

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 Jun 2026

Evaluation of Convalescent Plasma Therapy for COVID-19 Patients

Protocol summary

Study aim

Evaluation of Convalescent Plasma Therapy for COVID-19 Patients

Design

This study is a randomized clinical trial (RCT) of the prospective applied research type. Two groups of 20 patients with severe disease are included in the study as intervention and control groups. People under the age of 60 will be selected from patients with severe illness. In all respects, the control group includes age, sex, and drug use.

Settings and conduct

200 ml of plasma prepared from the blood bank of improved individuals with the same blood type as the target group is injected intravenously twice into patients in the intervention group who are hospitalized. Patients in the control group are not injected with blood plasma and receive the usual treatment protocol. In the days after treatment, clinical and laboratory symptoms, and the recovery process are compared between the intervention and control groups. Blinding is not predicted in the study.

Participants/Inclusion and exclusion criteria

Inclusion criteria: Patients with severe corona disease and age less than 60 years. Exclusion criteria: having a history of immune and/or other infectious diseases.

Intervention groups

The intervention group is injected with the same blood group twice and 200 ml each time. The control group does not receive plasma. The control group in all respects includes age, sex, drug use, and the group being matched.

Main outcome variables

The patient's age, Clinical protests, Mortality rate, Serological and molecular tests, Duration of hospitalization

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20200503047281N1**

Registration date: **2020-07-25, 1399/05/04**

Registration timing: **prospective**

Last update: **2020-07-25, 1399/05/04**

Update count: **0**

Registration date

2020-07-25, 1399/05/04

Registrant information

Name

Farzaneh Fesahat

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 35 3628 5406

Email address

farzaneh.fesahat@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2020-09-22, 1399/07/01

Expected recruitment end date

2021-01-20, 1399/11/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of Convalescent Plasma Therapy for COVID-19 Patients

Public title

Evaluation of Convalescent Plasma Therapy for COVID-19

Patients

Purpose
Treatment

Inclusion/Exclusion criteria
Inclusion criteria:
age between 20 to 60 years old
Exclusion criteria:
People with a history of other immune, genetic or infectious diseases other than corona Individual suspended but negative for clinical standard covid-19 test

Age
From **20 years** old to **60 years** old

Gender
Both

Phase
0

Groups that have been masked
No information

Sample size
Target sample size: **40**

Randomization (investigator's opinion)
Randomized

Randomization description
Simple randomization is done using a table of random numbers. In this method, all patients who meet the inclusion criteria are assigned a number from the file number and these numbers are randomly placed in the table of numbers. Then 20 numbers without the possibility of replacement as an intervention group and 20 people as the control group will be selected.

Blinding (investigator's opinion)
Not blinded

Blinding description

Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Shahid Sadoughi University of Medical Sciences

Street address

Daneshjoo Blv. reproductive immuology research center, Shadid Sadoughi University ,Yazd,Iran

City

yazd

Province

Yazd

Postal code

8916188635

Approval date

2020-04-12, 1399/01/24

Ethics committee reference number

IR.SSU.REC.1399.001

Health conditions studied

1

Description of health condition studied

COVID-19

ICD-10 code

U07.1

ICD-10 code description

COVID-19

Primary outcomes

1

Description

Percentage of patients discharged from the intensive care unit and hospital

Timepoint

Measurement of all standard clinical signs of the disease before the start of plasma therapy and after the start of each injection of plasma over specific intervals of up to one year (if surviving)

Method of measurement

Patient file information

Secondary outcomes

1

Description

Patient mortality rate

Timepoint

Recording the mortality rate for one year after starting plasma therapy

Method of measurement

Patient file information

Intervention groups

1

Description

Intervention group: 20 patients are in the severe stage of the disease who receive plasma therapy with intravenous injection dose twice (200 ml per dose) and in addition to routine medical care.

Category

Treatment - Drugs

2

Description

Control group: 20 patients admitted to the severe stage of the disease who did not receive plasma therapy and receive only routine medical care.

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Yazd Shahid sadoughi hospital

Full name of responsible person

Dr. Hossein Hadinedoushan

Street address

Shahid Sadoughi Hospital, Ibn Sina St., Shahid Ghandi Blvd., Safaieh, Yazd

City

Yazd

Province

Yazd

Postal code

8916886938

Phone

+98 35 1822 4000

Fax

+98 35 1822 4100

Email

medschool@ssu.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr. Masoud Mirzaei

Street address

Headquarters of Shahid Sadoughi University of Medical Sciences, Shahid Bahonar Square, Yazd

City

Yazd

Province

Yazd

Postal code

8915173160

Phone

+98 35 3146 2136

Email

mmirzaei@ssu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Yazd University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr. Hossein Hadinedoushan

Position

Professor

Latest degree

Ph.D.

Other areas of specialty/work

Immunology

Street address

Reproductive Immunology Research Center, Shahid Sadoughi University of Medical Sciences, Yazd, Iran

City

Yazd

Province

Yazd

Postal code

8916188635

Phone

+98 35 3628 5406

Email

hhadin2000@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr. Hossein Hadinedoushan

Position

Professor

Latest degree

Ph.D.

Other areas of specialty/work

Immunology

Street address

School of Paramedical Sciences, Imam Reza Educational and Research Complex, Daneshjoo Blvd., Imam Hossein Square, Yazd, Iran

City

Yazd

Province

Yazd

Postal code

8916188635

Phone

+98 35 3628 5406

Email

hhadin2000@gmail.com

Person responsible for updating data

Contact

Name of organization / entity

Yazd University of Medical Sciences

Full name of responsible person

Dr. Farzaneh Fesahat

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Reproductive Biology

Street address

Reproductive Immunology Research Center, Shahid Sadoughi University of Medical Sciences, Daneshjoo Blvd. Yazd, Iran.

City

Yazd

Province

Yazd

Postal code

8916188635

Phone

+98 35 3628 5406

Email

farzaneh.fesahat@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

All data can be published after coding and unidentifiable and privacy.

When the data will become available and for how long

after article publication

To whom data/document is available

All researchers specialize in related fields

Under which criteria data/document could be used

In order to use the results by the scientific community of the world, the information can be published after printing and by observing the coding and confidentiality of the participants in the study upon request.

From where data/document is obtainable

To the first author or the corresponding person of the published article through their email Dr. Hossein Hadi Nodoshan.hhadin2000@gmail.com

What processes are involved for a request to access data/document

The request and how to use the data must be explained by e-mail to the author responsible for the article, which will be received as soon as possible.

Comments