

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

24 Sep 2021

### Study of Tocilizumab effect on treatment and clinical symptoms and laboratory signs of Iranian COVID-19 patients: a crinical trial study

#### Protocol summary

##### Study aim

Evaluation of Tocilizumab (Actemra) effects on treatment and clinical symptoms and laboratory signs of Iranian COVID-19 patients

##### Design

This study is a two arm parallel group, double blinded clinical trial in phase 2 which will be carried out on 40 hospitalized COVID-19 patients. Patients randomly divided into two groups (Control group and Tocilizumab group).

##### Settings and conduct

40 hospitalized COVID-19 patients in Shariati and Imam Khomeini hospitals will be included in this study.

##### Participants/Inclusion and exclusion criteria

Inclusion Criteria: COVID-19 patient confirmed by positive PCR test for SARS-CoV-19 or abnormal CT scan finding (bilateral, sub pleural, peripheral ground glass opacities), Blood oxygen saturation <93% or respiratory rate > 24, high CRP rate or lymphopenia <1100, and not responding to standard COVID-19 treatment. Exclusion criteria: A history of malignancies, positive pro-calcitonin and active infection (Including latent or active TB infection), a history of taking immunosuppressive drugs and corticosteroids

##### Intervention groups

Control group: Will receive only standard treatment for COVID-19 disease. Tocilizumab group: In addition to standard treatment will receive 8mg/kg Tocilizumab.

##### Main outcome variables

Radiographic features findings, Mortality rate, O2 saturation, Need for an oxygen therapy and Laboratory tests

#### General information

##### Reason for update

Placebo elimination and and revise the exclusion criteria section

##### Acronym

#### IRCT registration information

IRCT registration number: **IRCT20081027001411N4**

Registration date: **2020-07-09, 1399/04/19**

Registration timing: **registered\_while\_recruiting**

Last update: **2021-01-27, 1399/11/08**

Update count: **1**

#### Registration date

2020-07-09, 1399/04/19

#### Registrant information

##### Name

Ahmad Reza Jamshidi

##### Name of organization / entity

Iran Rheumatology Center

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 8800 4136

##### Email address

jamshida@sina.tums.ac.ir

#### Recruitment status

**Recruitment complete**

#### Funding source

#### Expected recruitment start date

2020-04-29, 1399/02/10

#### Expected recruitment end date

2020-07-31, 1399/05/10

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

Study of Tocilizumab effect on treatment and clinical symptoms and laboratory signs of Iranian COVID-19 patients: a crinical trial study

**Public title**

Effect of TOCILIZUMAB (ACTEMRA) on treatment of COVID-19

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

COVID-19 patients confirmed by positive PCR test for SARS-CoV-19 or confirmed by abnormal CT scan finding (bilateral, sub pleural, peripheral ground glass opacities), With blood oxygen saturation <93%, or respiratory rate> 24 high CRP rate, lymphopenia < 1100 not responding to standard COVID-19 treatment.

**Exclusion criteria:**

A history of malignancies, positive pro-calcitonin and active infection (Including latent or active TB infection) A history of taking immunosuppressive drugs and corticosteroids

**Age**

From **18 years** old

**Gender**

Both

**Phase**

2

**Groups that have been masked**

- Participant
- Investigator
- Outcome assessor
- Data analyser

**Sample size**

Target sample size: **40**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Block Balanced Randomization Method will be used. Patients will allocate to two groups with permuted balanced block randomization Method. The size of each random block is 4, and 10 blocks will be used for 40 patients. Patients will be allocated equally to the two intervention groups. In this study permuted balanced block randomization will be used. In this permuted balanced block randomization, the blocked size is 4, the allocation ratio is 1, and the number of intervention groups is 2. After specifying the block size, all the potential contribution of the assignments within each group must be calculated, (block size is four, 6 possible balance combinations with two intervention group I and two intervention group II in each block are calculated ) and then the blocks are randomly chosen to determine the assignment of all participants. So, the total of the sample size of participants randomized to two treatment groups.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

In this randomized controlled parallel clinical trials study, the type of blindness is double-blind and the blindness level is partial blinding. Also, in this study, physicians, evaluators of patients, and patients themselves in the groups are not aware of the allocation concealment and

the random allocation sequence was produced by the statistical consultant and only one person in the staff allocate the patients to treatment groups based on the sequence of random numbers.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features**

This study is double blinded clinical trial in phase 2 which will be carried out on 40 hospitalized COVID-19 patients. Patients randomly divided into two groups. Control group and treatment group which received of medicine (8mg/kg of Roche Tocilizumab). Clinical signs of patient including heart rate, blood pressure, fever, O2 saturation, laboratory tests result (CBC, Hb, HCT, FBS, TG, Cho, ESR, CRP, VBG, IL-6, Ferritin, CPK, ALT, AST, Troponin, and D-dimer) will be recorded before and after treatment (after 3-5 days of treatment and at discharge time). In addition, dyspnea, cough, GI Symptom, myalgia, and chest pain will be assessed before and after treatment (after 5 days of treatment and at discharge time). In addition, Patients' mortality rates, length of hospitalization, and the need for intubation and oxygen therapy (nasal Cannula, mask Oxygen, reserve Mask, NIV and invasive ventilation) will also be recorded before and after treatment (after 5 days of treatment and at discharge time).

**Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Vice-Chancellor in Research Affairs Tehran University of Medical Science

**Street address**

Central Building of Tehran University of Medical Sciences, Qods St., Keshavarz Blvd.

**City**

Tehran

**Province**

Tehran

**Postal code**

1416753955

**Approval date**

2020-04-26, 1399/02/07

**Ethics committee reference number**

IR.TUMS.VCR.REC.1399.290

**Health conditions studied****1****Description of health condition studied**

COVID-19 disease

**ICD-10 code**

U07.2

### ICD-10 code description

COVID-19, virus not identified

## Primary outcomes

### 1

#### Description

Radiographic features Findings

#### Timepoint

Before treatment and 6 weeks after treatment

#### Method of measurement

CT scan

### 2

#### Description

Mortality rate

#### Timepoint

Before and after treatment

#### Method of measurement

Observation

### 3

#### Description

Need an oxygen therapy

#### Timepoint

Before and after (at day 5 after treatment and discharge time)

#### Method of measurement

The need on oxygen therapy (Yes or No), If yes: Type of oxygen therapy (nasal cannula, mask oxygen, reserve mask, noninvasive ventilation (NIV), and invasive ventilation)

### 4

#### Description

O2 saturation

#### Timepoint

Before and after (at day 5 after treatment and at discharge time)

#### Method of measurement

Pulse Oximeter

## Secondary outcomes

### 1

#### Description

Laboratory tests (including CBC, Hb, HCT, FBS, TG, Cho, ESR, CRP, VBG, IL-6, Ferritin, CPK, ALT, AST, Troponin, and D-dimer)

#### Timepoint

Before and after (at day 5 after treatment and discharge time)

#### Method of measurement

Para-clinical

## Intervention groups

### 1

#### Description

Intervention group: Patients hospitalized with COVID-19 disease will receive 8mg/kg Tocilizumab (Roche) in addition to their standard treatment. If the patients condition is not stable 2 doses by 12 hours will be administrated (maximum dose: 800 mg)

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Patients hospitalized with COVID-19 will receive standard care alone.

#### Category

Treatment - Other

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Shariati Hospital

##### Full name of responsible person

Mona Talaschian

##### Street address

Shariati Hospital, Jalal-e-Al-e-Ahmad Hwy

##### City

Tehran

##### Province

Tehran

##### Postal code

1313514117

##### Phone

+98 21 8822 0065

##### Email

dr.talaschian@gmail.com

### 2

#### Recruitment center

##### Name of recruitment center

Imam khomeini Hospital

##### Full name of responsible person

Mohammad Reza Salehi

##### Street address

Imam Khomeini Hospital Complex, Tohid Squire

##### City

Tehran

##### Province

Tehran

##### Postal code

1419733141

##### Phone

+98 21 6658 1594

##### Email

salehi.mohamad3@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Mohammad Ali Sahraian

**Street address**

Central Building of Tehran University of Medical Sciences, Qods St., Keshavarz Blvd

**City**

Tehran

**Province**

Tehran

**Postal code**

1416753955

**Phone**

+98 21 8163 3685

**Email**

vcr@tums.ac.ir

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Tehran University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

**Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Ahmadreza Jamshidi

**Position**

Professor

**Latest degree**

Subspecialist

**Other areas of specialty/work**

Rheumatology

**Street address**

Shariati Hospital, Jalal-e-Al-e-Ahmad Hwy

**City**

Tehran

**Province**

Tehran

**Postal code**

1313514117

**Phone**

+98 21 8822 0065

**Email**

jamshida@sina.tums.ac.ir

## Person responsible for scientific inquiries

**Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Mahdi Mahmoudi

**Position**

Associate professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Immunology

**Street address**

Shariati Hospital, Jalal-e-Al-e-Ahmad Hwy

**City**

Tehran

**Province**

Tehran

**Postal code**

1411713135

**Phone**

+98 21 8822 0065

**Email**

mahmoudim@tums.ac.ir

## Person responsible for updating data

**Contact****Name of organization / entity**

Tehran University of Medical Sciences

**Full name of responsible person**

Maryam Akhtari

**Position**

Consultant

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Immunology

**Street address**

Shariati Hospital, Jalal-e-Al-e-Ahmad Hwy

**City**

Tehran

**Province**

Tehran

**Postal code**

1411713135

**Phone**

+98 21 8822 0067

**Email**

m.akhtari@ut.ac.ir

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to

make this available

**Study Protocol**  
Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**  
Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**  
Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**  
Yes - There is a plan to make this available

**Analytic Code**  
Not applicable

**Data Dictionary**  
Not applicable

**Title and more details about the data/document**  
It will be published as an article

**When the data will become available and for how long**  
After printing the article

**To whom data/document is available**  
All medical professionals and scientists

**Under which criteria data/document could be used**  
There is no restriction on access to information

**From where data/document is obtainable**  
Dr. Ahmadreza Jamshidi, Tehran University of Medical Science

**What processes are involved for a request to access data/document**  
Refer to the project supervisor

**Comments**