

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Analgesic effect of combining Midazolam, Morphine and Diphenhydramine for acute postoperative pain management, A comparative study

Protocol summary

Study aim

Evaluation of the analgesic effect of morphine-ketamine-midazolam combination after surgery

Design

Clinical trial with control group, with parallel groups, double-blind, randomized, phase 2 on 66 patients. The rand function of the Excel software was used for randomization.

Settings and conduct

This study is a clinical trial performed at Sina Hospital, Tehran University of Medical Sciences. Patients are extubated after surgery and recover. In recovery, patients were evaluated based on VAS or Richmond criteria, and if they had a VAS > 4 score or Richmond +2 and above, they entered the study and were randomly assigned to one of the two groups. The first group received 2 cc of the first three drug combinations (including 20 mg of morphine -50 mg of ketamine-5 mg of midazolam, the volume of which was increased to 10 cc with distilled water). The second group received a combination of the second three drugs (including 20 mg of morphine -50 mg of ketamine -50 mg of diphenhydramine, the volume of which is 10 cc with distilled water). Then, the time of starting the effect of the drug, change of VAS or RICHMOND Agitation Sedation scale, stability of the drug effect in patients, nausea and vomiting, blood pressure and heart rate of patients and in the first time of drug application and drug use are recorded in the first 24 hours.

Participants/Inclusion and exclusion criteria

Inclusion criteria:1- Age 20 to 65 years. 2- Restorative surgery 3- Need for postoperative analgesia Exclusion criteria: 1-Drug addiction 2- History of heart disease, kidney, liver and glaucoma.3-History of psychotropic drugs and anti-nausea and vomiting

Intervention groups

All elective patients undergo reconstructive surgery

Main outcome variables

The severity of the pain heart beat blood pressure

Anxiety

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20130304012695N2**

Registration date: **2020-05-26, 1399/03/06**

Registration timing: **retrospective**

Last update: **2020-05-26, 1399/03/06**

Update count: **0**

Registration date

2020-05-26, 1399/03/06

Registrant information

Name

mohammadreza khajavi

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 6312 1220

Email address

khajavim@tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2019-01-21, 1397/11/01

Expected recruitment end date

2019-12-22, 1398/10/01

Actual recruitment start date

2019-02-20, 1397/12/01

Actual recruitment end date

2019-11-22, 1398/09/01

Trial completion date

2019-12-22, 1398/10/01

Scientific title

Analgesic effect of combining Midazolam, Morphine and Diphenhydramine for acute postoperative pain management, A comparative study

Public title

Analgesic effect of combining Midazolam, Morphine and Diphenhydramine for acute postoperative pain management, A comparative study

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Patients are extubated after surgery and recover. In recovery, patients were evaluated based on VAS or Richmond criteria, and if they had a VAS > 4 score or Richmond +2 and above, they entered the study and were randomly assigned to one of the two groups.

Exclusion criteria:

opioids addiction, underlying ischemic cardiac diseases, renal function and liver function diseases, history of allergic reaction to any of the medications used, and use of any antiemetic and antipsychotic medications, PONV and glaucoma.

Age

From **20 years** old to **65 years** old

Gender

Both

Phase

3

Groups that have been masked

- Participant
- Care provider
- Investigator
- Outcome assessor

Sample size

Target sample size: **66**

Actual sample size reached: **66**

Randomization (investigator's opinion)

Randomized

Randomization description

The sampling is done by easy burst method and according to patient referral to recovery room. Randomization method is balanced block randomization and will be done by Randlist software.

Blinding (investigator's opinion)

Double blinded

Blinding description

The person who makes the medicine add a code to every single medicine. The person who injects the drug does not know the code. The patient is not aware of the type of injectable medication. The researcher is not aware of the type of drug during the study.

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of .tehran University of Medical Sciences

Street address

sina hospital, imam khomeini st.

City

tehran

Province

Tehran

Postal code

1136746911

Approval date

2018-11-19, 1397/08/28

Ethics committee reference number

IR.TUMS.IKHC.REC.1397.224

Health conditions studied

1

Description of health condition studied

postoperative pain

ICD-10 code

S66.0

ICD-10 code description

Injury of long flexor muscle, fascia and tendon of thumb at wrist and hand level

Primary outcomes

1

Description

The effect of the drug combination of midazolam, diphenhydramine and morphine on pain relief

Timepoint

In 5, 10, 15, 30 minutes after the operation, the severity pain was measured

Method of measurement

visual analog scal

Secondary outcomes

1

Description

patients' agitation evaluation

Timepoint

In 5, 10, 15 and 30 minutes after surgery

Method of measurement

richmond agitation scale

Intervention groups

1

Description

Intervention group: Morphine, Midazolam, In this group, in a syringe of 10 cc, 10 mg of morphine, 100 mg of diphenhydramine and 10 mg of midazolam, prepared then increase the volume to 10 cc with distilled water. In patients who have pain and want to take analgesia, we inject one cc of this medicine mixture. Two minutes after the injection, if the pain is not controlled, we take another cc of this mixture. we record the number of injections and reduce the severity of the pain and the duration of the pain reduction per minute.

Category

Treatment - Drugs

2

Description

Control group: Morphine, ketamine, Diphenhydramine. In this group, in a syringe of 10 cc, 10 mg of morphine, 100 mg of diphenhydramine and 10 mg of ketamine, prepared then increase the volume to 10 cc with distilled water. In patients who have pain and want to take analgesia, we inject one cc of this medicine mixture. Two minutes after the injection, if the pain is not controlled, we take another cc of this mixture. we record the number of injections and reduce the severity of the pain and the duration of the pain reduction per minute.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

sina hospital

Full name of responsible person

mohammadreza khajavi

Street address

sina hospital, imam khomeini st.

City

tehran

Province

Tehran

Postal code

1136746911

Phone

+98 21 6634 8500

Email

khajavim@tums.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

mohammad ali sahraeian

Street address

Keshavarz Blvd., corner of Quds St., Central Organization of Tehran University of Medical Sciences

City

tehran

Province

Tehran

Postal code

1417653761

Phone

+98 21 8163 3685

Email

vcr@tums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Mohammadreza Khajavi

Position

Professor

Latest degree

Specialist

Other areas of specialty/work

Anesthesiology

Street address

Central building of Tehran University of Medical sciences, Ghods st., Keshavarz blv.

City

Tehran

Province

Tehran

Postal code

1136746911

Phone

+98 21 6312 1220

Fax

+98 21 6312 0000

Email

khajavim@tums.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Mohammadreza Khajavi

Position

Professor

Latest degree

Specialist

Other areas of specialty/work

Anesthesiology

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Fax

+98 21 6312 0000

Email

khajavim@tums.ac.ir

Person responsible for updating data

Contact

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Mohammadreza Khajavi

Position

Professor

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Specialist

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+98 21 6312 1220

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+98 21 6312 0000

Email

khajavim@tums.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available