

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

26 May 2026

### A comparative study of misoprostol and evening primrose for cervical ripening before gynecologic procedures

#### Protocol summary

##### Study aim

A comparative study of misoprostol and evening primrose for cervical ripening before gynecologic procedures

##### Design

Clinical trial with parallel control group, double blind, randomized, Control with placebo, single center trial, Sample size 40 people.

##### Settings and conduct

Semnan Amiralmomenin Hospital. Two hours before the start of the procedure, one group is evening primrose (4 capsules) of mud and the other group is given misoprostol. Then patients will be expected to undergo gynecological surgery.

##### Participants/Inclusion and exclusion criteria

Pre-menopausal and post-menopausal women undergoing gynecologic surgery. Inclusion criteria: Women 25 to 75 years old; Candidate for gynecology surgery. Exclusion criteria: Heart disease, Liver, Asthma, Seizure; Infection; Bleeding Disorders; Taking anticoagulants.

##### Intervention groups

Intervention group: According to the protocol, they will receive evening primrose (4 capsules) vaginally 2 hours before surgery. Intervention group: According to the protocol, one tablet of misoprostol will be given intravenously 2 hours before surgery.

##### Main outcome variables

The rate of cervical opening.

#### General information

##### Reason for update

Hi The exact date was sampled corrected. Thanks

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20151228025732N50**

Registration date: **2020-02-08, 1398/11/19**

Registration timing: **prospective**

Last update: **2022-05-24, 1401/03/03**

Update count: **1**

##### Registration date

2020-02-08, 1398/11/19

##### Registrant information

###### Name

Alireza Emadi

###### Name of organization / entity

Semnan University of Medical Sciences, Semnan, Iran

###### Country

Iran (Islamic Republic of)

###### Phone

+98 23 3345 1336

###### Email address

are20935@semums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2020-03-01, 1398/12/11

##### Expected recruitment end date

2021-01-23, 1399/11/04

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

A comparative study of misoprostol and evening primrose for cervical ripening before gynecologic procedures

##### Public title

A comparative study of misoprostol and evening primrose for cervical ripening before gynecologic procedures

##### Purpose

Treatment

IR.SEMUMS.REC.1398.156

## **Inclusion/Exclusion criteria**

### **Inclusion criteria:**

Women 25 to 75 years old Candidate for gynecology surgery

### **Exclusion criteria:**

Heart disease, Liver, Asthma, Seizure Infection Bleeding Disorders Taking anticoagulants

## **Age**

From **25 years** old to **75 years** old

## **Gender**

Female

## **Phase**

N/A

## **Groups that have been masked**

- Participant
- Care provider

## **Sample size**

Target sample size: **40**

## **Randomization (investigator's opinion)**

Randomized

## **Randomization description**

Block randomization; Individual; Random Number Tables. Randomized permutation blocks (block 4). Using Excel software to generate random number tables.

## **Blinding (investigator's opinion)**

Double blinded

## **Blinding description**

Participants and clinical caregivers are unaware of the type of medication used in each group.

## **Placebo**

Used

## **Assignment**

Parallel

## **Other design features**

## **Secondary Ids**

empty

## **Ethics committees**

### **1**

#### **Ethics committee**

##### **Name of ethics committee**

Ethics committee of Semnan University of Medical Sciences

##### **Street address**

Semnan University of Medical Sciences, Basij Blvd, Semnan

##### **City**

Semnan

##### **Province**

Semnan

##### **Postal code**

3514799442

#### **Approval date**

2019-10-22, 1398/07/30

#### **Ethics committee reference number**

## **Health conditions studied**

### **1**

#### **Description of health condition studied**

gynecologic

#### **ICD-10 code**

Z01.4

#### **ICD-10 code description**

Encounter for gynecological examination

## **Primary outcomes**

### **1**

#### **Description**

The rate of cervical opening

#### **Timepoint**

Before and after intervention

#### **Method of measurement**

Sonography

## **Secondary outcomes**

empty

## **Intervention groups**

### **1**

#### **Description**

Intervention group: According to the protocol, they will receive evening primrose (4 capsules) vaginally 2 hours before surgery.

#### **Category**

Treatment - Drugs

### **2**

#### **Description**

Intervention group: According to the protocol, one tablet of misoprostol will be given intravenously 2 hours before surgery.

#### **Category**

Treatment - Drugs

## **Recruitment centers**

### **1**

#### **Recruitment center**

##### **Name of recruitment center**

Semnan University of Medical Sciences

##### **Full name of responsible person**

Nahid Rahbar

##### **Street address**

Amir Al-Momenin Hospital, Mostafa Khomeini Blvd

##### **City**

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are20935@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**  
Semnan University of Medical Sciences  
**Full name of responsible person**  
Parviz Kokhaei  
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P\_kokha@yahoo.com  
**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Semnan University of Medical Sciences  
**Proportion provided by this source**  
100  
**Public or private sector**  
Public  
**Domestic or foreign origin**  
Domestic  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
Academic

## Person responsible for general inquiries

#### Contact

**Name of organization / entity**  
Semnan University of Medical Sciences  
**Full name of responsible person**  
Nahid Rahbar  
**Position**  
Associate professor  
**Latest degree**  
Specialist  
**Other areas of specialty/work**  
Gynecology and Obstetrics

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## Person responsible for scientific inquiries

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## Person responsible for updating data

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to

make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

No - There is not a plan to make this available

**Clinical Study Report**

No - There is not a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

No - There is not a plan to make this available