

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

14 Jul 2026

### Comparison the efficacy of Etomidate and Propofol in sedation induction in children undergoing upper gastrointestinal endoscopy

#### Protocol summary

##### Study aim

Comparison the efficacy of Etomidate and Propofol in sedation induction in children undergoing upper gastrointestinal endoscopy.

##### Design

A clinical trial with two intervention groups, with parallel groups, double-blind, randomized, phase 2 will be performed on 90 children undergoing endoscopy of the gastrointestinal tract. The simple random method will be used for randomization.

##### Settings and conduct

The study will done in the endoscopy department of Mofid Children's Hospital affiliated to Shahid Behehsti University of Medical Science in Tehran. This study will be conducted double-blinded: the patients (children) and the evaluator (analyzer) won't aware of the course of the intervention. Intervention will be done under the same conditions in both groups. After diluting, 1 mg/kg Propofol and 0.1 mg/kg Etomidate will be same as color, smell and volume.

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: Children 1 to 15 years old candidates for upper gastrointestinal tract endoscopy in class I, II according to American Association of Anesthesia. Non-inclusion criteria: A history of drug allergy to Propofol or Etomidate, kidney and liver disease, adrenal disease, severe pneumonia, ICU admission, history of postoperative nausea and vomiting, G6PD deficiency.

##### Intervention groups

The intervention group 1 receive Propofol (1%) 1 mg/kg (4 ml/kg) which is injected intravenous slowly, and the intervention group 2 receive Etomidate (0.2%) 0.1 mg/kg (2 ml/kg) which is diluted with 2 ml/kg injectable sterile water, and injected intravenous slowly.

##### Main outcome variables

The time and frequency of laryngospasm; The time and frequency of apnea; The time of waking up from sedation; Nausea after sedation; Vomiting after sedation; Restlessness.

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200515047452N1**

Registration date: **2020-08-23, 1399/06/02**

Registration timing: **registered\_while\_recruiting**

Last update: **2020-08-23, 1399/06/02**

Update count: **0**

##### Registration date

2020-08-23, 1399/06/02

##### Registrant information

##### Name

Tahereh Chavoshi

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 21 2227 9871

##### Email address

t.chavoshi@yahoo.com

##### Recruitment status

##### Recruitment complete

##### Funding source

##### Expected recruitment start date

2020-08-05, 1399/05/15

##### Expected recruitment end date

2020-09-20, 1399/06/30

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

##### Scientific title

|                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                       |
|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Comparison the efficacy of Etomidate and Propofol in sedation induction in children undergoing upper gastrointestinal endoscopy |                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Public title</b>                                                                                                             | The efficacy of Etomidate and Propofol in sedation induction of children undergoing gastrointestinal endoscopy                                                                                                                                                                                                                                                                                        |
| <b>Purpose</b>                                                                                                                  | Treatment                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>Inclusion/Exclusion criteria</b>                                                                                             | <p><b>Inclusion criteria:</b><br/>Children at the age of 1 to 15 years old Candidate for upper gastrointestinal tract endoscopic procedure Class I &amp; II</p> <p><b>Exclusion criteria:</b><br/>History of drug allergy to Propofol or Etomidate Kidney disease Liver disease Adrenal disease Severe pneumonia ICU hospitalization History of Postoperative nausea and vomiting G6PD deficiency</p> |
| <b>Age</b>                                                                                                                      | From <b>1 year</b> old to <b>15 years</b> old                                                                                                                                                                                                                                                                                                                                                         |
| <b>Gender</b>                                                                                                                   | Both                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Phase</b>                                                                                                                    | N/A                                                                                                                                                                                                                                                                                                                                                                                                   |
| <b>Groups that have been masked</b>                                                                                             | <ul style="list-style-type: none"> <li>• Participant</li> <li>• Care provider</li> <li>• Investigator</li> <li>• Outcome assessor</li> <li>• Data analyser</li> </ul>                                                                                                                                                                                                                                 |
| <b>Sample size</b>                                                                                                              | Target sample size: <b>90</b>                                                                                                                                                                                                                                                                                                                                                                         |
| <b>Randomization (investigator's opinion)</b>                                                                                   | Randomized                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>Randomization description</b>                                                                                                | Simple randomization is assigned to a number from one to 90, respectively, to those who were eligible for the study. Then, without prior awareness, even numbers are allocated in the intervention group and odd numbers in the control group.                                                                                                                                                        |
| <b>Blinding (investigator's opinion)</b>                                                                                        | Double blinded                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>Blinding description</b>                                                                                                     | This study was conducted double-blinded: the patients (children) and the evaluator (analyzer) were not aware of the course of the intervention. Intervention under the same conditions as P and E the intervention groups. after dilution 1 mg/kg Propofol and 0.1 mg/kg Etomidate were same as color, smell and volume.                                                                              |
| <b>Placebo</b>                                                                                                                  | Not used                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Assignment</b>                                                                                                               | Parallel                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Other design features</b>                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>Secondary Ids</b>                                                                                                            | empty                                                                                                                                                                                                                                                                                                                                                                                                 |

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Shahid Beheshti University of Medical Sciences

##### Street address

7th Floor; Building No.2; Shahid Beheshti University of Medical Sciences; Arabi Ave; Daneshjoo Blvd; Velenjak

##### City

Tehran

##### Province

Tehran

##### Postal code

19839-63113

#### Approval date

2020-05-11, 1399/02/22

#### Ethics committee reference number

IR.SBMU.RETECH.REC.1399.360

## Health conditions studied

### 1

#### Description of health condition studied

Complications of sedation during endoscopic procedure

#### ICD-10 code

T81

#### ICD-10 code description

Complications of procedures, not elsewhere classified

## Primary outcomes

### 1

#### Description

Blood pressure changes

#### Timepoint

Immediately before anesthesia and after anesthesia (first minute, 5th minute, 10th minute and 15th minute) will be monitored and recorded.

#### Method of measurement

Blood pressure monitoring

### 2

#### Description

Apnea (the cessation of breathing for 10 seconds)

#### Timepoint

Continuously

#### Method of measurement

Observation of respiratory movements and pulse oximeter changes

### 3

#### Description

Frequency of Laryngospasm (closure of the vocal cords and lack of air transfer to the lungs and vice versa)

**Timepoint**

Continuously

**Method of measurement**

Observation

**4****Description**

Duration of Laryngospasm (during time from closure of the vocal cords and lack of air transfer to the lungs and vice versa to bag valve mask ventilation)

**Timepoint**

Continuously

**Method of measurement**

Cornometer

**5****Description**

Duration of Anesthesia recovery.

**Timepoint**

once at recovery room.

**Method of measurement**

Cornometer

**6****Description**

nausea and vomiting

**Timepoint**

Continuously

**Method of measurement**

Observation

**7****Description**

Agitation

**Timepoint**

After anesthesia (first minute, 5th minute, 10th minute and 15th minute) will be monitored and recorded.

**Method of measurement**

Sedation Scale for Agitation score,

**8****Description**

Heart rate changes

**Timepoint**

Immediately before anesthesia and after anesthesia (first minute, 5th minute, 10th minute and 15th minute) will be monitored and recorded.

**Method of measurement**

puls oximetry

**9****Description**

Respiratory rate changes

**Timepoint**

Immediately before anesthesia and after anesthesia (first minute, 5th minute, 10th minute and 15th minute) will be monitored and recorded.

**Method of measurement**

Chest movement per minute

**10****Description**

Awakening from sedation

**Timepoint**

Getting to recovery unit until obey the commands and communication with parents

**Method of measurement**

Observation

**Secondary outcomes**

empty

**Intervention groups****1****Description**

Intervention group 1: In this group, Propofol 1%, 1 mg / kg will be injected intravenously immediately before endoscopy.

**Category**

Treatment - Drugs

**2****Description**

Intervention group 2: In this group, Etomidate 0.2%, 0.1 mg/kg will be injected intravenously immediately before endoscopy.

**Category**

Treatment - Drugs

**Recruitment centers****1****Recruitment center****Name of recruitment center**

Mofid Children's Hospital affiliated to Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Tahereh Chavoshi

**Street address**

7th Floor; Building No.2; Shahid Beheshti University of Medical Sciences; Arabi Ave; Daneshjoo Blvd; Velenjak

**City**

Tehran

**Province**

Tehran

**Postal code**

19839-63113

**Phone**

+98 21 23871

**Email**

t.chavoshi@yahoo.com

## Sponsors / Funding sources

### 1

#### Sponsor

**Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Afshin Zarghi

**Street address**

7th Floor; Building No.2; Shahid Beheshti University of Medical Sciences; Arabi Ave; Daneshjoo Blvd; Velenjak

**City**

Tehran

**Province**

Tehran

**Postal code**

19839-63113

**Phone**

+98 21 2243 9781

**Email**

zarghi@sbmu.ac.ir

**Grant name****Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

**Title of funding source**

Shahid Beheshti University of Medical Sciences

**Proportion provided by this source**

100

**Public or private sector**

Public

**Domestic or foreign origin**

Domestic

**Category of foreign source of funding**

*empty*

**Country of origin****Type of organization providing the funding**

Academic

## Person responsible for general inquiries

**Contact****Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Tahereh Chavoshi

**Position**

Fellowship of pediatric anesthesiology

**Latest degree**

Specialist

**Other areas of specialty/work**

Biochemistry

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**Email**

t.chavoshi@yahoo.com

## Person responsible for scientific inquiries

**Contact****Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Tahereh Chavoshi

**Position**

Fellowship of pediatric anesthesiology.

**Latest degree**

Specialist

**Other areas of specialty/work**

Anesthesiology

**Street address**

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**City**

Tehran

**Province**

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**Postal code**

19839-63113

**Phone**

+98 21 2243 9781

**Email**

t.chavoshi@yahoo.com

## Person responsible for updating data

**Contact****Name of organization / entity**

Shahid Beheshti University of Medical Sciences

**Full name of responsible person**

Tahereh Chavoshi

**Position**

Fellowship of pediatric anesthesiology.

**Latest degree**

Specialist

**Other areas of specialty/work**

Anesthesiology

**Street address**

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**City**

Tehran

**Province**

Tehran

**Postal code**

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**Email**

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**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

**Study Protocol**

Yes - There is a plan to make this available

**Statistical Analysis Plan**

Yes - There is a plan to make this available

**Informed Consent Form**

Yes - There is a plan to make this available

**Clinical Study Report**

Yes - There is a plan to make this available

**Analytic Code**

Yes - There is a plan to make this available

**Data Dictionary**

Yes - There is a plan to make this available

**Title and more details about the data/document**

Demographic information of intervention groups;

Complications of sedation in intervention groups

**When the data will become available and for how long**

At the end of the study

**To whom data/document is available**

All of them have aimed secondary research.

**Under which criteria data/document could be used**

For secondary research.

**From where data/document is obtainable**

Mofid Children's Hospital affiliated to Shahid Beheshti

University of Medical Sciences-anesthesia research

center-Dr. Tahereh Chavoshi

**What processes are involved for a request to access data/document**

Requesting by email.

**Comments**