

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Use of cold atmospheric argon plasma to heal and accelerate the healing of wounds of infectious diabetic foot

Protocol summary

Study aim

Our aim in this study was to investigate the ability of atmospheric pressure plasma to improve the quality, speed of healing and healing of diabetic wounds in the human phase using argon jet, which is also more economical than helium jet.

Design

The clinical trial has two groups of control and intervention with parallel, non-blind, randomized groups and also in the third phase of the clinical trial study. Block Randomization table method was used for randomization.

Settings and conduct

Endocrinology and metabolism research institute of Tehran university of medical science.

Participants/Inclusion and exclusion criteria

Inclusion Criteria: 1- The patient has G2 or G3 diabetic foot ulcer according to Wagner classification. 2- The patient has an infectious diabetic foot ulcer. (Symptoms such as redness, pain, discharge, and tenderness) 3- There is no age or sex limit in this study. Exclusion Criteria: 1- Getting cancer 2- Taking immunosuppressive drugs 3- Pregnant patients 4- Patients with a bone infection (Osteomyelitis) 5- The patient's unwillingness

Intervention groups

Patients participating in this study were randomly divided into two groups using the Block Randomization table method. Patients in the control group receive standard treatment including washing, debridement, dressing, appropriate antibiotics, and offloading. In the intervention group, in addition to standard treatment, plasma irradiation is used for 2 minutes per session for 4 consecutive weeks.

Main outcome variables

Rate (percentage) of wound size reduction and wound healing time (granulation tissue formation and epithelialization)

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20080904001199N5**

Registration date: **2020-10-15, 1399/07/24**

Registration timing: **prospective**

Last update: **2020-10-15, 1399/07/24**

Update count: **0**

Registration date

2020-10-15, 1399/07/24

Registrant information

Name

Mohammad Reza Amini

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 21 8822 0038

Email address

mramini@tums.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2020-10-22, 1399/08/01

Expected recruitment end date

2021-09-22, 1400/06/31

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Use of cold atmospheric argon plasma to heal and accelerate the healing of wounds of infectious diabetic foot

Public title

The effect of argon plasma in the treatment of diabetic foot ulcers

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

G2 or G3 grade diabetic foot ulcer according to Wagner classification Symptoms of the infection in the wound (erythema, pain, discharge, and tenderness)

Exclusion criteria:

Getting cancer Taking immunosuppressive drugs Pregnant patients Patients with bone infection

Age

From **18 years** old to **75 years** old

Gender

Both

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **80**

Randomization (investigator's opinion)

Randomized

Randomization description

In this study, patients will be randomly divided into two groups of control with standard treatment and intervention group with standard treatment plus plasma radiation based on the Blocked randomization table.

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Endocrinology and metabolism research institute of Tehran university of medical science.

Street address

Shariati Hospital, Floor 5, N Kargar

City

Tehran

Province

Tehran

Postal code

1411713135

Approval date

2020-09-28, 1399/07/07

Ethics committee reference number

IR.TUMS.EMRI.REC.1399.037

Health conditions studied

1

Description of health condition studied

Infectious diabetic foot ulcers

ICD-10 code

E11.4

ICD-10 code description

Type 2 diabetes mellitus with neurological complications

Primary outcomes

1

Description

Wound area

Timepoint

The wounds of all participants will be photographed in each session.

Method of measurement

Using a digital camera with a ruler and photo analysis in the software environment, the wound area is examined.

Secondary outcomes

1

Description

Reducing bacterial load

Timepoint

Samples of wound secretions are taken at the beginning of the study, mid-treatment and at the end of the study for microbial culture.

Method of measurement

The sample is taken from the depth of the wound using a standard method and the use of a swab.

2

Description

Reduction of wound area

Timepoint

At each visit, the wound area is measured.

Method of measurement

Wound dimensions are measured using a ruler and wound photos are analyzed using software.

Intervention groups

1

Description

Intervention group: In this group, according to the random selection of patients with diabetic foot ulcers

after explaining how to treat after observing the principles of treatment (washing and cleaning the wound, wound debridement, if necessary, offloading and finally appropriate dressing) with argon plasma Wipe the wound surface for 2 minutes. The treatment intervals are one week and finally the patient leaves the plan within 1 month of follow-up.

Category

Treatment - Devices

2

Description

Control group: In this group, after accurate wound evaluation, standard treatments including wound washing, wound debridement, use of appropriate antibiotics, offloading (if necessary) and use of appropriate wound dressing are considered.

Category

Treatment - Other

Recruitment centers

1

Recruitment center

Name of recruitment center

Diabetes Clinic - Diabetes Research Center

Full name of responsible person

Dr. E. Nasli

Street address

Endocrinology and metabolism research institute of Tehran university of medical sciences, End of Jalal Al-Ahmad highway

City

Tehran

Province

Tehran

Postal code

1411413137

Phone

+98 21 8822 0037

Email

n.nasli@yahoo.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Tehran University of Medical Sciences

Full name of responsible person

Neda Mehrdad

Street address

Endocrinology and metabolism research institute of Tehran university of medical sciences, End of Jalal Al-Ahmad highway

City

Tehran

Province

Tehran

Postal code

1411413137

Phone

+98 21 8822 0088

Email

neda1340@yahoo.com

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Tehran University of Medical Sciences

Proportion provided by this source

50

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

2

Sponsor

Name of organization / entity

Laser and Plasma Research Institute of Shahid Beheshti university

Full name of responsible person

Dr. Babak Shokri

Street address

Shahid Beheshti University, Shahid Shahriari Square, Daneshjou Boulevard, Shahid Chamran Highway, Tehran, Iran

City

Tehran

Province

Tehran

Postal code

1983969411

Phone

+98 21 2990 2788

Email

b-shokri@sbu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Laser and Plasma Research Institute of Shahid Beheshti university

Proportion provided by this source

50

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin
Type of organization providing the funding
Academic

Person responsible for general inquiries

Contact

Name of organization / entity
Tehran University of Medical Sciences

Full name of responsible person
Mohammad Reza Amini

Position
GP and DF PhD

Latest degree
Medical doctor

Other areas of specialty/work
General Practitioner

Street address
Endocrinology and metabolism research institute of
Tehran university of medical sciences, End of Jalal Al-
Ahmad highway

City
Tehran

Province
Tehran

Postal code
1411413137

Phone
+98 21 8822 0037

Fax
+98 21 8822 0052

Email
mramini@tums.ac.ir

Web page address
<http://emri.tums.ac.ir>

Person responsible for scientific inquiries

Contact

Name of organization / entity
Tehran University of Medical Sciences

Full name of responsible person
Mohammad Reza Mohajeri Tehrani

Position
Prof. of Endocrinology

Latest degree
Subspecialist

Other areas of specialty/work
Endocrine

Street address
Endocrinology and metabolism research institute of
Tehran university of medical sciences, End of Jalal Al-
Ahmad highway

City
Tehran

Province
Tehran

Postal code
1411413137

Phone
+98 21 8822 0037

Fax
+98 21 8822 0052

Email
mrmohajeri@tums.ac.ir

Web page address
<http://emri.tums.ac.ir>

Person responsible for updating data

Contact

Name of organization / entity
Laser and Plasma Research Institute of Shahid
Beheshti university

Full name of responsible person
Reihaneh Radi

Position
student

Latest degree
Bachelor

Other areas of specialty/work
Plasma treatment

Street address
Shahid Beheshti University, Shahid Shahriari Square,
Daneshjou Boulevard, Shahid Chamran Highway

City
Tehran

Province
Tehran

Postal code
1983969411

Phone
+98 21 29901

Email
reihaneh.radi1995@gmail.com

Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

Due to ethical considerations

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

Undecided - It is not yet known if there will be a plan to
make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available