

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Jul 2026

A randomized, open label, two treatments, two periods, two sequence, single dose, crossover, bioequivalence study of Aristatin 20mg tablet of Arya Pharm Co., IRAN and Crestor 20mg tablet of Astra-Zeneca in 24 healthy adult subjects under fasting condition

Protocol summary

Study aim

To characterize the rate and extent of bioavailability of test in comparison of reference product after single dose administration in healthy subjects under fasting condition. To assess the bioequivalence of test formulation (Aristatin 20mg tablet of Arya Pharm Co., IRAN) with reference product (Crestor 20mg tablet of Astra-Zeneca) by means of AUC_{0-t} and C_{max} . Safety and tolerability evaluation of test product in comparison with reference in subjects

Design

A randomized, open label, two treatments, two periods, single dose, crossover, bioequivalence study of Aristatin 20mg tablet of Arya Pharm Co., IRAN in comparison of Crestor 20mg tablet of Astra-Zeneca in 24 healthy subjects under fasting condition

Settings and conduct

24 healthy subjects enroll in this project. Volunteers provide written informed consent. A single dose of 2*20 mg rosuvastatin will administer, in each study period. The Blood samples collect before and at 1.0, 2.0, 3.0, 4.0, 4.5, 5.0, 6.0, 8.0, 10.0, 24.0 & 48.0 hr. post-dose. The treatment phases separate by a washout period of at least 7 days. Plasma samples will transfer to analytical Lab. to measure rosuvastatin in the plasma by means of HPLC.

Participants/Inclusion and exclusion criteria

Main Inclusion criteria: Healthy subjects aged between 18 -50 years old and weighted between 50 - 100 kg.
Main exclusion criteria: Clinically relevant deviations from normal; Donation a unit of blood or participated in another clinical trial within the last two months; History of drug or alcohol abuse ; Used any medication within 7-14 days before the first treatment; History of allergic to statins

Intervention groups

Intervention: single dose of Aristatin 20mg tablet of Arya Pharm Co., IRAN Control: single dose of Crestor 20mg tablet of Astra-Zeneca

Main outcome variables

Plasma concentration of rosuvastatin

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20190706044111N7**

Registration date: **2019-09-07, 1398/06/16**

Registration timing: **prospective**

Last update: **2019-09-07, 1398/06/16**

Update count: **0**

Registration date

2019-09-07, 1398/06/16

Registrant information

Name

Ladan Tayebi

Name of organization / entity

Pars Biopharmacy Research Co.

Country

Iran (Islamic Republic of)

Phone

+98 21 8895 6061

Email address

l.tayebi@parsbiopharmacy.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2019-09-23, 1398/07/01
Expected recruitment end date
2020-05-20, 1399/02/31
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title

A randomized, open label, two treatments, two periods, two sequence, single dose, crossover, bioequivalence study of Aristatin 20mg tablet of Arya Pharm Co., IRAN and Crestor 20mg tablet of Astra-Zeneca in 24 healthy adult subjects under fasting condition

Public title

Bioequivalence study of Aristatin 20mg tablet of Arya Pharm Co., IRAN

Purpose

Other

Inclusion/Exclusion criteria

Inclusion criteria:

Aged between 18 - 50 years Body weight between 50 - 100 kg Having good health on the basis of medical history and physical & clinical examination Understand the procedures and give written informed consent

Exclusion criteria:

Subject showed clinically relevant deviations from normal in physical examination. Subject had undergone surgery of the gastro-intestinal tract Subject had donated a unit of blood or participated in another clinical trial, within the last two months before the first treatment. Subject had a history of drug or alcohol abuse. Subject who smokes more than 10 cigarettes per day. Subject had used any prescription medication within 14 days, or any non-prescription medication within 7 days, before the first treatment. Subject had a history of allergic to statins

Age

From **18 years** old to **50 years** old

Gender

Both

Phase

Bioequivalence

Groups that have been masked

No information

Sample size

Target sample size: **24**

More than 1 sample in each individual

Number of samples in each individual: **2**

Each volunteer, 2 times take medicine in the study. One time test product and the other time reference product with at least one week wash-out period.

Randomization (investigator's opinion)

Not randomized

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used
Assignment
Crossover
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethicc committee of Shahid Beheshti University of Medical Sciences

Street address

Velenjak, 7th Floor, Bldg No.2 SBUMS, Arabi Ave

City

Tehran

Province

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Postal code

1985717443

Approval date

2018-11-04, 1397/08/13

Ethics committee reference number

IR.SBMU.RETECH.REC.1397.623

Health conditions studied

1

Description of health condition studied

Hyperlipidemia

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Plasma concentration of rosuvastatin

Timepoint

At 0 (before dosing), 1.0, 2.0, 3.0, 4.0, 4.5, 5.0, 6.0, 7.0, 8.0, 10.0, 24.0 & 48.0 hr. after dosing

Method of measurement

HPLC

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Single dose of Aristatin 20mg tablet of Arya Pharm Co., IRAN

Category

Other

2**Description**

Control group: Single dose of Crestor 20mg tablet of Astra-Zeneca

Category

Other

Recruitment centers**1****Recruitment center****Name of recruitment center**

Core Research Lab. of Zahedan University of Medical Sciences

Full name of responsible person

Gholamreza Komeili

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Emam Ali Hospital, Salamat Blv., Khalij-e-Fars Highway

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Web page address

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Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Arya Pharm Company

Full name of responsible person

Shabestari Rahim

Street address

Karaj Makhsous Highway, daroupakhsh Ave.

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Web page address

<http://aryapharm.com>

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Arya Pharm Company

Proportion provided by this source

100

Public or private sector

Private

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Industry

Person responsible for general inquiries**Contact****Name of organization / entity**

Pars Biopharmacy Research Co.

Full name of responsible person

Ladan Tayebi

Position

Managing Director

Latest degree

Medical doctor

Other areas of specialty/work

Medical Pharmacy

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Person responsible for scientific inquiries**Contact****Name of organization / entity**

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Full name of responsible person

Ladan Tayebi

Position

Managing Director

Latest degree

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Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available