

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Jun 2026

Quality of life in asthmatic children before and after peak-flow-meter usage

Protocol summary

Summary

The aim of this study was to evaluate the effect of peak flow meter usage on quality of life in asthmatic children. The study population was 80 asthmatic children between 7 to 15 years old. Inclusion criterion was involving in asthma and exclusion criterion was lack of previous peak flow meter usage. The intervention was using (blowing into) peak flow meter device, 3 times a day for 3 months and its outcomes (primary) were activity limitation, symptoms and motivation functions. Finally, upon these primary outcomes, secondary outcome, quality of life, in asthmatic children, was measured.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT138903244163N1**
Registration date: **2010-06-14, 1389/03/24**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2010-06-14, 1389/03/24

Registrant information

Name

Iman Ghaffarpasand

Name of organization / entity

Kashan University of Medical Science

Country

Iran (Islamic Republic of)

Phone

+98 36 1555 1991

Email address

i_ghaffarpasand@kaums.ac.ir

Recruitment status

Recruitment complete

Funding source

Kashan University of Medical Sciences and Health Services

Expected recruitment start date

2009-03-21, 1388/01/01

Expected recruitment end date

2010-01-08, 1388/10/18

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Quality of life in asthmatic children before and after peak-flow-meter usage

Public title

Quality of life in asthmatic children

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria: Presence of asthma Exclusion criteria: Lack of past peak-flow-meter usage

Age

From **7 years** old to **15 years** old

Gender

Both

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: **80**

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Kashan University of Medical Sciences and Health
Services Ethics Committee

Street address

Ghotb-e-Ravandi Street

City

Kashan

Postal code

8754987111

Approval date

2008-12-02, 1387/09/12

Ethics committee reference number

265-263

Health conditions studied

1

Description of health condition studied

Asthma

ICD-10 code

J45.9

ICD-10 code description

Asthma, unspecified

Primary outcomes

1

Description

Activity limitation

Timepoint

3 months

Method of measurement

Questionnaire

2

Description

Symptoms

Timepoint

3 months

Method of measurement

Questionnaire

3

Description

Motivation functions

Timepoint

3 months

Method of measurement

Questionnaire

Secondary outcomes

1

Description

Quality of life

Timepoint

3 months

Method of measurement

Questionnaire

Intervention groups

1

Description

Using peakflowmeter device (blowing in) 3 times a day
for 3 months

Category

Diagnosis

Recruitment centers

1

Recruitment center

Name of recruitment center

Asthma and Allergy Clinic - Shahid Beheshti Hospital

Full name of responsible person

Dr Marzieh Heidarzade

Street address

Ghotb-e-Ravandi Street

City

Kashan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Vice-chancellor for Research, Kashan University of
Medical Sciences and Health Services

Full name of responsible person

Gholam ali Hamidi, PhD

Street address

Ghotb-e-Ravandi Street

City

Kashan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Vice-chancellor for Research, Kashan University of
Medical Sciences and Health Services

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Kashan University of Medical Sciences and Health
Services

Full name of responsible person

Iman Ghaffarpasand

Position

Student of medicine

Other areas of specialty/work

Street address

Ghotb-e-Ravandi Street

City

Kashan

Postal code

8754987111

Phone

+98 36 1555 0026

Fax

+98 36 1557 5057

Email

Ghaffarpasand@yahoo.com

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Kashan University of Medical Sciences and Health
Services

Full name of responsible person

Marzieh Heidarzadeh

Position

Assistant Professor in pediatric immunology and
allergy

Other areas of specialty/work

Street address

Shahid Beheshti hospital

City

Kashan

Postal code

8754987111

Phone

+98 36 1555 0026

Fax

+98 36 1557 5057

Email

M_heidarzade@kaums.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Student research committee

Full name of responsible person

Iman Ghaffarpasand

Position

Student of Medicine

Other areas of specialty/work

Street address

Shahid Beheshti hospital

City

Kashan

Postal code

8754987111

Phone

+98 36 1555 2999

Fax

+98 36 1557 5057

Email

ghaffarpasand@yahoo.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty