

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

30 May 2026

### Placental Mesenchymal Stem cells for treatment of ARDS in Coronavirus infection, Phase 1 and 2 Clinical Trials

#### Protocol summary

##### Study aim

The main objective is to investigate the safety and efficacy of cell therapy in patients with ARDS caused by Coronavirus pneumonia as an open-labeled randomized clinical trial.

##### Design

A controlled randomized clinical trial phase 1-2

##### Settings and conduct

The study will be conducted at Masih Daneshvari Hospital and Shariati Hospital. Participants, outcome assessors, and analyzers are unaware of the allocation of study groups.

##### Participants/Inclusion and exclusion criteria

Patients aged 18 to 65 years are included in the study with a definitive diagnosis of COVID-19, which subsequently develops acute respiratory distress syndrome (mild or moderate). COVID-19 patients with severe underlying disease or allergies to the cell or its associated compounds are not included in the study.

##### Intervention groups

The patients allocated randomly to two groups: 1) Intervention 1, Patients will receive three doses of MSCs. 2) Control, Patients will receive conventional therapy.

##### Main outcome variables

Safety ; Blood oxygen saturation; Decreased severity of pneumonia; Improvement of the acute respiratory syndrome

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200413047063N1**

Registration date: **2020-05-04, 1399/02/15**

Registration timing: **registered\_while\_recruiting**

Last update: **2020-05-04, 1399/02/15**

Update count: **0**

##### Registration date

2020-05-04, 1399/02/15

##### Registrant information

###### Name

Masoud Soleimani

###### Name of organization / entity

Tarbiat Modares University

###### Country

Iran (Islamic Republic of)

###### Phone

+98 21 8288 4508

###### Email address

soleimani.masoud@gmail.com

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2020-03-20, 1399/01/01

##### Expected recruitment end date

2020-06-09, 1399/03/20

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Placental Mesenchymal Stem cells for treatment of ARDS in Coronavirus infection, Phase 1 and 2 Clinical Trials

##### Public title

Placental Mesenchymal Stem Cell Therapy for Acute Respiratory Distress Syndrome in Coronavirus Infection: A Phase 1-2 Clinical Trial

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

**Inclusion criteria:**

Confirmation of 2019-nCoV infection by RT-PCR  
 Diagnosis of ARDS according to the Berlin definition of ARDS Requiring supplemental oxygen, PaO<sub>2</sub>/oxygen absorption concentration (FiO<sub>2</sub>) ≤ 300MMHG Pulmonary imaging shows that the focused progress > 50% in 24-48 hours Mild to Moderate 2019-nCoV pneumonia/ stay in the ICU <48 hours SOFA score between 2-3 point Pneumonia that is judged by chest radiograph or CT

**Exclusion criteria:**

Severe allergies or allergies after 1st injection to stem cell preparations and their components Patients with a malignant tumor, other serious systemic diseases, and psychosis Co-Infection of HIV, tuberculosis, influenza virus, adenovirus and other respiratory infection virus Patients with previous history of pulmonary embolism Liver or kidney SOFA score of more than 3 points; combined with other organ failure (need organ support), Stage 4 severe chronic kidney disease or requiring dialysis (i.e. estimated glomerular filtration rate (eGFR) < 30) Pulmonary obstructive pneumonia, severe pulmonary interstitial fibrosis, alveolar proteinosis, allergic alveolitis, and other known viral pneumonia or bacterial pneumonia Continuous use of immunosuppressive agents or organ transplants in the past 6 months In vitro life support (ECMO, ECCO2R, RRT) Pregnant or lactating women Uncontrolled underlying disease Be thought by researchers to be inappropriate to participate in this clinical study (Expected deaths within 48 hours, uncontrolled infections)

**Age**

From **18 years** old to **65 years** old

**Gender**

Both

**Phase**

1-2

**Groups that have been masked**

*No information*

**Sample size**

Target sample size: **20**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Participants were randomly divided into two equal groups using a randomized double AB blocking method based on a random number table.

**Blinding (investigator's opinion)**

Not blinded

**Blinding description****Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Tehran University of Medical Sciences

**Street address**

Keshavarz Blvd- Qods , TUMS

**City**

Tehran

**Province**

Tehran

**Postal code**

1417653911

**Approval date**

2020-03-19, 1398/12/29

**Ethics committee reference number**

IR.TUMS.VCR.REC.1399.009

**Health conditions studied****1****Description of health condition studied**

Acute Respiratory Distress Syndrome of COVID-19

**ICD-10 code**

U07.1

**ICD-10 code description**

COVID-19

**Primary outcomes****1****Description**

Adverse events assesment

**Timepoint**

At the same time of each intervention, 24 hours after each intervention, on days 6, 7, 14 and 28 after the first intervention

**Method of measurement**

Number of participants with treatment-related adverse events as assessed by CTCAE v4.0

**2****Description**

Blood oxygen saturation

**Timepoint**

At Baseline, simultaneously with each intervention and on days 5, 6, 7, 14 after the first intervention

**Method of measurement**

Evaluation of Pneumonia Improvement

**Secondary outcomes****1****Description**

Biomarkers concentrations in plasma

**Timepoint**

At baseline, 7, 14, 28 days after the first intervention

## Method of measurement

Biochemical examination

## 2

### Description

Respiratory efficacy

### Timepoint

From baseline to day 7

### Method of measurement

Evaluated by the increase in PaO<sub>2</sub>/FiO<sub>2</sub> ratio

## 3

### Description

Intensive care unit-free days

### Timepoint

Up to day 8

### Method of measurement

Number of day

## 4

### Description

Change in clinical symptoms

### Timepoint

At Baseline, simultaneously with each intervention and on days 5, 6, 7, 14 after the first intervention

### Method of measurement

Evaluation of Pneumonia Improvement

## Intervention groups

## 1

### Description

Intervention group: Intervention group: The intervention group 1, Patients will receive three doses of MSCs. Two doses of 100×10<sup>6</sup> (±10%) cells will intravenously infuse as a normally dropped single dose over 10-12 minutes at the infusion speed of 4-5 mL/minute in day 0 and day 2 and day 4.

### Category

Treatment - Other

## 2

### Description

Control group: Patients will receive conventional therapy

### Category

Treatment - Other

## Recruitment centers

## 1

### Recruitment center

#### Name of recruitment center

Shariati Hospital

#### Full name of responsible person

Mohammad Alian Nejad

#### Street address

Shariati Hospital., Jalal-e-Al-e-Ahmad Hwy

#### City

Tehran

#### Province

Tehran

#### Postal code

1411713135

#### Phone

+98 21 8490 1000

#### Email

Shariatihosp@tums.ac.ir

## 2

### Recruitment center

#### Name of recruitment center

Masih Daneshvari Hospital

#### Full name of responsible person

Mohammad Reza Hashemian

#### Street address

Masih Daneshvari Hospital., Darabad Avenue., Shahid Bahonar Avenue

#### City

Tehran

#### Province

Tehran

#### Postal code

1956944413

#### Phone

+98 21 2610 5050

#### Email

smrhashemian@sbmu.ac.ir

## Sponsors / Funding sources

## 1

### Sponsor

#### Name of organization / entity

Execution of Imam Khomeini's Order

#### Full name of responsible person

Mohammad Mokhber

#### Street address

Khaled Eslambuli Ave., 17 alley

#### City

Tehran

#### Province

Tehran

#### Postal code

1411533123

#### Phone

+98 21 8872 5923

#### Email

info@setad.ir

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Execution of Imam Khomeini's Order

#### Proportion provided by this source

40

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Other

**2**

**Sponsor**

**Name of organization / entity**

National Institute for Medical Research Development

**Full name of responsible person**

Reza Malekzadeh

**Street address**

No 21, Besat Street., Western Fatimid Street

**City**

Tehran

**Province**

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**Postal code**

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**Phone**

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**Email**

dr.reza.malekzadeh@gmail.com

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

National Institute for Medical Research Development

**Proportion provided by this source**

20

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Academic

**3**

**Sponsor**

**Name of organization / entity**

Oghaf Organization and charity

**Full name of responsible person**

Sayed Mahdi Khamooshi

**Street address**

Nofel Loshato St

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**Province**

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**Postal code**

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**Phone**

+98 21 6897 0000

**Email**

info@oghaf.ir

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Oghaf Organization and charity

**Proportion provided by this source**

40

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Other

**4**

**Sponsor**

**Name of organization / entity**

Opal Parsian Company

**Full name of responsible person**

Mohamad Azimi

**Street address**

No. 12, 29 Ave, Alvand st.,

**City**

Tehran

**Province**

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**Phone**

+98 21 8608 4871

**Email**

info@amencapital.co

**Grant name**

**Grant code / Reference number**

**Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Opal Parsian Company

**Proportion provided by this source**

40

**Public or private sector**

Private

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin**

**Type of organization providing the funding**

Industry

## Person responsible for general inquiries

### Contact

**Name of organization / entity**

Tarbiat Modares University

**Full name of responsible person**

Masoud Soleimani

**Position**

professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Hematology

**Street address**

Jalal - al- Ahmad-Chamran High way

**City**

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**Province**

Tehran

**Postal code**

1415533122

**Phone**

+98 21 8288 0000

**Email**

soleim\_m@modares.ac.ir

## Person responsible for scientific inquiries

### Contact

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Mohammad Vasei

**Position**

Professor

**Latest degree**

Subspecialist

**Other areas of specialty/work**

Pathology

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**City**

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**Email**

mvasei@tums.ac.ir

## Person responsible for updating data

### Contact

**Name of organization / entity**

Tarbiat Modares University

**Full name of responsible person**

Masoud Soleimani

**Position**

Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Hematology

**Street address**

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Tehran

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**Phone**

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**Email**

soleim\_m@modares.ac.ir

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available

**Title and more details about the data/document**

All collected deidentified IPD can be shared

**When the data will become available and for how long**

6 months after publication

**To whom data/document is available**

Researchers and clinicians

**Under which criteria data/document could be used**

Planning of similar studies in other academic centers

**From where data/document is obtainable**

e-Mail

**What processes are involved for a request to access data/document**

1-2 months after request

**Comments**