The co-effect of sensate focus technique and position changing on sexual function in women with pelvic endometriosis who use medication

Protocol summary

Study aim
The simultaneous effect of sensate focus technique and position changing on sexual function in under treatment women with pelvic endometriosis

Design
This study is a clinical trial, with control group, with parallel groups, without blinding, randomized, which will be performed on 80 patients.

Settings and conduct
Random clinical trial with control group, Endometriosis Clinic of Avicenna Research Institute in Tehran, evaluation of interventions one and two months after intervention training

Participants/Inclusion and exclusion criteria
Inclusion criteria: Married women between the ages of 18 and 45 who have undergone medical treatment with an ultrasound diagnosis of endometriosis and have been referred for follow-up and had intercourse in the last 8 weeks.

Intervention groups
Intervention group: includes 40 women with endometriosis who are given a face-to-face training session in the form of a two-hour theory training on sensate focus technique and sexual position with educational slides and a step-by-step guide to sensate focus technique and sexual position will also be provided. The control group included 40 women with pelvic endometriosis who referred to the clinic for follow-up.

Main outcome variables
Sexual function; Sensate focus technique; Position changing

General information

Reason for update

Acronym

IRCT registration information
IRCT registration number: IRCT20200617047812N1
Registration date: 2020-11-05, 1399/08/15

Registration timing: prospective

Last update: 2020-11-05, 1399/08/15
Update count: 0

Registration date
2020-11-05, 1399/08/15

Registrant information
Name
Maryam Tajik

Name of organization / entity
Tarbiat Modares University

Country
Iran (Islamic Republic of)

Phone
+98 21 5596 6271

Email address
m.tajjik@modares.ac.ir

Recruitment status
Recruitment complete

Funding source

Expected recruitment start date
2020-11-30, 1399/09/10

Expected recruitment end date
2021-12-01, 1400/09/10

Actual recruitment start date
empty

Actual recruitment end date
empty

Trial completion date
empty

Scientific title
The co-effect of sensate focus technique and position changing on sexual function in women with pelvic endometriosis who use medication

Public title
The effect of sensate focus technique and position changing on sexual function in under treatment women with pelvic endometriosis

27 Dec 2022
changing on sexual function in women with pelvic endometriosis

Purpose
Treatment

Inclusion/Exclusion criteria

Inclusion criteria:
Married women aged 18-45 years Having intercourse in
the last 8 weeks No known underlying disease other than
endometriosis (according to the research unit and the
file) No mental illness (according to the research unit and
the file) Husband monogamy and living with the spouse
now and during the study Literacy of Persian language
Being Iranian and living in Tehran No addiction of
couples to drugs and alcohol (according to the research
unit and the file) No stressful event during the last month
(according to the research unit and the file)

Exclusion criteria:
Not having intercourse Being pregnant Having a mental
illness

Age
From 18 years old to 45 years old

Gender
Female

Phase
N/A

Groups that have been masked
No information

Sample size
Target sample size: 80

Randomization (investigator's opinion)
Randomized

Randomization description
Step 1: We will number the people of the community
from number 1. This numbering will be done without
following any special order. Step 2: We will randomly
select a number as the sampling source in the table of
random numbers. Step 3: From the beginning of
sampling, we will consider rows with the number of
sample digits. Step 4: We will read the numbers of the
selected rows in order. We will count We will count the
recurring number only once. The first selected number
will be in the intervention group and the next number in
the control group. Sampling will continue until the
sample size is completed.

Blinding (investigator's opinion)
Not blinded

Blinding description
Placebo
Not used

Assignment
Parallel

Other design features

Secondary Ids
empty

Ethics committees

1
Ethics committee

Name of ethics committee
Ethics committee of Tarbiat Modares University

Street address
Jalal Al-Ahmad Highway, Faculty of Medical Sciences,
Tarbiat Modares University, Tehran

City
Tehran
Province
Tehran
Postal code
1411713116

Approval date
2020-10-10, 1399/07/19

Ethics committee reference number
IR.MODARES.REC.1399.089

Health conditions studied

1
Description of health condition studied
Sexual function

ICD-10 code
F52

ICD-10 code description
Sexual dysfunction not due to a substance or known
physiological condition

Primary outcomes

1
Description
Improve sexual function

Timepoint
At the beginning of the study and 1 and 2 months after
the intervention

Method of measurement
FSFI (female sexual function index), VAS ( visual
analogue scale)

Secondary outcomes
empty

Intervention groups

1
Description
In the intervention group, a 2-hour face-to-face training
session will be conducted in the form of theoretical
training on the sensate focus technique and sexual
positions, along with educational slides, and a step-by-
step instruction booklet on sensate focus technique and
sexual position will be provided.

Category
Treatment - Other
Control group: no intervention; and at the end of the evaluation period, a training booklet will be provided to the control group.

**Category**
- Treatment - Other

### Recruitment centers

1

**Recruitment center**
- Name of recruitment center: Avicenna Research Institute
- Full name of responsible person: Shadab Shahali
- **Street address**: No. 97, corner of Yakhchal St, Shariati St, Tehran
- **City**: Tehran
- **Province**: Tehran
- **Postal code**: 1941913114
- **Phone**: +98 21 23519
- **Fax**: +98 21 2264 4754
- **Email**: maryam.rasuli2014@gmail.com

### Sponsors / Funding sources

1

**Sponsor**
- **Name of organization / entity**: Tarbiat Modares University
- **Full name of responsible person**: Mohammad Taghi Ahmadi
- **Street address**: Jalal Al-Ahmad Highway, Nasr Bridge, Faculty of Medical Sciences, Tarbiat Modares University
- **City**: Tehran
- **Province**: Tehran
- **Postal code**: 1411713116
- **Phone**: +98 21 8288 4230
- **Fax**: +98 21 8288 4230
- **Email**: maryam.rasuli2014@gmail.com
- **Web page address**: http://www.modares.ac.ir/en

**Grant name**

**Grant code / Reference number**: 0

**Is the source of funding the same sponsor organization/entity?** Yes

**Title of funding source**: Tarbiat Modares University

**Proportion provided by this source**: 100

**Public or private sector**: Public

**Domestic or foreign origin**: Domestic

**Category of foreign source of funding**: empty

**Country of origin**: empty

**Type of organization providing the funding**: Academic

**Person responsible for general inquiries**

**Contact**
- **Name of organization / entity**: Tarbiat Modares University
- **Full name of responsible person**: Shadab Shahali
- **Position**: Associate professor
- **Latest degree**: Ph.D.

**Other areas of specialty/work**: Reproductive Health

**Street address**: Jalal Al-Ahmad Highway, Faculty of Medical Sciences, Tarbiat Modares University
- **City**: Tehran
- **Province**: Tehran
- **Postal code**: 14115-111
- **Phone**: +98 21 8288 3811
- **Email**: shadab.shahali@modares.ac.ir

**Person responsible for scientific inquiries**

**Contact**
- **Name of organization / entity**: Tarbiat Modares University
- **Full name of responsible person**: Shadab Shahali
- **Position**: Associate professor
- **Latest degree**: Ph.D.

**Other areas of specialty/work**: Reproductive Health

**Street address**: Jalal Al-Ahmad Highway, Faculty of Medical Sciences, Tarbiat Modares University
- **City**: Tehran
- **Province**: Tehran
Postal code
14115-111
Phone
+98 21 8288 3811
Email
shadab.shahali@modares.ac.ir

Person responsible for updating data

Contact
Name of organization / entity
Tarbiat Modares University
Full name of responsible person
Shadab Shahali
Position
Associate professor
Latest degree
Ph.D.
Other areas of specialty/work
Reproductive Health
Street address
Jalal Al-Ahmad Highway, Faculty of Medical Sciences, Tarbiat Modares University
City
Tehran
Province
Tehran
Postal code
1411713116
Phone
+98 21 8288 3811
Fax
+98 21 8882 3042
Email
shadab.shahali@modares.ac.ir
Web page address
http://www.modares.ac.ir/en

Sharing plan

Deidentified Individual Participant Data Set (IPD)
- There is not a plan to make this available
Justification/reason for indecision/not sharing IPD
There is no more information
Study Protocol
- There is a plan to make this available
Statistical Analysis Plan
- There is a plan to make this available
Informed Consent Form
No - There is not a plan to make this available
Clinical Study Report
- There is a plan to make this available
Analytic Code
- There is not a plan to make this available
Data Dictionary
- There is not a plan to make this available
Title and more details about the data/document
Only part of the data, including information about the main outcome, can be shared
When the data will become available and for how long
Access efficiency starts from 1401
To whom data/document is available
The data will only be available to field researchers
Under which criteria data/document could be used
For further research, researchers can send a written request to the responsible author.
From where data/document is obtainable
Corresponding Author, Tarbiat Modares University, Faculty of Medical Sciences, Department of Midwifery and Reproductive Health
What processes are involved for a request to access data/document
After a written request from the responsible author, the request will be sent to the research unit of Tarbiat Modares University and if the rules are complied with, the analyzed data will be provided to the researchers.
Comments