

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### **Efficacy of transcranial direct current stimulation(tDCS) on functional connectivity, motor learning and cognitive functions in ischemic stroke patients: Double blind randomized clinical trail**

#### **Protocol summary**

##### **Study aim**

Efficacy of transcranial direct current stimulation on functional connectivity, motor learning and cognitive functions in ischemic stroke patients.

##### **Design**

The sample size was estimated using G power software with an effect size of 0.61 and an alpha value of 0.05 and 45 individuals. This number is consistent with what has been stated in research literature. A sample of 45 ischemic stroke patients was randomly assigned to the 15 ABC blocks of three ABCs randomly divided into three groups of 15 each.

##### **Settings and conduct**

The study will be conducted at Zanjan University of Medical Sciences. Also In this study, participants and data analyzer will not be aware of the randomization process.

##### **Participants/Inclusion and exclusion criteria**

inclusion criteria: 1- Having informed consent to participate in the study. 2- A chronic stroke patient (> 3 months) diagnosed by imaging. 3- Having at least 40 and up to 80 years. 4- Having spent at least 3 months since infarction. 5- Having a marked motor deficiency in the upper and lower extremities with cerebrovascular injury. exclusion criteria: 1- Suicidal thoughts or risks that could not maintain stable dose of medication. 2- Psychiatric disorder and drug use, history of head injury and epileptic seizures, Epilepsy and head injury and pregnancy 4- Having no use of tDCS or fMRI.

##### **Intervention groups**

The first group received real tDCS intervention, the second group received placebo tDCS intervention, and the third group received no intervention.

##### **Main outcome variables**

Functional connectivity, Motor Learning, Cognitive functions and Depression

#### **General information**

##### **Reason for update**

##### **Acronym**

##### **IRCT registration information**

IRCT registration number: **IRCT20190927044895N1**

Registration date: **2019-10-28, 1398/08/06**

Registration timing: **registered\_while\_recruiting**

Last update: **2019-10-28, 1398/08/06**

Update count: **0**

##### **Registration date**

2019-10-28, 1398/08/06

##### **Registrant information**

##### **Name**

Ahmadreza Zakerian zadeh

##### **Name of organization / entity**

##### **Country**

Iran (Islamic Republic of)

##### **Phone**

+98 74 3333 0046

##### **Email address**

ahmadrezazakerian@zums.ac.ir

##### **Recruitment status**

**Recruitment complete**

##### **Funding source**

##### **Expected recruitment start date**

2019-09-28, 1398/07/06

##### **Expected recruitment end date**

2019-12-19, 1398/09/28

##### **Actual recruitment start date**

empty

##### **Actual recruitment end date**

empty

##### **Trial completion date**

empty

## Scientific title

Efficacy of transcranial direct current stimulation(tDCS) on functional connectivity, motor learning and cognitive functions in ischemic stroke patients: Double blind randomized clinical trail

## Public title

Efficacy of transcranial direct current stimulation(tDCS) on stroke

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Having informed consent to participate in the study. A chronic stroke patient (> 3 months) diagnosed by imaging. Having at least 40 and up to 80 years of age and right-handedness. Having spent at least 3 months since infarction. Having a marked motor deficiency in the upper and lower extremities with cerebrovascular injury. Having at least mild cognitive impairment based on measuring instruments. Having mild depression symptoms based on the hamilton depression rating scale.

### Exclusion criteria:

1- Suicidal thoughts or risks that could not maintain stable dose of medication. Psychiatric disorder and drug use. Having a history of head injury and epileptic seizures, Epilepsy and head injury and pregnancy. Having no use of tDCS or fMRI.

## Age

From **40 years** old to **80 years** old

## Gender

Both

## Phase

N/A

## Groups that have been masked

- Participant
- Outcome assessor
- Data analyser

## Sample size

Target sample size: **45**

## Randomization (investigator's opinion)

Randomized

## Randomization description

Blocked randomization, individual, layered, statistical software. A sample of 45 ischemic stroke patients was randomly accessed through the Web at <https://www.sealedenvelope.com>, The 15 ABC triplicate blocks were assigned by the supervisor in three 15-person in three groups.

## Blinding (investigator's opinion)

Double blinded

## Blinding description

1- Patients do not know in which intervention group ABC (real intervention, sham and control) are. 2- Data analysis is performed by medical imaging systems team. As they are not aware of the nature of the ABC groups. All data will be encoded.

## Placebo

Used

## Assignment

Parallel

## Other design features

This clinical trial consists of three groups: real intervention, sham and control, double-blind and randomized.

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Zanjan University of Medical Sciences

##### Street address

Azadi Square, Zanjan University of Medical Sciences

##### City

Zanjan

##### Province

Zanjan

##### Postal code

45156-13191

#### Approval date

2019-07-29, 1398/05/07

#### Ethics committee reference number

IR.ZUMS.REC.1398.208

## Health conditions studied

### 1

#### Description of health condition studied

Ischemic Stroke

#### ICD-10 code

G46.4

#### ICD-10 code description

Cerebellar stroke syndrome

## Primary outcomes

### 1

#### Description

Functional connectivity

#### Timepoint

Pre-test, Post-test

#### Method of measurement

Functional Magnetic Resonance Imaging

### 2

#### Description

Motor Learning

#### Timepoint

Pre-test, Post-test and follow up (one month after post-test)

#### Method of measurement

Fugl-Meyer Test

### 3

#### **Description**

Cognitive functions

#### **Timepoint**

Pre-test, Post-test and follow up (one month after post-test)

#### **Method of measurement**

Montreal Cognitive Assessment

## **Secondary outcomes**

### 1

#### **Description**

Depression

#### **Timepoint**

Pre-test, Post-test and follow up (one month after post-test)

#### **Method of measurement**

Hamilton Depression Rating Scale

### 2

#### **Description**

Attention

#### **Timepoint**

Pre-test, Post-test and follow up (one month after post-test)

#### **Method of measurement**

Selective and Divided Attention Test

### 3

#### **Description**

Balance

#### **Timepoint**

Pre-test, Post-test and follow up (one month after post-test)

#### **Method of measurement**

Berg Balance Scale

## **Intervention groups**

### 1

#### **Description**

Intervention group one: The real stimulation was 2.0 mA for 30 minutes in the primary motor cortex, then 30 minutes rest without intervention and at the end real stimulation was performed 2.0 mA for 30 minutes in the dorsolateral prefrontal cortex. The intervention consists of 12 therapeutic sessions per day.

#### **Category**

Rehabilitation

### 2

#### **Description**

Intervention group two: Sham stimulation 2 mA after 60 seconds is interrupted in the patient's primary motor cortex, then 30 minutes rest without intervention and finally sham stimulation 2 mA after 60 seconds in the

dorsolateral prefrontal cortex of the patient. The intervention consists of 12 therapeutic sessions per day.

#### **Category**

Rehabilitation

### 3

#### **Description**

Control group: No intervention

#### **Category**

N/A

## **Recruitment centers**

### 1

#### **Recruitment center**

##### **Name of recruitment center**

Education and treatment Center Of Valiasr Zanzan

##### **Full name of responsible person**

Mohsen Dadashi

##### **Street address**

Zanzan - Above Valiasr Square - Hazrat Valiasr Training Center

##### **City**

zanzan

##### **Province**

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##### **Web page address**

[http://zums.ac.ir/index.php?slc\\_lang=fa&sid=9](http://zums.ac.ir/index.php?slc_lang=fa&sid=9)

## **Sponsors / Funding sources**

### 1

#### **Sponsor**

##### **Name of organization / entity**

Zanzan University of Medical Sciences

##### **Full name of responsible person**

Alireza Shogli

##### **Street address**

Azadi Square, Zanzan University of Medical Sciences

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**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Zanjan University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

Academic

**Person responsible for general inquiries****Contact****Name of organization / entity**

Zanjan University of Medical Sciences

**Full name of responsible person**

Mohsen Dadashi

**Position**

Assistant Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Psychology

**Street address**

Department of Clinical Psychology, Beheshti Hospital,  
Besat Ave, Arg Square

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psy.mohsen@zums.ac.ir

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**Person responsible for scientific inquiries****Contact****Name of organization / entity**

Zanjan University of Medical Sciences

**Full name of responsible person**

Ahmadreza Zakerian Zadeh

**Position**

Student

**Latest degree**

Bachelor

**Other areas of specialty/work**

Psychology

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**Person responsible for updating data****Contact****Name of organization / entity**

Zanjan University of Medical Sciences

**Full name of responsible person**

Ahmadreza Zakerian Zadeh

**Position**

Student

**Latest degree**

Bachelor

**Other areas of specialty/work**

Psychology

**Street address**

Department of Clinical Psychology, Beheshti Hospital,  
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[http://zums.ac.ir/index.php?slc\\_lang=en&sid=1](http://zums.ac.ir/index.php?slc_lang=en&sid=1)

**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available

**Title and more details about the data/document**

All of information related to main outcome will be published.

**When the data will become available and for how long**

Start the access period from 2020

**To whom data/document is available**

Researchers and clinicians working in academic and scientific institutions

**Under which criteria data/document could be used**

Access to documents is possible to inform other

researchers and clinicians. Access to documents is possible to work with the researcher.

**From where data/document is obtainable**

DR. Beheshti Hospital, Zanjan, Department of Clinical Psychology, Dr Mohsen Dadashi, Mobile: 0098 9127433559. Dr. Beheshti Hospital, Zanjan, Department of Clinical Psychology, Ahmadreza Zakerian Zadeh, Mobile: 0098 9177432214

**What processes are involved for a request to access data/document**

Documents will be shared only when the reason for the request is announced by phone or e-mail. Response time is seven days.

**Comments**