

Clinical Trial Protocol

Iranian Registry of Clinical Trials

20 Jun 2026

Comparing the effect of mouthwash solution containing marshmallow root extract and routine solution on improvement chemotherapy induced stomatitis

Protocol summary

Study aim

Comparing the effect of mouthwash solution containing marshmallow root extract and routine solution on improvement chemotherapy induced stomatitis

Design

the group of routine mouth wash and group of "mouthwash solution" added to routine mouth wash

Settings and conduct

chemotherapy ward

Participants/Inclusion and exclusion criteria

The study population consisted of all cancer patients with oral stomatitis and under chemotherapy treatment with an anti-inflammatory and referred to Shahid Beheshti Medical Center, Kashan, Iran

Intervention groups

To all patients after admission, are given gloomy bottles of mouth wash solution (that experimental mouth wash solution contain: lidocaine 2%, syrup Al-mg-s, syrup Diphenhydramine and aqueous extract of the Marshmallow root 8%.(glass-1) and the routine solution (lidocaine 2%, Diphenhydramine and Al-mg-s syrup, and Nystatin drop)(glass-2)

Main outcome variables

pain severity (VAS) stomatitis stage (according to WHO)

General information

Reason for update

Acronym

Marshmallow root and ostomatitis

IRCT registration information

IRCT registration number: **IRCT201307274655N4**

Registration date: **2016-07-14, 1395/04/24**

Registration timing: **prospective**

Last update: **2018-03-01, 1396/12/10**

Update count: **1**

Registration date

2016-07-14, 1395/04/24

Registrant information

Name

Mohsen Taghadosi

Name of organization / entity

Kashan University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 31 5554 0021

Email address

taghadosi_m@kaums.ac.ir

Recruitment status

Recruitment complete

Funding source

Kashan University of Medical Sciences

Expected recruitment start date

2016-08-22, 1395/06/01

Expected recruitment end date

2016-11-20, 1395/08/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Comparing the effect of mouthwash solution containing marshmallow root extract and routine solution on improvement chemotherapy induced stomatitis

Public title

Effect of mouth wash containing marshmallow root extract on improvement stomatitis.

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:
undergoing chemotherapy age above 18 years old having consciousness

Exclusion criteria:

Age
From **18 years** old to **80 years** old

Gender
Both

Phase
0

Groups that have been masked

- Participant
- Care provider

Sample size
Target sample size: **50**

Randomization (investigator's opinion)
Randomized

Randomization description
sequential patient discharge allocated in 2 group in this study: intervention and control group by computer randomize program (spss)

Blinding (investigator's opinion)
Double blinded

Blinding description
patients have no information about the kind of consultation that receive

Placebo
Used

Assignment
Parallel

Other design features
In this study, the following people were blind and did not know of the contents two glass: 1) The person who gave the glass to the patient and examine the patient oral mucosa. 2) Patients.

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics committee of Kashan University of Medical Sciences

Street address

Kashan University of Medical Sciences- Ghotb Ravandi Blvd

City

Kashan

Province

Isfahan

Postal code

87159/81151

Approval date

2016-06-01, 1395/03/12

Ethics committee reference number

IR.KAUMS.REC.1395.10

Health conditions studied

1

Description of health condition studied

Stomatitis

ICD-10 code

K12.1

ICD-10 code description

Stomatitis and related lesions

Primary outcomes

1

Description

ostomatitis

Timepoint

Before and seventh and fourteenth days after the intervention

Method of measurement

Standardized checklist stomatitis WHO

Secondary outcomes

1

Description

Change grade of stomatitis

Timepoint

Before and seventh and fourteenth days after the intervention

Method of measurement

Standardized checklist stomatitis WHO

Intervention groups

1

Description

The intervention group use solution of routine mouthwash plus hydro alcoholic extract of marshmallow root that each 100ml of that contains :lidocaine 2% 50 mg ,Al-mg-s syrup 25 ml,Diphen hydramine surp12.5cc(31.25mg) and 60 cc hydro alcoholic marshmallow extract root 8% (glass 1).Patients 4 times a day, after breakfast, lunch, dinner and before sleeping, first, wash their hands, cleaning teeth with a soft toothbrush and one type of toothpaste, then 15 cc of the solution kept for 3 min in their mouth and then throw away. Patients should not wash their mouth, and refrain from consuming food until one hour after. oral mucosa patients on the first, seventh and fourteenth days after getting mouthwash checked by a oncology nurse who does not know the mouthwash solution and then checklist is completed.

Category

Treatment - Drugs

2

Description

Control group use routine mouthwash solution that 100 ml of that containing :lidocaine 2%100mg, Al-mg-syrup 55 ml , Diphenhydramine syrup 28 cc(70mg),nystatin dpop 1,200,000 unit(12cc)(glass 2).Patients 4 times a day, after breakfast, lunch, dinner and before sleeping, first, wash their hands, cleaning teeth with a soft toothbrush and one type of toothpaste, then 15 cc of the solution kept for 3 min in their mouth and then throw away. Patients should not wash their mouth, and refrain from consuming food until one hour after.oral mucosa patients on the first, seventh and fourteenth days after getting mouthwash checked by a oncology nurse who does not know the mouthwash solution and then checklist is completed.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid beheshti medical education Center of Kashan university of medical Sciences

Full name of responsible person

Taghadosi Mohsen

Street address

Kashan University of Medical Sciences -Arctic Blvd Ravandi -

City

Kashan

Province

Isfahan

Postal code

87159/81151

Phone

+98 31 5554 0021

Email

taghadosi_m@kaums.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kashan University of Medical Sciences

Full name of responsible person

Hamidi Gholamali

Street address

Arctic Blvd Ravandi - Kashan University of Medical Sciences

City

Kashan

Province

Isfahan

Postal code

87159/81151

Phone

+98 31 5554 0021

Email

taghadosi_m@kaums.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Kashan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Vice President of Research of Kashan University of Medical Sciences

Full name of responsible person

Taghadosi Mohsen

Position

PhD -Faculty member Assistant professor -director of journal pheyz Department,Head of medical-surgic

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

Street address

Arctic Blvd Ravandi - Kashan University of Medical Sciences

City

Kashan

Province

Isfahan

Postal code

87159/81151

Phone

+98 31 5554 0021

Fax

+98 31 5554 0021

Email

Taghadosi_m@kaums.ac.ir

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Faculty of Nursing & Midwifery, Kashan University of
Medical Sciences

Full name of responsible person

Taghadosi Mohsen

Position

PhD -Faculty member Assistant professor -director of
journal pheyz Department, Head of medical-surgic

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

Street address

Arctic Blvd Ravandi - Kashan University of Medical
Sciences

City

Kashan

Province

Isfahan

Postal code

87159/81151

Phone

+98 31 5554 0021

Fax

+98 31 5554 0021

Email

Taghadosi_m@kaums.ac.ir

Web page address

Isfahan

Postal code

87159/81151

Phone

+98 36 1555 0021

Fax

Email

taghadosi_m@kaums.ac.ir

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

No - There is not a plan to make this available

Title and more details about the data/document

The total potential data can be shared after
unidentifiable people

When the data will become available and for how long

Start the access period 6 months after printing the
results

To whom data/document is available

Only available to scholars working in academia and
academia.

Under which criteria data/document could be used

If you observe the trust and mention the source, data is
available for researchers.

From where data/document is obtainable

Send the following e-mail to the following address:
taghadosi_m@kaums.ac.ir

What processes are involved for a request to access data/document

After receiving the letter via email, your request will be
reviewed within 2 weeks and the data will be sent to the
applicant at the discretion.

Comments

Person responsible for updating data

Contact

Name of organization / entity

Faculty of Nursing & Midwifery, Kashan University of
Medical Sciences

Full name of responsible person

ghorbani vadeghani Mohamadsadegh

Position

MSc Student of Nursing

Latest degree

Bachelor

Other areas of specialty/work

Nursery

Street address

Arctic Blvd Ravandi - Kashan University of Medical
Sciences

City

Kashan

Province