

Clinical Trial Protocol

Iranian Registry of Clinical Trials

02 Jul 2026

Effectiveness of Moms Empowerment Program on the quality of parent-child relationship, PTSD symptoms, depression and use of physical punishment in mothers with intimate partner violence (IPV) experience and 6-12 old age children

Protocol summary

Study aim

Effectiveness of Moms Empowerment Program on the quality of parent-child relationship, PTSD symptoms, depression and use of physical punishment in mothers with intimate partner violence (IPV) experience and 6-12 old age children

Design

Two arm parallel group randomized trial with outcome assessment

Settings and conduct

For the experiment group, training sessions will be held in groups of Moms' Empowerment Program in Sanandaj

Participants/Inclusion and exclusion criteria

Inclusion criteria: Women who have experienced IPV in the last two years. They have children between the ages of 6 and 12 .They have PTSD symptoms. They have the possibility of commuting. They have at last a high school education. Commit to secrecy. Complete a written consent. Exclusion criteria: History of substance abuse in mothers. Taking psychiatric drugs. Participate in similar training courses over the past years. Violation of meeting obligations

Intervention groups

The Parent Training Moms Empowerment Program (MEP) will be implemented as 10 sessions of group training for test group subjects. The experimental group includes 15 mothers with intimate partner violence (IPV) experience and 6-12 old age children. who receive 10 weekly group training sessions. The control group included 15 mothers with intimate partner violence (IPV) experience and 6-12 old age children, that did not undergo any intervention

Main outcome variables

quality of parent-child relationship, PTSD symptoms, depression and use of physical punishment in mothers with intimate partner violence (IPV) experience and 6-12 old age children.

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20150110020629N4**

Registration date: **2020-07-30, 1399/05/09**

Registration timing: **retrospective**

Last update: **2020-07-30, 1399/05/09**

Update count: **0**

Registration date

2020-07-30, 1399/05/09

Registrant information

Name

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 914 919 3686

Email address

o.isanejad@uok.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2020-06-21, 1399/04/01

Expected recruitment end date

2020-07-25, 1399/05/04

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Effectiveness of Moms Empowerment Program on the quality of parent-child relationship, PTSD symptoms, depression and use of physical punishment in mothers with intimate partner violence (IPV) experience and 6-12 old age children

Public title

Effectiveness of Moms Empowerment Program on the mothers with intimate partner violence (IPV) experience and 6-12 old age children.

Purpose

Education/Guidance

Inclusion/Exclusion criteria

Inclusion criteria:

Women who have experienced IPV in the last two years. They have children between the ages of 6 and 12 . They have PTSD symptoms. They have the possibility of commuting. They have at last a high school education. Commit to secrecy. Complete a written consent.

Exclusion criteria:

History of substance abuse in mothers. Taking psychiatric drugs. Participate in similar training courses over the past years.

Age

From **16 years** old to **50 years** old

Gender

Female

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **30**

Randomization (investigator's opinion)

Randomized

Randomization description

Permuted block randomization design will be used. All participants will be listed between 1-30. The list randomly will be divided into two groups (experiment or A and control or B) by Graphpad.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of University of Kurdistan

Street address

University of Kurdistan, Pasdaran Blvd

City

Sanandaj

Province

Kurdistan

Postal code

15175-66177

Approval date

2020-02-15, 1398/11/26

Ethics committee reference number

IR.UOK.REC.1398.046

Health conditions studied

1

Description of health condition studied

post traumatic stress disorder

ICD-10 code

F43.1

ICD-10 code description

Post-traumatic stress disorder (PTSD)

2

Description of health condition studied

depression

ICD-10 code

F32.1

ICD-10 code description

Major depressive disorder, single episode, moderate

Primary outcomes

1

Description

at least 0.4 effect size in reducing of PTSD grades

Timepoint

before the intervention, after interventions in post test, follow up 3 month after the last intervention

Method of measurement

Posttraumatic Stress Disorder Checklist(PCL-5)

2

Description

at least 0.4 effect size in reducing of depression grades

Timepoint

before the intervention, after interventions in post test, follow up 3 month after the last intervention

Method of measurement

Beck depression inventory- II (BDI- II)

Secondary outcomes

1

Description

Conflict managements tactics

Timepoint

before the intervention, after interventions in post test,

follow up 1 month after the last intervention

Method of measurement

Revised Conflict Tactics Scale (CTS2)

2

Description

parenting style

Timepoint

before the intervention, after interventions in post test, follow up 1 month after the last intervention

Method of measurement

Alabama Parenting Questionnaire(APQ)

3

Description

Child's behavioral problems

Timepoint

before the intervention, after interventions in post test, follow up 1 month after the last intervention

Method of measurement

Child Behavioral Check List (CBCL)

4

Description

Parent-child interaction

Timepoint

before the intervention, after interventions in post test, follow up 1 month after the last intervention

Method of measurement

Parent-Child Interaction Questionnaire-Revised (PACHIQR)

Intervention groups

1

Description

Intervention group: After selecting the sample and performing the diagnosis and performing pre-tests, training the mothers in the sample group for 10 sessions of 1 hour as a group training, Moms' Empowerment Program (MEP) chart based on the guide (Sandra Graham-Bergmann, 2016) for the experimental group will be executed. The first session: Becoming a Group. The second session: Fears and Worries, Parenting Under Stress. The Three Session: Child Development - What's Usual, What's not? The fourth session: Communicating about Family Violence. The fifth session: Family or Origin. The Sixth session: Discipline Strategies - What Works? The seven session: Safety Plans, Community Responses, Resources. The Eighth sessions: Stress Management for Moms and Kids. The nine Session: Mom Time and Having Fun with Kids. The Ten Session: Closure and Saying Goodbye.

Category

Behavior

2

Description

Control group: without intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Institution of Asoo Zaniaran

Full name of responsible person

Nagin Mohammady

Street address

Sanandaj- Suleiman khater Street

City

Sanandaj

Province

Kurdistan

Postal code

6613916553

Phone

+98 87 9182 1520

Email

Asoo.zaniarankurdistan@gmail.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

University of Kurdistan

Full name of responsible person

Dr. Kumars Karami

Street address

University of Kurdistan, Pasdaran Blvd

City

Sanandaj

Province

Kurdistan

Postal code

1517566177 کد پستی

Phone

+98 87 3366 4600

Email

KKarami@uok.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

University of Kurdistan

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin
Type of organization providing the funding
Academic

+98 914 919 3686

Email
farhangmad@gmail.com

Person responsible for general inquiries

Contact

Name of organization / entity
University of Kurdistan
Full name of responsible person
Omid Isanejad
Position
assistant professor
Latest degree
Ph.D.
Other areas of specialty/work
Psychology
Street address
University of Kurdistan, Pasdaran Blvd
City
Sanandaj
Province
Kurdistan
Postal code
15175-66177
Phone
+98 87 3366 4600
Email
farhangmad@gmail.com

Person responsible for updating data

Contact

Name of organization / entity
University of Kurdistan
Full name of responsible person
Omid Isanejad
Position
assistant professor
Latest degree
Ph.D.
Other areas of specialty/work
Psychology
Street address
University of Kurdistan, Pasdaran Blvd
City
Sanandaj
Province
Kurdistan
Postal code
1517566177
Phone
+98 914 919 3686
Email
farhangmad@gmail.com

Person responsible for scientific inquiries

Contact

Name of organization / entity
University of Kurdistan
Full name of responsible person
Omid Isanejad
Position
assistant professor
Latest degree
Ph.D.
Other areas of specialty/work
Psychology
Street address
University of Kurdistan, Pasdaran Blvd
City
Sanandaj
Province
Kurdistan
Postal code
1517566177
Phone

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available