

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

06 Jun 2026

### The success rate and complication of caudal block and spinal anesthesia for awake preterm infants undergoing inguinal repair

#### Protocol summary

##### Summary

Written informed parental consent in a double blind randomized clinical trial, 66 infants (ASA I or II), undergoing inguinal hernia repair will be recruited in Tabriz Teaching Children Hospital during a 12-month period of time. We explained these two forms of regional anesthesia and their complications to the parents throughout the preoperative visits. All patients were given IV midazolam (0.03 mg/kg) before performing block.. Monitoring included pulse oximetry, electrocardiogram, and non-invasive blood pressure monitoring and precordial stethoscope. A maintenance IV 5% dextrose in was infused from the start of preoperative fasting time (4 hours prior to the operation). In group C, infants were in left lateral position with flexion of hip. A 22-gauge caudal needle was selected to perform the block. After negative aspiration test, we injected 1ml/kg of 0.25% Bupivacaine, with 20µg adrenaline 1:1000 in caudal space, then the infant was turned into supine position. Successful caudal anesthesia was defined as lack of sensation to pinch at the desired sensory level and paralysis of lower limbs after 15 minutes. In group S, an assistant seated the infant on a folded towel 10 cm above the operative table. The head was placed in neuter positional 2.5cm, 25-gauge Quincke spinal needle was inserted into L5-S1interspace. This approach was adopted to avoid potential damage to the conus medullaris terminating at L3 in infants. Subarachnoid placement was confirmed by free flow of CSF. With the needle stabilized, the local anesthetic solution i.e. 1mg/kg of 0.5% hyperbaric Bupivacaine, with 20µg adrenaline 1:1000 was rapidly injected. The patient was immediately positioned supine with a 20-30° head up tilt for two to three minutes, and then horizontally. Successful spinal anesthesia was defined as lack of sensation to pinch at the desired sensory level and paralysis of lower limbs after 2 minutes. In all patients, we recorded vital signs (systolic and diastolic blood pressure, heart rate and SpO2) before induction, after

10, 20, and 30 minutes of block, at the end of surgery, at the beginning of the recovery, 10 and 20 minutes of the recovery phase, and at the end of the recovery. We also recorded presence of apnea and need for analgesia at the post-operation period up to 24 hour. NIPS was used to assess pain score; consisting of six criteria: facial expression, cry, breathing pattern, arms and legs positions, and state of arousal. In group c 25 min after block and in group s just after block the surgery started. In the case of unsuccessful block general anesthesia was induced. The aim of this study was to compare complication and success rates of caudal block and spinal anesthesia in awake preterm infants undergoing inguinal hernia repair

#### General information

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT201102014041N4**

Registration date: **2013-05-10, 1392/02/20**

Registration timing: **retrospective**

Last update:

Update count: **0**

##### Registration date

2013-05-10, 1392/02/20

##### Registrant information

##### Name

Mahin Seyedhejazi

##### Name of organization / entity

Tabriz University of Medical Sciences

##### Country

Iran (Islamic Republic of)

##### Phone

+98 41 3385 2252

##### Email address

seidhejazi@tbzmed.ac.ir

##### Recruitment status

**Recruitment complete**  
**Funding source**  
Tabriz University of Medical Sciences

**Expected recruitment start date**  
2009-12-22, 1388/10/01

**Expected recruitment end date**  
2011-01-21, 1389/11/01

**Actual recruitment start date**  
empty

**Actual recruitment end date**  
empty

**Trial completion date**  
empty

**Scientific title**  
The success rate and complication of caudal block and spinal anesthesia for awake preterm infants undergoing inguinal repair

**Public title**  
Caudal block & spinal block in neonate

**Purpose**  
Health service research

**Inclusion/Exclusion criteria**  
Inclusion criterion: infants less than 5 kg candidate for inguinal hernia repair. Exclusion criteria: any contraindication to regional blocks in children; major malformation of the sacrum; meningitis and intracranial hypertension.

**Age**  
To 1 year old

**Gender**  
Both

**Phase**  
N/A

**Groups that have been masked**  
*No information*

**Sample size**  
Target sample size: 66

**Randomization (investigator's opinion)**  
Randomized

**Randomization description**

**Blinding (investigator's opinion)**  
Single blinded

**Blinding description**

**Placebo**  
Not used

**Assignment**  
Parallel

**Other design features**

**Secondary Ids**  
empty

**Ethics committees**

**1**  
**Ethics committee**  
Name of ethics committee

Tabriz University of Medical Sciences  
**Street address**  
Tabriz University of Medical Sciences  
**City**  
Tabriz  
**Postal code**  
**Approval date**  
2009-11-16, 1388/08/25  
**Ethics committee reference number**  
8813

**Health conditions studied**

**1**  
**Description of health condition studied**  
Regional blocks in infants  
**ICD-10 code**  
K40.2  
**ICD-10 code description**  
Bilateral inguinal hernia, without obstruction or gangrene

**Primary outcomes**

**1**  
**Description**  
Pain  
**Timepoint**  
Two, 4, 6 and 8 hours postoperative  
**Method of measurement**  
Neonatal infant pain scale(NIPS)

**Secondary outcomes**

empty

**Intervention groups**

**1**  
**Description**  
In first group :caudal block by 1mg/kg of 0.25% bupivacaine plus 20µg adrenaline (group C)  
**Category**  
Prevention

**2**  
**Description**  
In second group: spinal block by 1mg/kg of 0.5% hyperbaric Bupivacaine, with 20µg adrenaline 1:1000 (group s)  
**Category**  
Prevention

**Recruitment centers**

**1**  
**Recruitment center**  
Name of recruitment center

Tabriz Children Hospital  
**Full name of responsible person**  
Dr.Mahin Seyedhejazi  
**Street address**  
**City**  
Tabriz

## Sponsors / Funding sources

1

### Sponsor

**Name of organization / entity**  
Tabriz University of Medical Sciences  
**Full name of responsible person**  
Dr.Alireza Ostadrahimi  
**Street address**  
Tabriz University of Medical Sciences-Golgasht Ave  
**City**  
Tabriz  
**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Tabriz University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
*empty*  
**Domestic or foreign origin**  
*empty*  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
*empty*

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
Tabriz University Of Medical Sciences  
**Full name of responsible person**  
Dr. Mahin Seyedhejazi  
**Position**  
Associate Professor of Anesthesia  
**Other areas of specialty/work**  
**Street address**  
Tabriz Children Hospital  
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+98 41 1526 2250  
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seidhejazie@yahoo.com; seidhejazie@tbzmed.ac.ir  
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## Person responsible for scientific inquiries

### Contact

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Tabriz University of Medical Sciences  
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## Person responsible for updating data

### Contact

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Tabriz University of Medical Sciences  
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Dr. Mahin Seyedhejazi  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

*empty*

### Study Protocol

*empty*

### Statistical Analysis Plan

*empty*

### Informed Consent Form

*empty*

### Clinical Study Report

*empty*

### Analytic Code

*empty*

### Data Dictionary

*empty*