

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

05 Jul 2026

### Evaluation of the effectiveness of Dexmedetomidine in the assessment of postoperative pain in extra ocular muscle surgery in patients with strabismus

#### Protocol summary

##### Study aim

The aim of this study was to investigate the effectiveness of Dexmedetomidine in assessing postoperative pain in extra ocular muscle surgery (EOM) in patients with strabismus.

##### Design

Two arm parallel group randomised clinical trial with control group, double-blinded, phase 3 on 60 patients, the website [www.randomization.com](http://www.randomization.com) was used for randomization

##### Settings and conduct

In 2020, 60 patients coming to the ophthalmology center of Khatam Al-Anbia Hospital in Mashhad with our inclusion criteria will be enrolled in our study. The study will be double-blind. The patient and the statistical analyzer are unaware of the grouping, a placebo will be used to blind patients and A and B group coding will be used to blind the evaluator. At 4, 8, 12, 24, and 48 hours after the surgery, the amount of pain in both groups will be assessed using a visual analog scale then will be compared.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: children over 7 years, no other medical disease, no history of extra ocular muscle surgery , presence of strabismus problems exclusion criteria: liver,heart or renal disease, drug abusers,unable to answer questions of checklist

##### Intervention groups

"intervention group": in this group, at the end of the surgery, patients will be given 1 microgram per kilogram of their body weight, Dexmedetomidine by the trade name of Precedex, producer HOSPIRA, made in the United States and the distributor is BEHESTAN DAROU, the drug will be poured in the surgical site, tenon, and conjunctiva. "Control group": in this group, the same amount of normal saline produced by SAMEN company will be poured at the surgical site.

#### Main outcome variables

pain based on visual analog scale

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200503047291N1**

Registration date: **2020-08-01, 1399/05/11**

Registration timing: **retrospective**

Last update: **2020-08-01, 1399/05/11**

Update count: **0**

##### Registration date

2020-08-01, 1399/05/11

##### Registrant information

##### Name

hamed hosseinihah

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 51 3728 1401

##### Email address

hoseinikhahmh951@mums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2019-09-23, 1398/07/01

##### Expected recruitment end date

2019-12-22, 1398/10/01

##### Actual recruitment start date

2019-09-23, 1398/07/01

##### Actual recruitment end date

2020-03-05, 1398/12/15  
**Trial completion date**  
2020-03-20, 1399/01/01

**Scientific title**  
Evaluation of the effectiveness of Dexmedetomidine in the assessment of postoperative pain in extra ocular muscle surgery in patients with strabismus

**Public title**  
Evaluation of dexmedetomidine in reducing postoperative ocular pain

**Purpose**  
Supportive

**Inclusion/Exclusion criteria**  
**Inclusion criteria:**  
Children over 7 years No other medical problems No history of surgery or manipulation of the extraocular muscles strabismus candidate for extra ocular muscle surgery  
**Exclusion criteria:**  
Patients with drug abuse presence of liver,heart or renal disease unable to answer questions of checklist

**Age**  
From **7 years** old

**Gender**  
Both

**Phase**  
3

**Groups that have been masked**

- Participant
- Outcome assessor

**Sample size**  
Target sample size: **30**  
Actual sample size reached: **30**

**Randomization (investigator's opinion)**  
Randomized

**Randomization description**  
Simple randomization will be done using random numbers table from www.randomization.com website. Randomization concealment will be done using closed envelopes. The envelopes will be prepared and printed by one of the members of the research team and random numbers with the help of Randomaization.com and will be placed inside the envelope. The envelopes are closed and the contents cannot be seen from the outside. Then, the purpose of the study will be explained to the person who meets the inclusion criteria and if the person wishes and signs the informed consent form, takes an envelope and then opens it and enters to the intervention or control group based on the contents of the envelope.

**Blinding (investigator's opinion)**  
Double blinded

**Blinding description**  
Patients and outcome assessors are unaware of patient grouping. A placebo will be used for this purpose. The placebo used in this study looks completely similar to the original drug in terms of appearance and packaging type, so that it is impossible to differentiate it from the main drug. The assessor evaluates the outcome of patients in groups called A and B so that it is not known which

patient will be in the control group and which patient will be in the intervention group.

**Placebo**  
Used

**Assignment**  
Parallel

**Other design features**

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

**Name of ethics committee**  
Ethics Committee in Research of Mashhad University of Medical Sciences

**Street address**  
Mashhad Medical University, Azadi Square, Mashhad, Iran

**City**  
Mashhad

**Province**  
Razavi Khorasan

**Postal code**  
9177948564

**Approval date**  
2020-04-22, 1399/02/03

**Ethics committee reference number**  
IR.MUMS.MEDICAL.REC.1399.013

## Health conditions studied

### 1

#### Description of health condition studied

Strabismus

**ICD-10 code**  
H50.9

**ICD-10 code description**  
Unspecified strabismus

### 2

#### Description of health condition studied

Esotropia

**ICD-10 code**  
H50.00

**ICD-10 code description**  
Unspecified esotropia

### 3

#### Description of health condition studied

Exotropia

**ICD-10 code**  
H50.1

**ICD-10 code description**  
Exotropia

## Primary outcomes

### 1

#### Description

The amount of postoperative pain

#### Timepoint

In the designated hours, 4 hours, 8 hours, 12 hours, 24 hours, 48 hours of surgery, the patient's pain rate was assessed using VAS (Visual analogue scale).

#### Method of measurement

Visual Analogue Scale

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: In this group, 30 patients with inclusion criteria who need the strabismus surgery according to strabismus surgical protocols with specific standards, were randomly placed in this group. After the surgery, one microgram per kilogram of patients' weight will be poured at the surgical site with the drug dexmedetomidine, which was manufactured under the brand name Precedex by the HASPIRA factory in the United States.

#### Category

Treatment - Drugs

### 2

#### Description

Control group: In this group, 30 patients with inclusion criteria who need the strabismus surgery according to strabismus surgical protocols with specific standards, were randomly placed in this group. After the surgery, one microgram per kilogram of patients' weight will be poured at the surgical site with the drug Normal saline, which was manufactured by SAMEN company.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Khatamolania Hospital

##### Full name of responsible person

Hamed Hosseinihahmanshadi

##### Street address

No. 8, Gharani Street, Vahedi Avenue, Mashhad Town

##### City

Mashhad

##### Province

Razavi Khorasan

#### Postal code

9177899191

#### Phone

+98 51 3728 1400

#### Email

hamed.hosseinihah@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Dr. Mohsen Tafaghodi

##### Street address

Mashhad Medical University, Azadi Street, Mashhad Town

##### City

Mashhad

##### Province

Razavi Khorasan

##### Postal code

91388-13944

##### Phone

+98 51 3841 3006

##### Email

tafaghodim@mums.ac.ir

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Mashhad University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Hamed Hosseinihahmanshadi

##### Position

Resident

##### Latest degree

Medical doctor

##### Other areas of specialty/work

Ophthalmology

##### Street address

No.233, 53rd Beheshti Avenue, Mashhad, Iran

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**Person responsible for scientific inquiries**

**Contact**

**Name of organization / entity**

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**Full name of responsible person**

Hamed Hosseinikhahmanshadi

**Position**

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**Latest degree**

Medical doctor

**Other areas of specialty/work**

Ophthalmology

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Mashhad University of Medical Sciences

**Full name of responsible person**

Hamed Hosseinikhahmanshadi

**Position**

Resident

**Latest degree**

Medical doctor

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**Email**

hoseinikhahmh951@mums.ac.ir

**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Yes - There is a plan to make this available

**Data Dictionary**

Yes - There is a plan to make this available

**Title and more details about the data/document**

Demographic information and research results

**When the data will become available and for how long**

After submitting the final report. Early in the year 2020

**To whom data/document is available**

It will be available to researchers working in academic and scientific institutions.

**Under which criteria data/document could be used**

In compliance with copyright laws

**From where data/document is obtainable**

Call the number and email

**What processes are involved for a request to access data/document**

After submitting the request and reviewing it, they will be answered as soon as possible. (1 week)

**Comments**