

Clinical Trial Protocol

Iranian Registry of Clinical Trials

26 Jun 2026

The effect of head positioning on the tissue oxygenation of brain in preterm infants

Protocol summary

Study aim

Determination of the effect of head positioning on the tissue oxygenation of brain in preterm infants.

Design

A clinical trial with a control group, crossover, single blind, Randomized by generating random numbers by SPSS software with sample size 30.

Settings and conduct

In the NICU ward of Umm al-Banin Hospital, 30 infants are treated within the first 48 hours after birth who meet the inclusion criteria. During the intervention, tissue oxygenation of the brain is recorded.

Participants/Inclusion and exclusion criteria

Inclusion criteria: Infant age less than or equal to 32 weeks; Infant weight less than 1500 grams; Infant stable condition (non Invasive mechanical ventilation and hemodynamic status stable neonate)Have; Apgar score of first minute exceeds 5 and fifth minute greater than 7;A hemoglobin level greater than or equal to 12 g / dl. mean arterial blood pressure(MAP) were within normal range.Exclusion criteria: Congenital and chromosomal abnormalities; Intrauterine growth restriction (IUGR) ; known intracranial hemorrhage; recipient of dense red blood cell product.

Intervention groups

In the intervention group, infants are placed in supine position and every 2 hours the head is switched to one of 6 modes [1 midline head and 0° bed head .2 The head rotates 60-45 ° from the midline to the left and the bed head 0°. 3 The head rotates 60-45 ° from the midline to the right and the bed head 0°.4 midline head position with the bed head 15- 30°, 5 The head rotates 60-45 ° from the midline to the left and the bed head 15- 30°. 6 The head rotates 60-45 ° from the midline to the right and the bed head 15- 30°].During each head positioning,tissue oxygenation of brain is recorded by the NIRS device .infants under intervention are also used as their control group.To this end, the data are compared before and after their intervention.

Main outcome variables

tissue oxygenation of brain

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20190826044623N1**

Registration date: **2019-10-17, 1398/07/25**

Registration timing: **registered_while_recruiting**

Last update: **2019-10-17, 1398/07/25**

Update count: **0**

Registration date

2019-10-17, 1398/07/25

Registrant information

Name

Zeinab Rabbani Mohammadie

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 51 3868 9372

Email address

rabbanimz961@mums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2019-09-06, 1398/06/15

Expected recruitment end date

2020-03-05, 1398/12/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of head positioning on the tissue oxygenation of brain in preterm infants

Public title

The effect of head positioning on the tissue oxygenation of brain

Purpose

Prevention

Inclusion/Exclusion criteria**Inclusion criteria:**

The age of the infant on a Ballard basis is less than or equal to 32 weeks at the time of study. infant weight under 1500 grams. neonate stable condition (non Invasive mechanical ventilation and hemodynamic status stable neonate)Have. Apgar score of first minute exceeds 5 and fifth minute greater than 7. A hemoglobin level greater than or equal to 12 g / dl. Mean arterial blood pressure (MAP) is within normal range.

Exclusion criteria:

The infant will have have congenital and chromosomal abnormalities. The infant have intrauterine growth restriction (IUGR) . The infant receiving the red blood cell product is dense. The infant with known intracranial hemorrhage.

Age

To **8 months** old

Gender

Both

Phase

N/A

Groups that have been masked

- Data analyser

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

All possible sequence combinations are coded for 6 study positions in SPSS software, 720 modes. We assign a unique number to each position. In the study sample number, random numbers are generated by SPSS software. Hence the random modes of the research units are obtained. Write each of the modes in a separate card and put all the cards in a package. For each research unit, we remove and use one of the cards from the envelope.

Blinding (investigator's opinion)

Single blinded

Blinding description

The analyst will be unaware of the intervention and control groups.

Placebo

Not used

Assignment

Crossover

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of School of Nursing and Midwifery - Mashhad University of Medical Sciences

Street address

Unit 1, Floor 1, No. 154, Vilaye 7

City

Mashhad

Province

Razavi Khorasan

Postal code

9171618995

Approval date

2019-07-21, 1398/04/30

Ethics committee reference number

IR.MUMS.NURSE.REC.1398.040

Health conditions studied**1****Description of health condition studied**

The effect of head positioning on the tissue oxygenation of brain in preterm infants

ICD-10 code

P52.3

ICD-10 code description

Unspecified intraventricular (nontraumatic) hemorrhage of newborn

Primary outcomes**1****Description**

tissue oxygenation of brain

Timepoint

After every two hours of head positioning, tissue oxygenation of brain is recorded by the NIRS device. It should be noted that before the intervention, the tissue oxygenation of brain of each infant is measured and recorded within ten minutes to obtain the baseline value for each infant and compare with subsequent values.

Method of measurement

NIRS device

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: In the intervention group, infants are placed in supine position and every 2 hours the head is switched to one of 6 modes [1 midline head and 0° bed head .2 The head rotates 60-45 ° from the midline to the left and the bed head 0°. 3 The head rotates 60-45 ° from the midline to the right and the bed head 0°.4 midline head position with the bed head 15- 30°, 5 The head rotates 60-45 ° from the midline to the left and the bed head 15- 30°. 6 The head rotates 60-45 ° from the midline to the right and the bed head 15- 30°].During each head positioning, tissue oxygenation of brain is recorded by the NIRS device. The infants under intervention are also used as their control group. And according to the routine inpatient treatment center, they receive their medical care before the intervention, and brain tissue oxygenation data are collected and compared with post-intervention data. And they are also used as witnesses for this purpose.

Category

Prevention

Recruitment centers

1

Recruitment center

Name of recruitment center

UmmOl-Banin Hospital

Full name of responsible person

Monir Ramezani

Street address

UmmOl-Banin Hospitalon, Corner of Ayatollah Behjat 16, Zarineh Intersection

City

Mashhad

Province

Razavi Khorasan

Postal code

9171618995

Phone

+98 51 3223 1061

Fax

+98 51 3223 1444

Email

ramezanimn@mums.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Dr Robab Latifnejad Rodsari

Street address

School of Nursing and Midwifery, Ibn Sina Street, Doctora crossroads, Danshgah street,

City

Mashhad

Province

Razavi Khorasan

Postal code

9137913199

Phone

+98 51 3859 1511

Fax

+98 51 3859 7313

Email

latifnejadr@mums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Mashhad University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Zeinab Rabbani Mohammadi

Position

Master of student

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Unit 1, Floor 1, No. 154, Villaye 7

City

Mashhad

Province

Razavi Khorasan

Postal code

9171618995

Phone

+98 51 3868 9372

Fax

Email

Rabbanimz961@mums.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Zeinab Rabbani Mohammadie

Position

Master of student

Latest degree

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Other areas of specialty/work

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Email

Rabbanimz961@mums.ac.ir

Person responsible for updating data

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Zeinab Rabbani Mohammadie

Position

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+98 51 3868 9372

Fax

Email

Rabbanimz961@mums.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

All potential data can be shared after unidentifiable people.

When the data will become available and for how long

The access period starts 2 months after the results are published.

To whom data/document is available

The data are made available to researchers working in academic and scientific institutions, and to those involved in the industry as well as to the Ministry.

Under which criteria data/document could be used

If positive, this study could lead to a caring approach for the premature infant within the first 72 hours after birth, which improves brain oxygenation and hemodynamics and reduces the chance of occurrence and severity of intraventricular hemorrhage in the premature infant.

From where data/document is obtainable

Zeinab Rabbani

Mohammadie:rabbanimz961@mumc.ac.ir,Phone

Call:00989910435332 Dr Monir

Ramezani:ramezanimn@mums.ac.ir,Phone

Call:00989124186326

What processes are involved for a request to access data/document

The applicant should contact through the given contact number and e-mail.

Comments