

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Aug 2026

The effect of Basil (*Ocimum basilicum* L.) Oil on Severity of Low back pain of patients after coronary angioplasty

Protocol summary

Study aim

Determining the effect of basil oil on the severity of low back pain in patients after coronary artery angioplasty

Design

The third phase of the clinical trial with a control group with parallel group design, which will be implemented by random allocation method with blocks classified by sex and age (25 to 44 years and 45 to 64 years) with the 64 sample.

Settings and conduct

This study will be performed in the angioplasty department of Al-Zahra Hospital in Sari city.

Participants/Inclusion and exclusion criteria

Inclusion criteria: Non-emergency angioplasty candidate through femoral, Age between 25 and 64 years, Body mass index between 25-29/9, No known previous history of skin allergies, Lack of low back pain before angioplasty, Get a pain score of at least 3 after three hours of angioplasty with visual Analogue Scale Exclusion criteria: Receiving analgesic for any reason during the intervention, Occurrence of active hemorrhage during angioplasty

Intervention groups

Intervention group: A number of patients eligible to enter the study. Control group: A number of patients eligible to enter the study equal to the intervention group, which will be determined based on the Pilot study. The intervention, involves the use of two milliliters of the Basil oil made by Arterina company, will be poured to the 10 by 10 centimeter sterile gas and fix to the lumbar region with a glue. For the control group, two milliliters of Lubricant gel, is poured on a piece of 10 by 10 centimeter sterile gauze and fix to the lumbar region with a glue.

Main outcome variables

Low back pain

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20140721018550N9**

Registration date: **2020-05-10, 1399/02/21**

Registration timing: **prospective**

Last update: **2020-05-10, 1399/02/21**

Update count: **0**

Registration date

2020-05-10, 1399/02/21

Registrant information

Name

Nayyereh Raiesdana

Name of organization / entity

Semnan University of Medical Sciences

Country

Iran (Islamic Republic of)

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+98 23 3345 3867

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2020-06-21, 1399/04/01

Expected recruitment end date

2020-10-22, 1399/08/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of Basil (Ocimum basilicum L.) Oil on Severity of Low back pain of patients after coronary angioplasty

Public title

The effect of Basil Oil on Severity of Low back pain

Purpose

Supportive

Inclusion/Exclusion criteria

Inclusion criteria:

Non-emergency angioplasty candidate through femoral
Age between 25 and 64 years
Body mass index between 25-29/9
No known previous history of skin allergies
Lack of low back pain before angioplasty
Get a Low back pain score of at least 3 after three hours of angioplasty with visual Analogue Scale

Exclusion criteria:

Receive analgesic for any reason during the intervention
Occurrence of active hemorrhage during angioplasty

Age

From **25 years** old to **64 years** old

Gender

Both

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **64**

Randomization (investigator's opinion)

Randomized

Randomization description

We first assign four subgroups (stratum): 1 - Women 25 to 44 years 2 - Men 25 to 44 years 3 - Women 45 to 64 years 4 - Men 45 to 64 years old Each patient enrolled in the study is placed in one of these four groups. Then, using the randomized random list for each stratum (4 predefined lists), that person is in the intervention group A or control B. To create the desired list of 6 possible blocks, we assign quadrants to each numerical block (from I to VI): According to the random numbers table, numbers 1 through 6 correspond to the above blocks and do not count numbers 7 to 9 and 0. Random numbers are generated with Excel. Then the assignment list (from left to right) is determined for each stratum.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Semnan University of Medical Sciences

Street address

Nursing and Midwifery college, Semnan University of Medical Sciences, Kilometer5 Damghan road, Semnan, Iran

City

Semnan

Province

Semnan

Postal code

3513138111

Approval date

2020-03-10, 1398/12/20

Ethics committee reference number

IR.SEMUMS.REC.1399.012

Health conditions studied

1

Description of health condition studied

Low back pain after Coronary angioplasty

ICD-10 code

M54.5

ICD-10 code description

Low back Pain

Primary outcomes

1

Description

Low back pain

Timepoint

Three hour after angioplasty and 3 and 6 hour after intervention

Method of measurement

Visual analogue Scale(VAS)

Secondary outcomes

1

Description

Blood pressure

Timepoint

Three hours after angioplasty and three and six hour after intervention

Method of measurement

Digital Sphygmomanometer

2

Description

Pulse Rate

Timepoint

Three hours after angioplasty and three and six hour

after intervention
Method of measurement
Saadat Monitoring

Intervention groups

1

Description

Intervention group: At first, the demographic information questionnaire is completed and then the low back pain is measured with a pain visual analogue scale, and their blood pressure and pulse rate are measured and recorded with the same digital device in the supine position. After that, two milliliters of basil oil is poured on a piece of gas and glued with a wicker glue in the lumbar region. Then, at intervals of 3 and 6 hours after the intervention, the severity of low back pain is measured with a pain visual analogue scale and blood pressure and pulse rate in both stages from the same arm and in the supine position measured and recorded.

Category
Other

2

Description

Control group: At first, the demographic information questionnaire is completed and then the low back pain is measured with a pain visual analogue scale, and their blood pressure and pulse rate are measured and recorded with the same digital device in the supine position. After that, two milliliters of lubricant gel is poured on a piece of gas and glued with a wicker glue in the lumbar region. Then, at intervals of 3 and 6 hours after the intervention, the severity of low back pain is measured with a pain visual analogue scale and blood pressure and pulse rate in both stages from the same arm and in the supine position measured and recorded.

Category
Other

Recruitment centers

1

Recruitment center

Name of recruitment center
Fatemeh Al-Zahra hospital affiliated to Mazandaran University of Medical sciences
Full name of responsible person
Dr. Abol ghasem Falah
Street address
Iran, Mazandaran, Sari, Artesh Boulevard, Fatemeh Al-Zahra hospital
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hazratfatemeh-sh@mazums.ac.ir

Web page address

Sponsors / Funding sources

1

Sponsor

Name of organization / entity
Semnan University of Medical Sciences
Full name of responsible person
Parviz Kokhaei
Street address
Semnan - Semnan University of Medical Sciences- Deputy Minister for Research and Technology
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kokhaei@semums.ac.ir

Grant name
Grant code / Reference number
Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Semnan University of Medical Sciences
Proportion provided by this source
100

Public or private sector
Public
Domestic or foreign origin
Domestic
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Semnan University of Medical Sciences
Full name of responsible person
Nayyereh Raiesdana
Position
Faculty member (Assistant professor)
Latest degree
Ph.D.
Other areas of specialty/work
Nursery
Street address

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Person responsible for scientific inquiries

Contact

Name of organization / entity

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Position

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Latest degree

Ph.D.

Other areas of specialty/work

Nursery

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Person responsible for updating data

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Position

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

There is no additional data.

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to
make this available

Analytic Code

Not applicable

Data Dictionary

Not applicable