Clinical Trial Protocol
Iranian Registry of Clinical Trials

18 Sep 2026

The effect of Clinda soap on the acne vulgaris treatment

Protocol summary

Summary

The aim of this study is to evaluate the effect of clinda soap on the treatment of acne vulgaris. The study includes patients with acne vulgaris referring to our dermatologists' office. Inclusion criteria: 1 - mild to moderate acne 2 – Age range of the patient between 15 to 35 years 3 - written consent of the patients. Exclusion criteria: 1 - Pregnancy and lactation 2-presense of any chronic diseases - 3 receiving antibiotics during the last month before study 4 - use of acnegenic drugs, vit B 12, litum, carbamazepine, phenytoin. 100 patients will be allocated into 2 groups based on blocked randomization. Both groups will receive the standard therapy of acne vulgaris and intervention group also will receive clinda soap for washing of the skin lesions 2 times /day in the morning and evening. Control group will use placebo soap for washing of the skin lesions 2 times / day in the morning and evening for 3 months. The patients will be followed by our dermatologist for the assessment of improvement and any side effect. Inflammatory and non inflammatory lesions, including comedon and papule will be counted and recorded by the same dermatologist before treatment and one mounth, 2 months and 3 months after treatment. Side effects of the soap including: scaling, dry skin, burning sensation and itching will be assessed, based on a 0 to 3 scale. 0=no side effect. 1=mild, 2=moderate and 3=severe.

General information

Acronym

IRCT registration information

IRCT registration number: **IRCT201009254808N1**
Registration date: **2011-01-16, 1389/10/26**
Registration timing: **retrospective**

Last update:
Update count: **0**

Registration date

2011-01-16, 1389/10/26

Registrant information

Name
Mozhdeh Zarei
Name of organization / entity
Kurdistan University of Medical Sciences
Country
Iran (Islamic Republic of)
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+98 87 1613 1278
Email address
mozh.zarei@muk.ac.ir

Recruitment status

Recruitment complete

Funding source

Kurdistan University of Medical Sciences

Expected recruitment start date

2010-07-23, 1389/05/01

Expected recruitment end date

2010-12-22, 1389/10/01

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

The effect of Clinda soap on the acne vulgaris treatment

Public title

Clinda soap effects on acne vulgaris

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria: 1 - mild to moderate acne 2 – Age range of the patient between 15 to 35 years 3 - written consent of the patients. Exclusion criteria: 1 - Pregnancy and lactation 2-presense of any chronic diseases - 3 receiving antibiotics during the last month before study 4 - use of acnegenic drugs, vit B 12, litum, carbamazepine and phenytoin.

Age
From **15 years** old to **35 years** old
Gender
Both

Phase
3
Groups that have been masked
No information
Sample size
Target sample size: **100**
Randomization (investigator's opinion)
Randomized
Randomization description
Blinding (investigator's opinion)
Double blinded
Blinding description
Placebo
Used
Assignment
Parallel
Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee
Name of ethics committee
Kurdistan University of Medical Sciences
Street address
Pasdaran blvrd
City
Sanandaj
Postal code
66117713446
Approval date
2010-08-07, 1389/05/16
Ethics committee reference number
46963پ14پ

Health conditions studied

1

Description of health condition studied
Acne vulgaris
ICD-10 code
L70.0
ICD-10 code description
Acne vulgaris

Primary outcomes

1

Description
Improvement of Acne lesion
Timepoint
Monthly
Method of measurement
Assessment of the severity and count of lesions by dermatologist

Secondary outcomes

1

Description
Side effects (including erythema , scaling , dry skin and burning sensation or praritms)
Timepoint
every month
Method of measurement
Examination of the patients by dermatologists

Intervention groups

1

Description
Intervention group: Cllnda soap will be used 2 times / day in the morning and night for 3 months.
Category
Treatment - Drugs

2

Description
Control group: placebo soap will be used 2 times /daly in the morning and night for 3 months.
Category
Placebo

Recruitment centers

1

Recruitment center
Name of recruitment center
Rad dermatology clinic
Full name of responsible person
Mozhdeh Zarei
Street address
University of Medical Sciences, Pasdaran blvrd
City
Sanandaj

Sponsors / Funding sources

1

Sponsor
Name of organization / entity
Kurdistan University of Medical Sciences
Full name of responsible person
Fardin Gharibi
Street address
Pasdaran blvrd

City
Sanandaj
Grant name
Grant code / Reference number
44000000
Is the source of funding the same sponsor organization/entity?
Yes
Title of funding source
Kurdistan University of Medical Sciences
Proportion provided by this source
100
Public or private sector
empty
Domestic or foreign origin
empty
Category of foreign source of funding
empty
Country of origin
Type of organization providing the funding
empty

Person responsible for general inquiries

Contact
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Person responsible for updating data

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Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)
empty
Study Protocol
empty
Statistical Analysis Plan
empty
Informed Consent Form
empty
Clinical Study Report
empty
Analytic Code
empty
Data Dictionary
empty