Comparison of severity of pain after three protaper, neolix, reciproc systems in endodontic treatment of patients admitted to Babol dental clinic in year 97

##### Design

This randomized clinical trial was performed and the sample size was calculated using the same articles as well as by a 90-member formula. Randomly, they were divided into three groups of three, and in each group

##### Settings and conduct

Patients referring to the special clinic of Babol dental school in randum were divided into 3 groups in the first group (n: 30) root canal therapy using rotated protaper files and in the second group (n: 30) using neolix files and in The third group (n: 30) will treat roots using reciproc files. First, for all patients with desirable anesthesia with lidocaine 2%, with epinephrine 1/80000, after the completion of the isolation access cavity with the ribbed, the length of the canals is determined using the root zx apex locator and radiography confirmed. Each group will be treated differently, and normal saline and sodium hypochlorite washers will be used. Finally, the canals are dried with paper syringe and obturation will be done by lateral condensation using Gutta Perca and AH26 sealer, and the tooth will be temporarily restored with dressing and the VAS questionnaire will be delivered to the patients. After five days, the questionnaire will be delivered to me

##### Participants/Inclusion and exclusion criteria

inclusion criteria: Patients aged between 20-65 years with irreversible pulpitis for upper and lower jaw molars; exclusion criteria: Patients with systemic conditions, with necrosis teeth or reversible pulpitis

##### Intervention groups

All 90 patients referred to three groups with three neolix, protaper, wave one reciprocal are treated

##### Main outcome variables

Using this study, a suitable system for root canal therapy with less pain is identified

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20190514043592N1**

Registration date: **2019-07-09, 1398/04/18**

Registration timing: **retrospective**

Last update: **2019-07-09, 1398/04/18**

Update count: **0**

##### Registration date

2019-07-09, 1398/04/18

##### Registrant information

##### Name

Sanaz Solati

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 11 3452 6770

##### Email address

s.solati@mubabol.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2019-01-21, 1397/11/01

##### Expected recruitment end date

2019-02-20, 1397/12/01

##### Actual recruitment start date

2019-01-21, 1397/11/01

##### Actual recruitment end date

2019-03-16, 1397/12/25

##### Trial completion date

2019-03-17, 1397/12/26

##### Scientific title

Comparison of pain intensity after root canal therapy with three different instrumentation technique

## Public title

Comparison of pain after root canal therapy

## Purpose

Supportive

## Inclusion/Exclusion criteria

### Inclusion criteria:

Patients aged 20 to 65 years Patients with maxillary or mandibular molar that have irreversible pulpitis Patients with low to moderate visual analog scale

### Exclusion criteria:

Patients who have had previous root canal therapy Patients who receive corticosteroids Patients who have been using analgesics for 12 hours before root canal therapy Patients who have a tooth root, calcification, or internal or external resorption or open apex or anatomical complexity (Curve greater than 25 degrees) Patients whose teeth have any of the swelling and abscess , sensitivity to percussion and periodontal disease Patients who are pregnant Dissatisfaction patients to participate in the study

## Age

From **20 years** old to **65 years** old

## Gender

Both

## Phase

N/A

## Groups that have been masked

*No information*

## Sample size

Target sample size: **90**

Actual sample size reached: **90**

## Randomization (investigator's opinion)

N/A

## Randomization description

## Blinding (investigator's opinion)

Not blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

The Ethics Committee of Babol University of Medical Sciences

##### Street address

Babol University of Medical Sciences, Street Ganj Afrooz, Babol city

##### City

Babol

## Province

Mazandaran

## Postal code

4717647745

## Approval date

2019-01-19, 1397/10/29

## Ethics committee reference number

IR.MUBABOL.HRI.REC.1397.240

## Health conditions studied

### 1

#### Description of health condition studied

Irreversible pulpitis

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Pain

#### Timepoint

4,24,48,72,96 hours after root canal therapy

#### Method of measurement

Visual Analogue Scale

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: In this group, root canal therapy of maxillary and mandibular molars was performed using a Neolix rotary system ( 1.5 N / cm torque and 300-500 rpm speed).

#### Category

Treatment - Devices

### 2

#### Description

Intervention group: In this group, root canal therapy of maxillary and mandibular molars was performed using Reciprocal wave one system ( 4 N / cm torque and 350 rpm speed).

#### Category

Treatment - Devices

### 3

#### Description

Control group: In this group, root canal therapy of maxillary and mandibular molars was performed using protaper rotary system ( 2.5 N / cm torque and 350-450

rpm speed).

**Category**

Treatment - Devices

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Special Clinic of Babol School of Dentistry

**Full name of responsible person**

Sanaz Solati

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Babol University of Medical Sciences, Street Ganj Afrooz, Babol city

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info@mubabol.ac.ir

**Web page address**

<https://www.mubabol.ac.ir>

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Babol University of Medical Sciences

**Full name of responsible person**

Dr Reza Ghadimi

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Babol University of Medical Sciences, Street Ganj Afrooz, Babol city

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**Web page address**

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**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Babol University of Medical Sciences

**Proportion provided by this source**

30

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

Academic

**Person responsible for general inquiries****Contact****Name of organization / entity**

Babol University of Medical Sciences

**Full name of responsible person**

Sanaz Solati

**Position**

Resident

**Latest degree**

Medical doctor

**Other areas of specialty/work**

Dentistry

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**Person responsible for scientific inquiries****Contact****Name of organization / entity**

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## Person responsible for updating data

### Contact

**Name of organization / entity**  
Babol University of Medical Sciences  
**Full name of responsible person**  
Sanaz Solati  
**Position**  
Resident  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

### Justification/reason for indecision/not sharing IPD

Because of the privacy of patients

### Study Protocol

No - There is not a plan to make this available

### Statistical Analysis Plan

No - There is not a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

No - There is not a plan to make this available

### Data Dictionary

No - There is not a plan to make this available

### Title and more details about the data/document

Using the placement of a study in bookshops as well as submitting articles and publications in the Medical Journal

### When the data will become available and for how long

Immediately after printing the results

### To whom data/document is available

All medical colleagues

### Under which criteria data/document could be used

No condition is considered

### From where data/document is obtainable

Academic Library and Magazines

### What processes are involved for a request to access data/document

Attend a library or ask for visits from reputable medical journals

### Comments