

Clinical Trial Protocol

Iranian Registry of Clinical Trials

26 May 2026

The effect of theater therapy on the reduction of depression and anxiety of war devotes physical handicap in Esfahan city

Protocol summary

a.nooien@edu.ui.ac.ir

Summary

Aims: this study was the effect of theater therapy on the depression and anxiety of war devotes physical handicap of more than 70 percent. Materials & Methods: 12 imposed war devotes were chosen in multi stage random cluster sampling and were placed in two experimental and control groups. The subscales of depression and anxiety of SCL-90-R test were administered to the experimental and control group as pre-tests. The experimental group received theater therapy for 28 weeks and each week for 2 sessions. And try to play a piece in 4 sections. Immediately after this performance, the subscales of depression and anxiety of SCL-90-R were administered as the post- test to both groups.

Recruitment status

Recruitment complete

Funding source

personal / governmental

Expected recruitment start date

2004-10-05, 1383/07/14

Expected recruitment end date

2017-09-11, 1396/06/20

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201009184768N1**

Registration date: **2011-01-28, 1389/11/08**

Registration timing: **registered_while_recruiting**

Last update:

Update count: **0**

Registration date

2011-01-28, 1389/11/08

Registrant information

Name

Armita Nooien

Name of organization / entity

Esfahan university

Country

Iran (Islamic Republic of)

Phone

+98 31 1662 5265

Email address

Scientific title

The effect of theater therapy on the reduction of depression and anxiety of war devotes physical handicap in Esfahan city

Public title

The effect of theater therapy on the reduction of depression and anxiety of war devotes physical handicap in Esfahan city

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: war handicap, have over than one handicap, male, have been in war, no severe PTSD disorder. Exclusion: severe physical disorder, have not good attitude about group.

Age

From **34 years** old to **65 years** old

Gender

Male

Phase

N/A

Groups that have been masked

No information

Sample size

Target sample size: 12

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Single blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

The Esfahan Foundation for Sacrificier

Street address

Shams Abadi street

City

Esfahan

Postal code

Approval date

2004-10-03, 1383/07/12

Ethics committee reference number

7461/307

2

Ethics committee

Name of ethics committee

Esfahan University

Street address

Iran, Esfahan, Hezarjerib street

City

Esfahan

Postal code

Approval date

2010-08-20, 1389/05/29

Ethics committee reference number

7461/307

Health conditions studied

1

Description of health condition studied

depression and anxiety in war handicaps

ICD-10 code

F00-F99

ICD-10 code description

Mental and behavioural disorders

Primary outcomes

1

Description

depression

Timepoint

18 monthes

Method of measurement

questionnare

2

Description

anxiety

Timepoint

18 monthes

Method of measurement

questionnare

Secondary outcomes

1

Description

memory

Timepoint

18 months

Method of measurement

questionnare

Intervention groups

1

Description

Intervention group: theatre therapy- psychodrama- group thrapy

Category

Treatment - Other

2

Description

Control group: no intervention

Category

N/A

Recruitment centers

1

Recruitment center

Name of recruitment center

Shahid Mottahary Hospice and Rehabilitation Centre

Full name of responsible person

Dr Mohammadbagher Kajbaf

Street address

Esfahan university

City

Esfahan

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

The foundation for Sacrificier in Esfahan

Full name of responsible person

Mr Vakili / Research Assistant

Street address

Shams Abadi st

City

Esfahan

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

The foundation for Sacrificier in Esfahan

Proportion provided by this source

100

Public or private sector

empty

Domestic or foreign origin

empty

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

empty

Person responsible for general inquiries

Contact

Name of organization / entity

Esfahan University

Full name of responsible person

Mohammadbager Kajbaf

Position

Associate professor of psychology in Esfahan University

Other areas of specialty/work

Street address

Psychology group, Esfahan University, Hezarjerib st

City

Esfahan

Postal code

Phone

+98 31 1793 2569

Fax

Email

m.b.kaj@edu.ui.ac.ir

Web page address

Person responsible for scientific inquiries

Contact

Name of organization / entity

Esfahan University

Full name of responsible person

Armita Nooien

Position

PhD student of psychology

Other areas of specialty/work

Street address

No. 63, Parsian, Apadan st.

City

Esfahan

Postal code

8165634936

Phone

+98 913 226 3756

Fax

Email

a.nooien@edu.ui.ac.ir

Web page address

Person responsible for updating data

Contact

Name of organization / entity

Esfahan university

Full name of responsible person

Armita Nooien

Position

PhD student of psychology

Other areas of specialty/work

Street address

No. 63, Parsian, Apadana st.

City

Esfahan

Postal code

Phone

+98 31 1662 5265

Fax

+98 31 1470 1372

Email

a.nooien@edu.ui.ac.ir

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty