

Clinical Trial Protocol

Iranian Registry of Clinical Trials

12 Jun 2026

The effect of Clinda soap on the acne vulgaris treatment

Protocol summary

Summary

The aim of this study is to evaluate the effect of clinda soap on the treatment of acne vulgaris. The study includes patients with acne vulgaris referring to our dermatologists' office. Inclusion criteria: 1 - mild to moderate acne 2 - Age range of the patient between 15 to 35 years 3 - written consent of the patients. Exclusion criteria: 1 - Pregnancy and lactation 2-presence of any chronic diseases - 3 receiving antibiotics during the last month before study 4 - use of acnegenic drugs, vit B 12, litum, carbamazepine, phenytoin. 100 patients will be allocated into 2 groups based on blocked randomization. Both groups will receive the standard therapy of acne vulgaris and intervention group also will receive clinda soap for washing of the skin lesions 2 times /day in the morning and evening. Control group will use placebo soap for washing of the skin lesions 2 times / day in the morning and evening for 3 months. The patients will be followed by our dermatologist for the assessment of improvement and any side effect. Inflammatory and non inflammatory lesions, including comedon and papule will be counted and recorded by the same dermatologist before treatment and one month, 2 months and 3 months after treatment. Side effects of the soap including: scaling, dry skin, burning sensation and itching will be assessed, based on a 0 to 3 scale. 0=no side effect. 1=mild, 2=moderate and 3=severe.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201009254808N1**
Registration date: **2011-01-16, 1389/10/26**
Registration timing: **retrospective**

Last update:

Update count: **0**

Registration date

2011-01-16, 1389/10/26

Registrant information

Name

Mozhdeh Zarei

Name of organization / entity

Kurdistan University of Medical Sciences

Country

Iran (Islamic Republic of)

Phone

+98 87 1613 1278

Email address

mozh.zarei@muk.ac.ir

Recruitment status

Recruitment complete

Funding source

Kurdistan University of Medical Sciences

Expected recruitment start date

2010-07-23, 1389/05/01

Expected recruitment end date

2010-12-22, 1389/10/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of Clinda soap on the acne vulgaris treatment

Public title

Clinda soap effects on acne vulgaris

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: 1 - mild to moderate acne 2 - Age range of the patient between 15 to 35 years 3 - written consent of the patients. Exclusion criteria: 1 - Pregnancy and lactation 2-presence of any chronic diseases - 3 receiving antibiotics during the last month before study 4 - use of acnegenic drugs, vit B 12, litum, carbamazepine and phenytoin.

Age

From **15 years** old to **35 years** old

Gender

Both

Phase

3

Groups that have been masked

No information

Sample size

Target sample size: **100**

Randomization (investigator's opinion)

Randomized

Randomization description

Blinding (investigator's opinion)

Double blinded

Blinding description

Placebo

Used

Assignment

Parallel

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

Kurdistan University of Medical Sciences

Street address

Pasdaran blvrd

City

Sanandaj

Postal code

66117713446

Approval date

2010-08-07, 1389/05/16

Ethics committee reference number

46963پ14پ

Health conditions studied

1

Description of health condition studied

Acne vulgaris

ICD-10 code

L70.0

ICD-10 code description

Acne vulgaris

Primary outcomes

1

Description

Improvement of Acne lesion

Timepoint

Monthly

Method of measurement

Assessment of the severity and count of lesions by dermatologist

Secondary outcomes

1

Description

Side effects (including erythema , scaling , dry skin and burning sensation or pruritus)

Timepoint

every month

Method of measurement

Examination of the patients by dermatologists

Intervention groups

1

Description

Intervention group: Clinda soap will be used 2 times / day in the morning and night for 3 months.

Category

Treatment - Drugs

2

Description

Control group: placebo soap will be used 2 times /daly in the morning and night for 3 months.

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Rad dermatology clinic

Full name of responsible person

Mozhdeh Zarei

Street address

University of Medical Sciences, Pasdaran blvrd

City

Sanandaj

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Kurdistan University of Medical Sciences

Full name of responsible person

Fardin Gharibi

Street address

Pasdaran blvrd

City
Sanandaj

Grant name

Grant code / Reference number
44000000

Is the source of funding the same sponsor organization/entity?
Yes

Title of funding source
Kurdistan University of Medical Sciences

Proportion provided by this source
100

Public or private sector
empty

Domestic or foreign origin
empty

Category of foreign source of funding
empty

Country of origin

Type of organization providing the funding
empty

Person responsible for general inquiries

Contact

Name of organization / entity
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Full name of responsible person
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Position
M.A

Other areas of specialty/work

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

empty

Study Protocol

empty

Statistical Analysis Plan

empty

Informed Consent Form

empty

Clinical Study Report

empty

Analytic Code

empty

Data Dictionary

empty