

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

11 Jun 2026

### Clinical trial of the use of Annual SZ drug in the treatment of patients with Covid-19 disease in Emam Hosein hospital in Tehran.

#### Protocol summary

##### Study aim

Treatment and reduction of the course of treatment of patients with Covid-19

##### Design

Clinical trial with control group, with parallel groups, double-blind, randomized based on hospital admission code, phase 2 on 60 patients

##### Settings and conduct

In clinical trials, patients are divided into two general categories: The first group is the case group, the second group is the control group. In this study, samples are selected randomly among all clients of Imam Hossein (AS) hospital in Tehran with the symptoms specified in the scoring table. The odd admission codes are allocated into the first group and the even admission codes are allocated into the second group. The number of selected samples in each group is 30 people.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: People with COVID-19. Exclusion criteria: none.

##### Intervention groups

The first group (A): the group treated with the drug Anval SZ + azithromycin. The second group (B): the group that receives treatment based on the country's routine protocol + azithromycin

##### Main outcome variables

A history of close contact with a person with covid 19 over the past two weeks Oral fever with more than 38 degrees Celsius (or equivalent) or tremors Sore throat or severe feeling of dry throat Dry cough Muscle diffuse pain Clear runny nose Frequent sneezing Headache nausea and vomiting Diarrhea Pain or heaviness in the chest Shortness of breath Acute olfactory disturbance Acute taste disturbance Pulse oximetry less than 93%

#### General information

##### Reason for update

##### Acronym

#### IRCT registration information

IRCT registration number: **IRCT20200607047682N1**

Registration date: **2020-07-27, 1399/05/06**

Registration timing: **retrospective**

Last update: **2020-07-27, 1399/05/06**

Update count: **0**

#### Registration date

2020-07-27, 1399/05/06

#### Registrant information

##### Name

Zuhair Saraf

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 8288 3565

##### Email address

hasan\_zm@modares.ac.ir

#### Recruitment status

**Recruitment complete**

#### Funding source

#### Expected recruitment start date

2020-06-09, 1399/03/20

#### Expected recruitment end date

2020-07-11, 1399/04/21

#### Actual recruitment start date

empty

#### Actual recruitment end date

empty

#### Trial completion date

empty

#### Scientific title

Clinical trial of the use of Annual SZ drug in the treatment of patients with Covid-19 disease in Emam Hosein hospital in Tehran.

## Public title

Clinical trial of Annual SZ drug in Covid-19

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

patient infected with covid19

### Exclusion criteria:

## Age

From **16 years** old to **70 years** old

## Gender

Both

## Phase

2-3

## Groups that have been masked

*No information*

## Sample size

Target sample size: **60**

## Randomization (investigator's opinion)

Randomized

## Randomization description

Patients are randomly assigned to the case and control groups based on the admission codes, so that the even admission code is in the case group and the odd admission code is in the control group.

## Blinding (investigator's opinion)

Not blinded

## Blinding description

## Placebo

Not used

## Assignment

Parallel

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Vice Chancellor for Research and Technology, Shahid Beheshti University

##### Street address

Velenjak

##### City

Tehran

##### Province

Tehran

##### Postal code

1983969411

#### Approval date

2020-06-07, 1399/03/18

#### Ethics committee reference number

IR.SBMU.RETECH.REC.1399.158

## Health conditions studied

### 1

#### Description of health condition studied

COVID-19

#### ICD-10 code

U07.2

#### ICD-10 code description

COVID-19, virus not identified

## Primary outcomes

### 1

#### Description

Fever - People who have a fever of more than 38 degrees and their score in the questionnaire is 1 or more than one

#### Timepoint

At the beginning of the study (before the intervention) and 3, 5, 7, 9, 11, 14 days after the start of use

#### Method of measurement

Mercury thermometer

### 2

#### Description

Blood oxygen level 93 and above - People who have a blood oxygen level of less than 93 and get number one in the questionnaire

#### Timepoint

At the beginning of the study (before the intervention) and 3, 5, 7, 9, 11, 14 days after the start of use

#### Method of measurement

With digital pulse oximetry device

### 3

#### Description

Coughs that have a score of one or more in the questionnaire

#### Timepoint

At the beginning of the study (before the intervention) and 3, 5, 7, 9, 11, 14 days after the start of use

#### Method of measurement

Based on the follow-up and the patient's report

### 4

#### Description

CRP that has a score of one or more in the questionnaire

#### Timepoint

On the day of starting (before treatment) 3, 5, 11 after starting treatment

#### Method of measurement

With the help of laboratory kit and agglutination method

### 5

#### Description

HRCT that has a score of one or more based on the questionnaire

#### Timepoint

The first day before starting treatment and the 30th day

after starting treatment  
**Method of measurement**  
With the help of CT scan machine

## Secondary outcomes

empty

## Intervention groups

1

### Description

Intervention group: The group treated with Anval SZ + azithromycin Anval S is a herbal product derived from the herb. The active ingredient is artemisinin, which is used in the treatment of malaria. The dose of TDS is 1-1.5 mg / kg. The time of use is 14 days for definite recovery, this medicine is in the form of oral syrup and is produced by the knowledge-based university of the Health of Living Life, observing all health principles.

### Category

Treatment - Drugs

2

### Description

The group that receives treatment according to the national routine protocol + azithromycin. The drugs in this group are hydroxychloroquine and keltra. Chloroquine is an anti-malarial drug and the dose is different depending on the phase of the disease and according to the national protocol. Hydroxychloroquine 200 mg daily for 8 days is administered as two stats together and then one every 12 hours for 5 days. About. Clitra tablets (lupinavir / ritonavir): 2 tablets of 50/200 every 12 hours for at least 5 days

### Category

Treatment - Drugs

## Recruitment centers

1

### Recruitment center

#### Name of recruitment center

Emam Hoseyn Hospital

#### Full name of responsible person

Mohammad Farhbakhsh

#### Street address

South Shahid Madani Ave

#### City

Tehran

#### Province

Tehran

#### Postal code

1617763141

#### Phone

+98 21 7343 3000

#### Email

info@ehmc.ir

## Sponsors / Funding sources

1

### Sponsor

#### Name of organization / entity

Shahid Beheshti University of Medical Sciences

#### Full name of responsible person

Afshin Zarghi

#### Street address

Velenjak

#### City

Teran

#### Province

Tehran

#### Postal code

1985717443

#### Phone

+98 21 23871

#### Email

Mpajouhesh@sbm.ac.ir

### Grant name

### Grant code / Reference number

### Is the source of funding the same sponsor organization/entity?

No

### Title of funding source

Salamat Zendegi Aramesh com1000pany

### Proportion provided by this source

100

### Public or private sector

Private

### Domestic or foreign origin

Domestic

### Category of foreign source of funding

empty

### Country of origin

### Type of organization providing the funding

Other

## Person responsible for general inquiries

### Contact

#### Name of organization / entity

Islamic Azad University

#### Full name of responsible person

Hamid Chegini

#### Position

Faculty

#### Latest degree

Ph.D.

#### Other areas of specialty/work

Immunology

#### Street address

Mdares Ave

#### City

Borujerd

#### Province

Tehran

#### Postal code

6915136111

#### Phone

0098 42518000

**Email**

H.chegini2010@yahoo.com

## Person responsible for scientific inquiries

**Contact**

**Name of organization / entity**

Tarbiat Modares University

**Full name of responsible person**

Zuhair Sarraf

**Position**

Professor

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Immunology

**Street address**

Amir abad blvd

**City**

Tehran

**Province**

Tehran

**Postal code**

111-14115

**Phone**

+98 21 8288 3565

**Email**

hasan\_zm@modares.ac.ir

## Person responsible for updating data

**Contact**

**Name of organization / entity**

Islamic Azad University

**Full name of responsible person**

Hamid Chegni

**Position**

Faculty

**Latest degree**

Ph.D.

**Other areas of specialty/work**

Immunology

**Street address**

Modares Ave

**City**

Borujerd

**Province**

Lorestan

**Postal code**

6915136111

**Phone**

0098 42518000

**Email**

H.chegini2010@yahoo.com

## Sharing plan

**Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Undecided - It is not yet known if there will be a plan to make this available

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Undecided - It is not yet known if there will be a plan to make this available

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Undecided - It is not yet known if there will be a plan to make this available