

Clinical Trial Protocol

Iranian Registry of Clinical Trials

14 Jun 2026

The efficacy of pramipexole as an adjuvant treatment with citalopram for treating major depressive disorder, a randomized placebo controlled clinical trial

Protocol summary

Summary

This 6-week randomized controlled clinical trial examines the adjuvant effect of pramipexole (0.18 mg/day) to citalopram (20mg/day) for treating adult patients aged between 18 to 65 years old diagnosed with major depressive disorder. Hamilton depression rating scale is used to assess the severity of depression. The patients are evaluated at baseline, week 2, week 4, and week 8.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201312263930N30**
Registration date: **2014-11-27, 1393/09/06**
Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2014-11-27, 1393/09/06

Registrant information

Name

Ahmad Ghanizadeh

Name of organization / entity

Research Center for Psychiatry and Behavioral Sciences, Shiraz University Of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 71 1627 3070

Email address

ghanizad@sina.tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Shiraz University of Medical Sciences

Expected recruitment start date

2013-10-07, 1392/07/15

Expected recruitment end date

2015-06-07, 1394/03/17

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The efficacy of pramipexole as an adjuvant treatment with citalopram for treating major depressive disorder, a randomized placebo controlled clinical trial

Public title

The efficacy of pramipexole as an adjuvant treatment with citalopram for treating major depressive disorder

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: patients aged 18 to 65 years old, major depressive disorder using DSM-IV diagnostic criteria.

Exclusion criteria: serious uncontrolled medical conditions, bipolar mood disorder.

Age

From **18 years** old to **65 years** old

Gender

Both

Phase

2

Groups that have been masked

No information

Sample size

Target sample size: **40**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Shiraz University of Medical Sciences

Street address

Shiraz University of Medical Sciences

City

Shiraz

Postal code

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Approval date

2013-10-06, 1392/07/14

Ethics committee reference number

Ct-92-6141

Health conditions studied

1

Description of health condition studied

Major depressive disorder

ICD-10 code

F32

ICD-10 code description

Depressive episode

Primary outcomes

1

Description

Depression

Timepoint

baseline, week 2, week 4, and week 6

Method of measurement

Hamilton Derepression Rating Scale

Secondary outcomes

empty

Intervention groups

1

Description

Citalopram (20mg/day) plus pramipexole (0.180mg/day)

Category

Treatment - Drugs

2

Description

Citalopram (20mg/day) plus placebo

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Research Center for Psychiatry and Behavioral Sciences, Shiraz University of Medical Sciences

Full name of responsible person

Street address

City

Shiraz

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shiraz University of Medical sciences

Full name of responsible person

Basir Hashemi

Street address

Vice-chancellery of Research Affairs, Shiraz University of Medical sciences, Zand Street

City

Shiraz

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shiraz University of Medical sciences

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Shiraz University of Medical sciences

Full name of responsible person

Ahmad Ghanizadeh

Position

Professor of Psychiatry

Other areas of specialty/work**Street address**

Hafez Hospital

City

Shiraz

Postal code**Phone**

+98 70 3627 3070

Fax**Email**

ghanizad@sina.tums.ac.ir

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Research Center for Psychiatry and Behavioral Sciences, Shiraz University Of Medical Sciences

Full name of responsible person

Ahmad Ghanizadeh

Position

Professor of Psychiatry

Other areas of specialty/work

Street address

Hafez Hospital

City

Shiraz

Postal code**Phone**

+93 87136273070

Fax**Email**

ghanizad@sina.tums.ac.ir

Web page address

Person responsible for updating data

Contact

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty