

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jul 2026

### Evaluation of the relationship between stenting in stenosed carotid artery in patients candidate for CABG and clinical outcomes in patients in comparison with Patients candidate for CABG without stenting.

#### Protocol summary

##### Study aim

Evaluation of the relationship between stenting in stenosed carotid artery in patients candidate for CABG and clinical outcomes in patients in comparison with Patients candidate for CABG without stenting.

##### Design

Case Group Patients: All patients who are candidates for CABG and are eligible for inclusion will undergo stenting and then undergo CABG 6 weeks late. Patients in the control group: Selected patients who had CABG without carotid artery stenting and had carotid artery stenosis on their ultrasound. Patients were matched for age, sex, underlying disease and coronary artery disease. Due to ethical considerations and the type of intervention, there was no possibility of blinded and random allocation.

##### Settings and conduct

All patients who are candidates for vascular grafts and who meet the inclusion criteria are screened by Doppler ultrasound for at least 3 days before carotid artery stenting. 6 weeks after stenting, vascular grafts are performed. Finally, they will be monitored for 6 months to evaluate for myocardial infarction, stroke, transient ischemia, and death.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Candidate for CABG Carotid stenosis more than 60% with a previous history of stroke or TIA Carotid stenosis more than 85% in asymptomatic individuals Exclusion criteria: Severe stricture The previous severe disabling stroke Inability to use anticoagulants such as drug sensitivity or gastric ulcer

##### Intervention groups

Intervention group 1 includes people who are candidates for CABG and have carotid artery stenosis of 60% or more and have a previous history of stroke or TIA and receive stenting intervention. Intervention group 2 includes people who are candidates for CABG with carotid artery stenosis of 85% or more and receive

stenting intervention.

##### Main outcome variables

transient ischemic attack Stroke myocardial infarction

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20190305042937N2**

Registration date: **2019-12-03, 1398/09/12**

Registration timing: **registered\_while\_recruiting**

Last update: **2019-12-03, 1398/09/12**

Update count: **0**

##### Registration date

2019-12-03, 1398/09/12

##### Registrant information

##### Name

soroush sharifimoghadam

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 7789 6429

##### Email address

soroush9566@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2019-09-23, 1398/07/01

##### Expected recruitment end date

2020-03-19, 1398/12/29

##### Actual recruitment start date

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Evaluation of the relationship between stenting in stenosed carotid artery in patients candidate for CABG and clinical outcomes in patients in comparison with Patients candidate for CABG without stenting.

**Public title**

Evaluation of the relationship between stenting in stenosed carotid artery in patients candidate for CABG and clinical outcomes in patients in comparison with Patients candidate for CABG without stenting.

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

Candidate for CABG practice Carotid stenosis more than 60% with a previous history of stroke or TIA Carotid stenosis more than 85% in asymptomatic individuals

**Exclusion criteria:**

Severe stricture The previous severe debilitating stroke Inability to use anticoagulants such as drug sensitivity or gastric ulcer

**Age**

From **65 years** old

**Gender**

Both

**Phase**

N/A

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **117**

**Randomization (investigator's opinion)**

N/A

**Randomization description****Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics Committee of Qom University of Medical Sciences

**Street address**

Vice chancellor for research, Qom University of Medical Sciences - Safashahr St - Qom

**City**

Qom

**Province**

Ghous

**Postal code**

3713649373

**Approval date**

2019-09-03, 1398/06/12

**Ethics committee reference number**

IR.MUQ.REC.1398.086

**Health conditions studied****1****Description of health condition studied**

Carotid artery stenosis

**ICD-10 code**

170

**ICD-10 code description**

Atherosclerosis

**Primary outcomes****1****Description**

TIA, cerebral stroke or heart attack

**Timepoint**

Up to 6 months after CABG at 3 month intervals

**Method of measurement**

Outcome assessment based on hospital admission records and phone calls at 3 months intervals

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group: At least 3 days before carotid artery stenting, patients will receive antiplatelet therapy with aspirin 80 mg and clopidogrel 75 mg. The stenting procedure in the angiography unit will be performed by a neurointervention specialist. Self-expanding stents will be used in this study and balloons will be assisted if needed. After the operation, one-way brain angiography and one carotid artery are performed to confirm that it is successful. Clopidogrel 75 mg will be continued for all patients and discontinued one week prior to CABG. In those with bilateral carotid artery stenosis, or at a 3-week interval, the same procedure will be performed. Six weeks after stenting, CABG is performed

**Category**

Treatment - Surgery

## 2

### Description

Control group: These patients undergo CABG without stenting for the carotid artery.

### Category

Treatment - Surgery

## Recruitment centers

### 1

#### Recruitment center

**Name of recruitment center**

Shahid Beheshti Hospital

**Full name of responsible person**

Ehsan Sharifipur

**Street address**

Shahid Beheshti Hospital - Qom

**City**

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**Phone**

+98 25 3612 2948

**Email**

ehsansharifipoor@yahoo.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Ghous University of Medical Sciences

**Full name of responsible person**

Ehsan Sharifipur

**Street address**

Shahid Beheshti Hospital - Qom

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**Phone**

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**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Ghous University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

empty

**Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Ghous University of Medical Sciences

**Full name of responsible person**

Ehsan Sharifipur

**Position**

Assistant Professor Qom University of Medical Sciences

**Latest degree**

Specialist

**Other areas of specialty/work**

Neurology

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## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**

Ghous University of Medical Sciences

**Full name of responsible person**

Ehsan Sharifipur

**Position**

Assistant Professor Qom University of Medical Sciences

**Latest degree**

Specialist

**Other areas of specialty/work**

Neurology

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## Person responsible for updating data

### Contact

**Name of organization / entity**

Ghoum University of Medical Sciences

**Full name of responsible person**

Soroush Sharifimoghadam

**Position**

Student of Qom University of Medical Sciences

**Latest degree**

A Level or less

**Other areas of specialty/work**

General Practitioner

**Street address**

Qom university of medical sciences - Qom

**City**

Qom

**Province**

Ghoum

**Postal code**

3713649373

**Phone**

+98 25 3107 1308

**Email**

soroush9566@gmail.com

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Yes - There is a plan to make this available

**Data Dictionary**

Yes - There is a plan to make this available

**Title and more details about the data/document**

The unnamed person information file will be released.

**When the data will become available and for how long**

After publishing the article

**To whom data/document is available**

Vice chancellor for research, Qom University of Medical Sciences

**Under which criteria data/document could be used**

To assist in further studies and with the permission of the Research Assistant

**From where data/document is obtainable**

Vice chancellor for research, Qom University of Medical Sciences

**What processes are involved for a request to access data/document**

Qom University of Medical Sciences Vice Chancellor for Research

**Comments**