

Clinical Trial Protocol

Iranian Registry of Clinical Trials

16 Sep 2026

The Effect of Community Re-entry program(CRP) on insight of patients with Schizophrenia

Protocol summary

Study aim

Determine the effectiveness of a community outreach program on the vision of people with schizophrenia

Design

The study was an experimental with pre-test and post-test design with control group. The statistical population consisted of all patients admitted to Tolo Rehabilitation Center. For this purpose, 40 patients with schizophrenia admitted to Tolo Rehabilitation Center who met the inclusion criteria were selected by convenience sampling and randomly divided into experimental (n = 20) and control (n = 20). 20, were replaced.

Settings and conduct

The experimental group was trained for two months, two sessions per week, for 45 minutes per session and a total of 16 sessions. The group sessions were set up to 16 45-minute sessions and two sessions per week between 8am and 10am. Was held by a researcher at Tole Rehabilitation Center

Participants/Inclusion and exclusion criteria

Inclusion criteria included psychiatrist's confirmation of diagnosis of schizophrenia with DSM 5 diagnostic criteria, at least two years after onset of illness, history of recurrence of symptoms, psychotic attacks and hospitalization, willingness to participate in research, ability to pay attention, learning and providing appropriate responses to concepts. That is to be explained. Exclusion criteria for any psychiatric disorder other than schizophrenia, The acute phase of the disease, deafness and blindness and sensory disturbances that cannot be remedied by means. Received electric shock in the past 6 months, unwillingness to continue evaluation

Intervention groups

The experimental group was trained for two months, two sessions per week, for 45 minutes in each session and a total of 16 sessions, 20 were sample size but not trained in one class. The control group received routine treatments.

Main outcome variables

Insight

General information

Reason for update

Acronym

(CRP)

IRCT registration information

IRCT registration number: **IRCT20190924044864N2**

Registration date: **2019-10-30, 1398/08/08**

Registration timing: **retrospective**

Last update: **2019-10-30, 1398/08/08**

Update count: **0**

Registration date

2019-10-30, 1398/08/08

Registrant information

Name

Zohreh Parsamoein

Name of organization / entity

The university of science and research of Tehran

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2018-10-11, 1397/07/19

Expected recruitment end date

2018-10-19, 1397/07/27

Actual recruitment start date

2018-10-20, 1397/07/28

Actual recruitment end date

2018-12-19, 1397/09/28

Trial completion date

2018-12-20, 1397/09/29

Scientific title

The Effect of Community Re-entry program(CRP) on insight of patients with Schizophrenia

Public title

The Effect of Community Re-entry program on Schizophrenia

Purpose

Prevention

Inclusion/Exclusion criteria**Inclusion criteria:**

confirmation of psychiatric diagnosis of schizophrenia by DSM 5 diagnostic criteria At least two years have passed since the onset of the disease History of recurrence of symptoms, psychotic attacks and hospitalization Willingness to participate in research Ability to notice, learn, and respond appropriately to the concepts described

Exclusion criteria:

Existence of any psychiatric disorder other than schizophrenia Acute phase of the disease The presence of deafness and blindness and sensory disorders that cannot be remedied by means. Get electric shock in the last 6 months Unwillingness to continue evaluation

Age

No age limit

Gender

Male

Phase

N/A

Groups that have been masked*No information***Sample size**Target sample size: **40**Actual sample size reached: **40****Randomization (investigator's opinion)**

Randomized

Randomization description

The study was a quasi-experimental with pre-test and post-test design with control group. The statistical population consisted of all patients admitted to Tolo Rehabilitation Center. For this purpose, 40 patients with schizophrenia admitted to Tolo Rehabilitation Center who met the inclusion criteria were selected by convenience sampling and randomly divided into experimental (n = 20) and control (n = 20). 20), were replaced. At the beginning of the study, the two groups were matched for age and education variables.

Blinding (investigator's opinion)

Not blinded

Blinding description**Placebo**

Not used

Assignment

Other

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

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Approval date

2018-10-09, 1397/07/17

Ethics committee reference number

IR.IAU.SRB.REC.1397.073

Health conditions studied**1****Description of health condition studied**

Schizophrenia

ICD-10 code

F20

ICD-10 code description

Schizophrenia

Primary outcomes**1****Description**

insight

Timepoint

2 months after the initial evaluation and two months after the intervention

Method of measurement

Anderson Positive and Negative Symptoms Questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: Session 1: Introduction to Community Outreach The first session will introduce you to the skills you learn in community outreach and identify the specific benefits you will receive while attending the

program. Part 2: Symptoms of Disabling Psychiatric Disorders At this session you will find information about symptoms of psychiatric disorders such as schizophrenia, bipolar disorder, and recurrent depression. You will also be aware of the medicinal benefits of treating these symptoms. The more you know about your medications, the more you can help your doctor choose the best medicine for you. Consideration needs to be given and what behaviors you should learn to prepare for discharge and continue treatment. Session 4: Planning Your Community Return You will talk to the therapist individually about where you live, how you will be financed, and how you will continue to receive other community services. This meeting will help you become more involved in planning for your future. Chapter 5: Community Relationship In this meeting you will review resources and services available in the community and meet with a person in the community (eg, a worker) who will later Getting in touch can help you stay in touch. Studies have shown that meeting with a mental health worker before discharge increases the likelihood of continuing treatment after discharge and continuing your recovery. Session 6: Dealing With Stress in Your Community In your sixth session, you will discuss how to deal with stress in the community. You also get information on how to do leisure activities in the community that helps you control stress better. If you learn how to manage stress and avoid conflict, you will have a better chance of staying healthy. Step 7: Design a Daily Schedule This session is about listing the amount and type of daily activities appropriate for you. Keeping your daily schedule motivated to do more will give you a better feel Engaging in a variety of daily activities can help you avoid feeling stressed, lonely, and even depressed, and can even reduce symptoms. Learn what you need to follow up on this appointment. Timely appointments help you keep your disease under control. Chapter 9: How Medication Prevents Recurrence In your ninth session, you learn how medications work and how to control the body's response to medication. Session 10: Assessing the Effectiveness of Prescription Drugs You will have more time to follow up on your physical response to the medication and use this information more effectively to communicate your needs to your doctor. Session 11: Solving Medication Problems This session will teach you how to Identify and resolve drug problems. This will make the medicines work better for you. Session 12: Solving Problems with Drug Side Effects This session discusses the possible side effects of different types of medications and you will be accompanied by a therapist on the side effects and other exercise (role playing) issues. You learn to identify alert symptoms that may indicate a recurrence. This will help you manage your illness more effectively. Session 13: Identifying Recurrent Alert Symptoms In Session 13 you learn to identify your own warning signs that may be indicative of the onset of recurrence. This will help you manage your illness more effectively. Chapter 14: Keeping Alert Symptoms This session will introduce you to daily alert control and think about someone who can help you with this. . If you can keep track of your warning signs, you may be able to take appropriate action before your symptoms return.

This will not require you to be readmitted again. Session 15: Developing an Emergency Relief Prevention Plan You are here to follow a step-by-step plan that you should follow if your symptoms are severe and you need help. Step one: Ask for personal help Step 2: Contact a mental health professional. Step 3: Visit a mental health clinic and visit a physician. Step 4: Unless the clinic is referred to the emergency department of a psychiatric hospital. Session 16: Take your emergency plan into the community. In the last session you will find a support person who can help you in an emergency. You will also find a list (what are your warning signs? What actions do you take to support a successful community life, which can help you maintain the skills you learned during your community outreach program?

Category

Rehabilitation

2

Description

Control group: routine care

Category

Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center

Tolue Rehabilitation Center

Full name of responsible person

Zohreh Parsamoein

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
No

Title of funding source
I have no financial resources

Proportion provided by this source
1

Public or private sector
Private

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Persons

2

Sponsor

Name of organization / entity
Islamic Azad University

Full name of responsible person
Mohammad Ramezani

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Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
No

Title of funding source
Personal

Proportion provided by this source
100

Public or private sector
Private

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Persons

Person responsible for general inquiries

Contact

Name of organization / entity
Islamic Azad University

Full name of responsible person
Zohreh Parsamoein

Position
PHD student

Latest degree
Master

Other areas of specialty/work
Psychology

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to
make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Not applicable

Data Dictionary

Not applicable

Title and more details about the data/document

Publication in thesis and article

When the data will become available and for how long

6month

To whom data/document is available

Everyone

Under which criteria data/document could be used

In order to know the results and reference

From where data/document is obtainable

Refer to the Library of Science and Research University

What processes are involved for a request to access data/document

Refer to the Library of Science and Research University

Comments

When you print an article, the results are visible by
visiting the article's site.