

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 May 2026

Comparison of Oral Misoprostol Tablets and Oxytocin for the Induction of Labor in Preterm Premature Rupture of Membranes

Protocol summary

Study aim

Comparison of the efficacy of oral Misoprostol and Oxytocin during induction in pregnant women with premature rupture of fetal membranes at 28 to 37 weeks gestation

Design

Initially, a preliminary cervical examination and a Bishop score and a history taking will be done. The lubricating gel will not be made during the preparation of the article. After definitive diagnosis of splenic rupture in speculum examination or positive fron test, patients are randomly using a random number table divided into two groups to induce labor.

Settings and conduct

Pregnant women will be NPOs at births and receive a CCR of 120 CC / h. The case group will be given 50 micrograms of misoprostol orally. In the control group, oral placebo and intravenous oxytocin in ringer serum will be started. In both groups, accurate and continuous monitoring of fetal heart rate and uterine contractions and progression of labor will be performed. , Pregnant will undergo cesarean section. Failure to respond to induction will result in cases where the Bishop score changes to less than five despite 6 hours of favorable contractions.

Participants/Inclusion and exclusion criteria

Pregnant mothers who have ruptured premature of membrane between 28 and 37 weeks of gestation

Intervention groups

In the intervention group 50mg misoprostol will be given orally every 4 hours up to a maximum of 6 doses. In the control group, oral placebo and intravenous oxytocin in ringer serum will be started at a dose of 2 mlu / min and 2 mlu / min every 10 minutes up to a maximum of 40 mlu / min.

Main outcome variables

Induction of labor

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20191104045333N1**

Registration date: **2020-04-19, 1399/01/31**

Registration timing: **registered_while_recruiting**

Last update: **2020-04-19, 1399/01/31**

Update count: **0**

Registration date

2020-04-19, 1399/01/31

Registrant information

Name

Sepideh Besharati

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 2222 0980

Email address

sepideh_besharati@sbmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2020-02-20, 1398/12/01

Expected recruitment end date

2020-06-20, 1399/03/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparison of Oral Misoprostol Tablets and Oxytocin for the Induction of Labor in Preterm Premature Rupture of Membranes

Public title

Preterm Labor and Mizoprostol

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

□ Definite diagnosis of rupture of membrane on examination with speculum or positive frenne test □ Gestational age between 28 and 37 weeks One Pregnancy Cephalic presentation □ Bishop score ≤5

Exclusion criteria:

Fetal Heart Rate disorder Cesarean section history Placenta Previa Active cardiovascular disease, asthma, glaucoma

Age

From **18 years** old to **50 years** old

Gender

Female

Phase

3

Groups that have been masked

- Participant

Sample size

Target sample size: **76**

Randomization (investigator's opinion)

Randomized

Randomization description

Individuals will be randomly divided into two groups using a random number table.

Blinding (investigator's opinion)

Single blinded

Blinding description

Participants will not be notified of the Mizoprostol or placebo.

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Shahid Beheshti University of Medical Sciences

Street address

Arabi Ave, Daneshjoo Blvd, Velenjak, Tehran, Iran

City

Tehran

Province

Tehran

Postal code

19839-63113

Approval date

2019-08-27, 1398/06/05

Ethics committee reference number

IR.SBMU.MSP.REC.1398.526

Health conditions studied

1

Description of health condition studied

Preterm Premature Rupture of Membranes

ICD-10 code

ICD-10 code description

Primary outcomes

1

Description

Induction of labor until delivery

Timepoint

From induction to delivery

Method of measurement

Information will be recorded in terms of the time interval between the start of induction and delivery.

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: 50 µg oral misoprostol every 4 hours up to a maximum of 6 doses

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Mahdieh hospital

Full name of responsible person

Sepideh Besharati

Street address

Shoush Square - Fadaiyan Eslam St - Glass House Alley - Shahid Rajab Nia St

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Email

mahdiyeh_hospital@sbmu.ac.ir

Sponsors / Funding sources

1

Sponsor**Name of organization / entity**

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Tayebeh jahed

Street address

Arabi Ave, Daneshjoo Blvd, Velenjak,

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Email

tayebeh.jahed@yahoo.com

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Shahid Beheshti University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries

Contact**Name of organization / entity**

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Sepideh Besharati

Position

MD

Latest degree

Medical doctor

Other areas of specialty/work

Gynecology and Obstetrics

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Person responsible for scientific inquiries

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Person responsible for updating data

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available