

Clinical Trial Protocol

Iranian Registry of Clinical Trials

28 May 2026

The effect of listening to Tavasol prayer on death anxiety in older adult.

Protocol summary

Study aim

Determining the effect of listening to Tavasol prayer on death anxiety in older adult.

Design

In this randomized clinical trial, patients were randomly divided into two groups of 30 samples. Sampling will take during 3 months.

Settings and conduct

The prayer will be performed for 4 weeks (three times a week) after the Maghreb and Esha prayers for 30 minutes in the selected mosque.

Participants/Inclusion and exclusion criteria

Inclusion criteria: Age 60-75 years Templar death anxiety questionnaire > 6 No hearing impairment Having the consent to participate in the study. Exclusion criteria: Use of other forms of anxiety relief such as exercise therapy, hydrotherapy and

Intervention groups

In the intervention group, The prayer will be performed for 4 weeks (three times a week) after the Maghreb and Esha prayers for 30 minutes in the selected mosque. Control group will not get any intervention.

Main outcome variables

Death anxiety

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20111210008348N42**

Registration date: **2019-10-11, 1398/07/19**

Registration timing: **prospective**

Last update: **2019-10-11, 1398/07/19**

Update count: **0**

Registration date

2019-10-11, 1398/07/19

Registrant information

Name

Neda Mirbagher

Name of organization / entity

Kashan University of Medical Science

Country

Iran (Islamic Republic of)

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+98 36 1555 0021

Email address

mirbagher_n@kaums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2019-10-23, 1398/08/01

Expected recruitment end date

2020-02-20, 1398/12/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of listening to Tavasol prayer on death anxiety in older adult.

Public title

The effect of prayer on death anxiety

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Age 60-75 years Templar death anxiety questionnaire > 6 No hearing impairment Having the consent to participate in the study.

Exclusion criteria:

Absent more than two sessions Concurrent use of other forms of anxiety relief such as exercise therapy, hydrotherapy and

Age

From **60 years** old to **75 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

The sampling method will be available (selection among elderly people with death anxiety) and based on inclusion criteria. Random allocation in two groups of intervention and control will be simple randomization. Randomization is carried out by creating a random sequence of numbers using on an line randomizer tool (<https://www.randomizer.org>).

Blinding (investigator's opinion)

Not blinded

Blinding description**Placebo**

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Kashan University of Medical Sciences

Street address

Ravand Street, Kashan University of Medical Sciences.

City

Kashan

Province

Isfahan

Postal code

8715981151

Approval date

2019-07-23, 1398/05/01

Ethics committee reference number

IR.KAUMS.NUHEPM.REC.1398.027

Health conditions studied**1****Description of health condition studied**

Listen to prayer

ICD-10 code**ICD-10 code description****Primary outcomes****1****Description**

Death anxiety

Timepoint

Before, after and one month after intervention

Method of measurement

Templar death anxiety questionnaire

Secondary outcomes

empty

Intervention groups**1****Description**

Intervention group: The prayer will be performed for 4 weeks (three times a week) after the Maghreb and Esha prayers for 30 minutes in the selected mosque.

Category

Treatment - Drugs

2**Description**

Control group: They will not get any intervention

Category

N/A

Recruitment centers**1****Recruitment center****Name of recruitment center**

Selected clinics of Kashan shahid beheshti hospital

Full name of responsible person

Neda Mirbagher

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Ravand street, Shahid Beheshti Hospital

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kashan University of Medical Sciences

Full name of responsible person

Hamid Reza Banafsheh

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salam_20012003@yahoo.co.uk

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kashan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Kashan University of Medical Sciences

Full name of responsible person

Neda Mirbagher

Position

Associate

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Not applicable

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Not applicable

Analytic Code

Not applicable

Data Dictionary

Not applicable