

Clinical Trial Protocol

Iranian Registry of Clinical Trials

31 May 2026

Evaluation of the effectiveness of Nigel-7 capsule and black seed mixture on COVID-19

Protocol summary

Study aim

Assessment of the effect of Iranian medicine product, Nigle 7 capsule and black seed mixture , on the symptoms of patients with covid-19 (Coronavirus 19 disease)

Design

This clinical trial has control group, and with parallel groups, One-way blind, randomized, phase 2 to 3 and is performed on 80 patients. Randomization method will be blocked randomization (Quaternary random blocks).

Settings and conduct

Patients in the drug group take the Iranian traditional drug for ten days (three capsules a day and ten grams of black seed mixture daily). Patient in control group use routine treatment (According to the protocol of the Ministry of Health). The study is performed in Baqiyatallah Hospital.

Participants/Inclusion and exclusion criteria

Inclusion criteria: Male or female patients 18 years old and older with COVID-19, Ground glass view at low-dose CT scan, Consciously completed consent form completed by the patient or the patient's supervisor. Exclusion criteria: History of pulmonary malignancy, History of asthma or COPD, History of Disabling disease or malignancy, Liver or kidney disorders.

Intervention groups

Intervention groups will be two ones. Patients in the intervention group will receive the intervention drug in addition to the routine treatment, but in control group, they will receive routine treatment.

Main outcome variables

3D lung CT Scans, dyspnea, cough, CBC diff

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20160131026298N6**

Registration date: **2020-09-08, 1399/06/18**

Registration timing: **prospective**

Last update: **2020-11-01, 1399/08/11**

Update count: **2**

Registration date

2020-09-08, 1399/06/18

Registrant information

Name

Ahmad Reza Sharifi Olounabadi

Name of organization / entity

Baqiatallah University of Medical Science,
Department of Traditional Iranian Medicine

Country

Iran (Islamic Republic of)

Phone

+98 21 8804 0060

Email address

a-sharifi@shahed.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2020-11-05, 1399/08/15

Expected recruitment end date

2021-03-20, 1399/12/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Evaluation of the effectiveness of Nigel-7 capsule and black seed mixture on COVID-19

Public title

Evaluation of the effectiveness of Nigel-7 capsule and black seed mixture on corona

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Male or female patients 18 years old and older with Coronavirus Disease 2019 (COVID-19) Ground glass view at low-dose CT scan Consciously completed consent form completed by the patient or the patient's supervisor

Exclusion criteria:

History of pulmonary malignancy History of asthma or COPD History of Disabling disease or malignancy Liver or kidney disorders

Age

From **18 years** old

Gender

Both

Phase

2-3

Groups that have been masked

No information

Sample size

Target sample size: **80**

Randomization (investigator's opinion)

Randomized

Randomization description

Randomization method will be blocked randomization (Blocks of size 4). Randomization units are individuals. Eighty outpatients referred to the hospital emergency department are randomly assigned to one of the two intervention and control groups according to form of random string produced by online random allocation .

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Ethics Committee of Baqiyatallah University of Medical Sciences

Street address

Baqiyatallah University of Medical Sciences, Shahid Nosrati Alley, Shaikh Bahai St., Vanak Square, Tehran, Iran

City

Tehran

Province

Tehran

Postal code

1435916471

Approval date

2020-03-29, 1399/01/10

Ethics committee reference number

IR.BMSU.REC.1399.157

Health conditions studied

1

Description of health condition studied

COVID-19

ICD-10 code

U07.2

ICD-10 code description

U07.2 COVID-19, virus not identified, COVID-19

Primary outcomes

1

Description

Measurement of cough severity

Timepoint

Day 1 before and at the end of treatment

Method of measurement

Cough scoring form

2

Description

Severity of shortness of breath

Timepoint

Day 1 before and at the end of treatment

Method of measurement

Shortness Of Breath With Daily Activity (SOBDA) Questionnaire

3

Description

Lung radiologic changes

Timepoint

At beginning and end of the study

Method of measurement

Chest CT scan

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Intervention groups will be two ones. Patients in the intervention group will receive the intervention drug (three capsules a day and ten grams of black seed mixture daily) that is made by Talaye sabze tooba company; in addition to the routine treatment

(Azithromycin 250 mg daily for 10 days and Naproxen 250 mg twice a day for 10 days) .

Category

Treatment - Drugs

2

Description

Control group: The control group will receive the routine treatment (Azithromycin 250 mg daily for 10 days and Naproxen 250 mg twice a day for 10 days) .

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Baqiyatallah Hospital

Full name of responsible person

Ahmad Reza Sharifi Olounabadi

Street address

Mulla Sadra Street, Vanak Square, After Sheikh Baha'i, Baqiyatallah Hospital

City

Tehran

Province

Tehran

Postal code

1435915371

Phone

+98 21 8805 0436

Email

a-sharifi@bmsu.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Bagheiat-allah University of Medical Sciences

Full name of responsible person

Gholamhosein Alishiri

Street address

Baqiyatallah University, Third Floor, Vice-Chancellor for Research and Technology, Sheikh Bahai St, Mulla Sadra St, Vanak Square

City

Tehran

Province

Tehran

Postal code

1435916471

Phone

+98 21 8755 5250

Email

a-sharifi@bmsu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Bagheiat-allah University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Bagheiat-allah University of Medical Sciences

Full name of responsible person

Ahmad Reza Sharifi Olounabadi

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Traditional Medicine

Street address

Vice-Chancellor for Research and Technology, Third Floor, Baqiyatallah University, Sheikh Bahaei St, Mulla Sadra St, Vanak Square

City

Tehran

Province

Tehran

Postal code

1435916471

Phone

+98 21 8755 5250

Email

a-sharifi@bmsu.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Bagheiat-allah University of Medical Sciences

Full name of responsible person

Ahmad Reza Sharifi Olounabadi

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Traditional Medicine

Street address

Vice-Chancellor for Research and Technology, Third Floor, Baqiyatallah University, Sheikh Bahaei St, Mulla

Sadra St, Vanak Square

City

Tehran

Province

Tehran

Postal code

1435916471

Phone

+98 21 8755 5250

Email

a-sharifi@bmsu.ac.ir

Person responsible for updating data

Contact

Name of organization / entity

Bagheiat-allah University of Medical Sciences

Full name of responsible person

Ahmad Reza Sharifi Olounabadi - Seyed Hadi Hosseini

Position

Assistant Professor

Latest degree

Ph.D.

Other areas of specialty/work

Traditional Medicine

Street address

Vice-Chancellor for Research and Technology, Third Floor, Baqiyatallah University, Sheikh Bahaei St, Mulla Sadra St, Vanak Square

City

Tehran

Province

Tehran

Postal code

1435916471

Phone

+98 21 8755 5250

Email

a-sharifi@bmsu.ac.ir

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available