

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

26 May 2026

### Comparison of the effects of two different doses of Propofol in treatment of delirium in children from 1 to 6 years during recovery from general anesthesia

#### Protocol summary

##### Study aim

Comparison of the effect of two doses of propofol in the treatment of delirium in the recovery of 1-6 years old children under general anesthesia

##### Design

A clinical trial with two intervention groups, with parallel groups, double blind, randomized

##### Settings and conduct

This study is a randomized clinical trial based on simple randomized, double-blind randomization which is performed in Imam Hossein Hospital, Isfahan, Iran, from 1396 to 1397.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria include: Children 1 to 6 years old, candidate for general anesthesia. Exclusion criteria include: any child psychiatric problems

##### Intervention groups

Patients were separated from their parents after being treated with 0.01 mg / kg of midazolam plus 1 mg / kg of ketamine and taken to the operating room. Fentanyl and 0.5 mg / kg of atracurium are administered and then patients are anesthetized with a dose of 200 mg / kg propofol plus 50% oxygen. After the end of surgery and extubation, patients were recovered and pain scores were recorded every 5 minutes according to FLACC criteria, and fentanyl 1 mg / kg was administered if the score was equal to or greater than 3. Delirium scores are recorded in children every 5 minutes based on the Delirium Immediate Measurement Scale, counting as or greater than 10 as emergency delirium, and in the first group treated with propofol at a dose of 1 mg / kg. The second group is treated with propofol at a dose of 1 mg / kg. Repeat dose if needed

##### Main outcome variables

The score of delirium based on Rapid Delirium Scale in children

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200119046193N1**

Registration date: **2020-03-06, 1398/12/16**

Registration timing: **registered\_while\_recruiting**

Last update: **2020-03-06, 1398/12/16**

Update count: **0**

##### Registration date

2020-03-06, 1398/12/16

##### Registrant information

##### Name

kimia golkar

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 31 3668 8817

##### Email address

kimiagol72@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2020-02-09, 1398/11/20

##### Expected recruitment end date

2020-05-19, 1399/02/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

## Scientific title

Comparison of the effects of two different doses of Propofol in treatment of delirium in children from 1 to 6 years during recovery from general anesthesia

## Public title

Effect of Propofol in treatment of Delirium

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

Children between 1 to 6 years candidated for general Anesthesia

### Exclusion criteria:

Any Psychiatric problems Including ADHD and Depression and other behavioral disorders in children

## Age

From **1 year** old to **6 years** old

## Gender

Both

## Phase

3

## Groups that have been masked

- Participant
- Care provider
- Outcome assessor

## Sample size

Target sample size: **70**

## Randomization (investigator's opinion)

Randomized

## Randomization description

Random Allocation ,the patients are divided into two groups including 35.

## Blinding (investigator's opinion)

Double blinded

## Blinding description

Medicines are Delivered and Coded in two doses by the Researcher and the Anesthesiologist dose not know the groups

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committe of Isfahan University Medical Science

##### Street address

Building No.4, Isfahan University of Medical Sciences, Hezar jerib Ave

##### City

Esfahan

## Province

Isfahan

## Postal code

8174673461

## Approval date

2017-12-06, 1396/09/15

## Ethics committee reference number

IR.MUI.REC.1396.3.664

## Health conditions studied

### 1

#### Description of health condition studied

Delirium

#### ICD-10 code

F05

#### ICD-10 code description

Delirium due to known physiological condition

## Primary outcomes

### 1

#### Description

Delirium score

#### Timepoint

Every 5 minutes in recovery

#### Method of measurement

The Pediatric Anesthesia Emergence Delirium Scale (PAED)

### 2

#### Description

Sedatin score

#### Timepoint

Every 5 minutes in recovery

#### Method of measurement

The University of Michigan Sedation Scale

### 3

#### Description

Length of Stay at the Recovery Room

#### Timepoint

Every 5 minutes in recovery

#### Method of measurement

Modified Aldrete Score

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group 1: By random sampling, patients will be divided into two groups of 35 people. Patients were separated from their parents after being treated with

0.01 mg / kg of midazolam plus 1 mg / kg of ketamine and taken to the operating room. Fentanyl and 0.5 mg / kg of atracurium are administered and then patients are anesthetized with a dose of 200 mg / kg propofol plus 50% oxygen. After the end of surgery and extubation, patients were recovered and pain scores were recorded every 5 minutes according to FLACC criteria, and fentanyl 1 mg / kg was administered if the score was equal to or greater than 3. The delirium score is recorded according to the pediatric emergency delirium criteria every 5 minutes after anesthesia, scores equal to or greater than 10 as emergency delirium, and in the first group treated with propofol at a dose of 1 mg / kg. we give. Repeat dose if needed.

#### Category

Treatment - Drugs

### 2

#### Description

Intervention group 2: Similar to the first group except that the group is treated with propofol at a dose of 1 mg / kg and repeated as needed.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Emam hossein hospital

##### Full name of responsible person

Amir Shafa

##### Street address

Emam khomeini Ave, Km 10

##### City

Esfahan

##### Province

Isfahan

##### Postal code

815163381

##### Phone

+98 31 3386 6566

##### Email

emamhossein\_hospital@mui.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Esfahan University of Medical Sciences

##### Full name of responsible person

Shaghayegh haghjoo javanmard

##### Street address

Hezarjarib Ave

##### City

Esfahan

##### Province

Isfahan

##### Postal code

7346181746

##### Phone

+98 31 3792 9017

##### Email

sh\_haghjoo@med.mui.ac.ir

##### Grant name

##### Grant code / Reference number

##### Is the source of funding the same sponsor organization/entity?

Yes

##### Title of funding source

Esfahan University of Medical Sciences

##### Proportion provided by this source

100

##### Public or private sector

Public

##### Domestic or foreign origin

Domestic

##### Category of foreign source of funding

empty

##### Country of origin

##### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Esfahan University of Medical Sciences

##### Full name of responsible person

Amir Shafa

##### Position

Assistant professor

##### Latest degree

Specialist

##### Other areas of specialty/work

Anesthesiology

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## Person responsible for scientific inquiries

#### Contact

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Esfahan University of Medical Sciences

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Assistant professor

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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Yes - There is a plan to make this available

### Title and more details about the data/document

information of participants and results of the study

### When the data will become available and for how long

1 year after publish of the letter

### To whom data/document is available

all of the researchers that are interested to have access to these information

### Under which criteria data/document could be used

by sending request

### From where data/document is obtainable

the projects admin

### What processes are involved for a request to access data/document

by email

### Comments

## Person responsible for updating data

### Contact

**Name of organization / entity**  
Esfahan University of Medical Sciences  
**Full name of responsible person**  
Amir Shafa  
**Position**  
Assistant professor  
**Latest degree**  
Specialist  
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