

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

19 Jun 2026

### Investigation of the effects of COVID-19 convalescent plasma in acute respiratory distress syndrome due to COVID-19

#### Protocol summary

##### Study aim

Determination of the effects of COVID-19 convalescent plasma in acute respiratory distress syndrome due to COVID-19

##### Design

Present study is randomized, parallel, clinical trial.

##### Settings and conduct

the present study will be done in hospitalized COVID-19 patients at Urmia University of Medical Sciences hospitals. patients divided into 3 groups that will receive standard treatment and 2 of them will receive different doses of convalescent plasma.

##### Participants/Inclusion and exclusion criteria

1-Positive PCR test 2-dyspnea 3-respiratory frequency  $\geq$  30/min 4-blood oxygen saturation  $\leq$  93% 5-the partial pressure of arterial oxygen to fraction of inspired oxygen ratio  $<$  300 6-lung infiltrates  $>$  50% within 24 to 48 hours 7- The life-threatening disease is defined as respiratory failure

##### Intervention groups

1-control group: standard treatment 2-first interventional group: 2-5 cc/kg convalescent plasma (days 1,3,5) 3-second interventional group: 8-10 cc/kg convalescent plasma (day 1)

##### Main outcome variables

hospitalization time, ICU admission time, mechanical ventilation time, survival rate.

#### General information

##### Reason for update

##### Acronym

COVID-19

##### IRCT registration information

IRCT registration number: **IRCT20200501047258N1**

Registration date: **2020-05-04, 1399/02/15**

Registration timing: **registered\_while\_recruiting**

Last update: **2020-05-04, 1399/02/15**

Update count: **0**

##### Registration date

2020-05-04, 1399/02/15

##### Registrant information

###### Name

Rahim Asghari

###### Name of organization / entity

###### Country

Iran (Islamic Republic of)

###### Phone

+98 44 3345 7286

###### Email address

asghari.r@umsu.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2020-05-04, 1399/02/15

##### Expected recruitment end date

2021-05-05, 1400/02/15

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

Investigation of the effects of COVID-19 convalescent plasma in acute respiratory distress syndrome due to COVID-19

##### Public title

effects of convalescent plasma in COVID-19

##### Purpose

Treatment

##### Inclusion/Exclusion criteria

**Inclusion criteria:**

Positive PCR test The life-threatening disease is defined as respiratory failure dyspnea respiratory frequency  $\geq$  30/min blood oxygen saturation  $\leq$  93% partial pressure of arterial oxygen to fraction of inspired oxygen ratio  $<$  300 lung infiltrates  $>$  50% within 24 to 48 hours

**Exclusion criteria:**

Pregnancy Hypersensitivity to blood or blood products  
Uncontrolled bacterial infection Disagreement

**Age**

No age limit

**Gender**

Both

**Phase**

2-3

**Groups that have been masked**

No information

**Sample size**

Target sample size: **120**

More than 1 sample in each individual

Number of samples in each individual: **5**

CD4, CD8 Lymphocytes/ IL-6, TNF/ Plt/ Hb/ WBC/

Lymphocytes/ Neutrophils/ BUN/ Cr/ AST/ ALT/ ALP/ Bill (T,D)/ Vitamin D/ D-dimer

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

We use block randomization and according to the study design patients will be divided into two groups (severe and critical). firstly, we will create two separate blocks size equal to 6 (AABBCC). Secondly, we will list all permutation of them and assigned code for each permutation. We will select 10 blocks using a simple random method for two study groups (severe and critical).

**Blinding (investigator's opinion)**

Not blinded

**Blinding description**

**Placebo**

Not used

**Assignment**

Parallel

**Other design features**

**Secondary Ids**

empty

**Ethics committees**

**1**

**Ethics committee**

**Name of ethics committee**

Urmia University of Medical Sciences

**Street address**

Resalat Street, UMSU.

**City**

Urmia

**Province**

West Azarbaijan

**Postal code**

57147-83734

**Approval date**

2020-04-26, 1399/02/07

**Ethics committee reference number**

IR.UMSU.REC.1399.030

**Health conditions studied**

**1**

**Description of health condition studied**

COVID-19

**ICD-10 code**

U07.1

**ICD-10 code description**

COVID-19

**Primary outcomes**

**1**

**Description**

Hospitalization time

**Timepoint**

0, 1, 3, 7, 14 days

**Method of measurement**

check list

**2**

**Description**

ICU admission time

**Timepoint**

0, 1, 3, 7, 14 days

**Method of measurement**

check list

**3**

**Description**

mechanical ventilation time

**Timepoint**

0, 1, 3, 7, 14 days

**Method of measurement**

check list

**4**

**Description**

survival rate

**Timepoint**

0, 1, 3, 7, 14 days

**Method of measurement**

check list

**Secondary outcomes**

**1**

**Description**

CT scan

**Timepoint**

0- 1- 3- 7- 14 days

**Method of measurement**

CT scan

**2****Description**

serological tests

**Timepoint**

0- 1- 3- 7- 14 days

**Method of measurement**

ELISA

**3****Description**

hematological markers

**Timepoint**

0- 1- 3- 7- 14 days

**Method of measurement**

flowcytometry

**4****Description**

clinical findings

**Timepoint**

0- 1- 3- 7- 14 days

**Method of measurement**

check list

**Intervention groups****1****Description**

Intervention group 1: hospitalized patients received convalescent plasma with 2-5 cc/kg transfused on 1, 3, 5 days after treatment that treated with the standard national guideline.

**Category**

Treatment - Drugs

**2****Description**

Intervention group 2: hospitalized patients received convalescent plasma with 8-10 cc/kg transfused on 1 day after treatment that treated with the standard national guideline.

**Category**

Treatment - Drugs

**3****Description**

Control group: hospitalized patients treated with the standard national guideline.

**Category**

Treatment - Drugs

**Recruitment centers****1****Recruitment center****Name of recruitment center**

hospitals of UMSU

**Full name of responsible person**

Rahim Asgari

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rahimasghari@gmail.com

**Sponsors / Funding sources****1****Sponsor****Name of organization / entity**

Oroumia University of Medical Sciences

**Full name of responsible person**

Iraj Mohebbi

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**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

No

**Title of funding source**

Urmia University of Medical University

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding***empty***Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
Oroumia University of Medical Sciences  
**Full name of responsible person**  
Rahim Asghari  
**Position**  
Assistant Professor  
**Latest degree**  
Subspecialist  
**Other areas of specialty/work**  
Hematology & medical oncology  
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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

### Contact

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**Position**  
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**Latest degree**  
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## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

### Study Protocol

Yes - There is a plan to make this available

### Statistical Analysis Plan

Yes - There is a plan to make this available

### Informed Consent Form

Yes - There is a plan to make this available

### Clinical Study Report

Yes - There is a plan to make this available

### Analytic Code

Yes - There is a plan to make this available

### Data Dictionary

Not applicable

### Title and more details about the data/document

Aggregate data can be shared.

### When the data will become available and for how long

A year after beginning of study.

### To whom data/document is available

this study only available for people working in academic institutions.

### Under which criteria data/document could be used

take permission from UMSU and research team members.

### From where data/document is obtainable

Resalat st, UMSU

### What processes are involved for a request to access data/document

Contact with UMSU

### Comments