Clinical Trial Protocol
Iranian Registry of Clinical Trials

17 Sep 2026

The effect of listening to Tavasol prayer on death anxiety in older adult.

Protocol summary

Study aim
Determining the effect of listening to Tavasol prayer on death anxiety in older adult.
Design
In this randomized clinical trial, patients were randomly divided into two groups of 30 samples.Sampling will take during 3 months.
Settings and conduct
The prayer will be performed for 4 weeks (three times a week) after the Maghreb and Esha prayers for 30 minutes in the selected mosque.
Participants/Inclusion and exclusion criteria
Inclusion criteria: Age 60-75 years Templar death anxiety questionnaire > 6 No hearing impairment Having the consent to participate in the study.Exclusion criteria: Use of other forms of anxiety relief such as exercise therapy, hydrotherapy and ..... .
Intervention groups
In the intervention group, The prayer will be performed for 4 weeks (three times a week) after the Maghreb and Esha prayers for 30 minutes in the selected mosque. Control group will not get any intervention.
Main outcome variables
Death anxiety

General information

Reason for update
Acronym
IRCT registration information
IRCT registration number: **IRCT20111210008348N42**
Registration date: **2019-10-11, 1398/07/19**
Registration timing: **prospective**

Last update: **2019-10-11, 1398/07/19**
Update count: **0**
Registration date
2019-10-11, 1398/07/19

Registrant information

Name
Neda Mirbagher
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Recruitment status
Recruitment complete
Funding source

Expected recruitment start date
2019-10-23, 1398/08/01
Expected recruitment end date
2020-02-20, 1398/12/01
Actual recruitment start date
empty
Actual recruitment end date
empty
Trial completion date
empty

Scientific title
The effect of listening to Tavasol prayer on death anxiety in older adult.

Public title
The effect of prayer on death anxiety
Purpose
Treatment
Inclusion/Exclusion criteria
Inclusion criteria:
Age 60-75 years Templar death anxiety questionnaire > 6 No hearing impairment Having the consent to participate in the study.
Exclusion criteria:
Absent more than two sessions Concurrent use of other forms of anxiety relief such as exercise therapy, hydrotherapy and ..... .

Age
From **60 years** old to **75 years** old
Gender
Both

Phase
N/A
Groups that have been masked
No information
Sample size
Target sample size: **60**
Randomization (investigator's opinion)
Randomized
Randomization description
The sampling method will be available (selection among elderly people with death anxiety) and based on inclusion criteria. Random allocation in two groups of intervention and control will be simple randomization. Randomization is carried out by creating a random sequence of numbers using on an line randomizer tool (https://www.randomizer.org).
Blinding (investigator's opinion)
Not blinded
Blinding description
Placebo
Not used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Ethics committee of Kashan University of Medical Sciences
Street address
Ravand Street, Kashan University of Medical Sciences.
City
Kashan
Province
Isfehan
Postal code
8715981151
Approval date
2019-07-23, 1398/05/01
Ethics committee reference number
IR.KAUMS.NUHEPM.REC.1398.027

Health conditions studied

1

Description of health condition studied
Listen to prayer
ICD-10 code
ICD-10 code description

Primary outcomes

1

Description
Death anxiety
Timepoint
Before, after and one month after intervention
Method of measurement
Templar death anxiety questionnaire

Secondary outcomes

empty

Intervention groups

1

Description
Intervention group: The prayer will be performed for 4 weeks (three times a week) after the Maghreb and Esha prayers for 30 minutes in the selected mosque.
Category
Treatment - Drugs

2

Description
Control group: They will not get any intervention
Category
N/A

Recruitment centers

1

Recruitment center
Name of recruitment center
Selected clinics of Kashan shahid beheshti hospital
Full name of responsible person
Neda Mirbagher
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Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Kashan University of Medical Sciences

Full name of responsible person
Hamid Reza Banafsheh

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salam_20012003@yahoo.co.uk

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Kashan University of Medical Sciences

Proportion provided by this source
100

Public or private sector
Public

Domestic or foreign origin
Domestic

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Kashan University of Medical Sciences

Full name of responsible person
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Position
Associate

Latest degree
Ph.D.

Other areas of specialty/work
Nursery

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Sharing plan

Deidentified Individual Participant Data Set (IPD)
Undecided - It is not yet known if there will be a plan to make this available

Study Protocol
Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan
Not applicable
Informed Consent Form
No - There is not a plan to make this available
Clinical Study Report
Not applicable
Analytic Code
Not applicable
Data Dictionary
Not applicable