

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

10 Jun 2026

### Evaluation of the effectiveness of microemulsion containing extracted squalene based on oilseeds for the treatment of COVID-19

#### Protocol summary

##### Study aim

Evaluation of the effectiveness of microemulsion containing extracted squalene for the treatment of COVID-19

##### Design

A clinical trial with a control group, with parallel groups, double-blind, randomized, phase 3 on 15 patients, a random number table was used for randomization.

##### Settings and conduct

This study will be performed on 15 patients by injecting a dose of 20 mg of nano-structured squalene every 8 hours for 6 days. Patient symptom assessors and analysts will be blind.

##### Participants/Inclusion and exclusion criteria

Patients with COVID-19 who have been confirmed by CT scan and have no exclusion criteria who are in the severe and critical stages of the disease and are admitted to the Infectious Intensive Care Unit (ICU) will enter the study. Patients with a known history of myocardial ischemia and advanced heart failure and COPD, no consent of drug injection, people with any mental disability that prevents effective communication will not enter the study.

##### Intervention groups

All eligible subjects included the intervention group and the control group treated with chloroquine 150 (mg equivalent to 250 mg chloroquine phosphate) two tablets together on the first day and then one tablet every 12 hours for a total of 10 days or hydroxychloroquine 400 mg together on the first day and then one tablet every 12 hours to 10 days, valupinavir / ritonavir (50/200) every 12 hours, two tablets for 10 to 14 days and ribavirin 200 mg 6 tablets every 12 hours to 5 days. The intervention group, in addition to the above treatments, will be injected with nano-containing squalene 3 times a day at a dose of 20 mg for 6 days.

##### Main outcome variables

1- Respiratory rate less than 24 per minute 2- SPO2 content in room air more than or equal to 93% 3- No fever for 2 days 4- Oral tolerance 5- Clinical judgment of

the physician

#### General information

##### Reason for update

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20200927048848N2**

Registration date: **2020-11-04, 1399/08/14**

Registration timing: **registered\_while\_recruiting**

Last update: **2020-11-04, 1399/08/14**

Update count: **0**

##### Registration date

2020-11-04, 1399/08/14

##### Registrant information

##### Name

Mahmoud Ebrahimi

##### Name of organization / entity

##### Country

Iran (Islamic Republic of)

##### Phone

+98 51 3854 5985

##### Email address

brahimimh@mums.ac.ir

##### Recruitment status

**Recruitment complete**

##### Funding source

##### Expected recruitment start date

2020-10-31, 1399/08/10

##### Expected recruitment end date

2020-11-30, 1399/09/10

##### Actual recruitment start date

empty

##### Actual recruitment end date

empty

##### Trial completion date

empty

### Scientific title

Evaluation of the effectiveness of microemulsion containing extracted squalene based on oilseeds for the treatment of COVID-19

### Public title

squalene and COVID-19

### Purpose

Treatment

### Inclusion/Exclusion criteria

#### Inclusion criteria:

Patients with Covid-19 who have been confirmed by CT scan The patient has been admitted to the Intensive Care Unit (ICU) due to severe or critical condition

#### Exclusion criteria:

Known history of myocardial ischemia and heart failure and advanced COPD No consent of the patient or with the drug injection. Any mental disability that prevents effective communication. Existence of any physical disability that prevents one from performing daily activities independently. (Physical disability leads to disability before COVID-19 disease)

### Age

From **18 years** old

### Gender

Both

### Phase

3

### Groups that have been masked

- Outcome assessor
- Data analyser

### Sample size

Target sample size: **15**

### Randomization (investigator's opinion)

Not randomized

### Randomization description

### Blinding (investigator's opinion)

Double blinded

### Blinding description

Patient symptom evaluators and data analysts will be unaware of the intervention and control groups

### Placebo

Not used

### Assignment

Parallel

### Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics committee of Mashhad University of Medical sciences

### Street address

GHarshi building, Daneshgah Avenue.

### City

Mashhad

### Province

Razavi Khorasan

### Postal code

1394491388

### Approval date

2020-10-24, 1399/08/03

### Ethics committee reference number

IR.MUMS.REC.1399.468

## Health conditions studied

### 1

#### Description of health condition studied

Covid-19 disease

#### ICD-10 code

U07.1

#### ICD-10 code description

covid-19 disease

## Primary outcomes

### 1

#### Description

Response to treatment criteria including respiratory rate, SPO2 in room air , presence or absence of fever for 2 days, oral tolerance, clinical judgment of the physician

#### Timepoint

Response to treatment will be evaluated daily, 24 hours after the first injection

#### Method of measurement

The number of breaths per minute will be counted by the evaluator, the blood oxygen level will be checked with a pulse oximeter, the fever will be measured sublingually using a mercury thermometer. Oral tolerance will also be recorded by evaluators.

## Secondary outcomes

### 1

#### Description

Response to treatment criteria include respiratory rate less than 24 per minute, SPO2 in room air  $\geq 93\%$ , absence of fever for 2 days, oral tolerance, clinical judgment of the physician

#### Timepoint

Response to treatment will be assessed daily, 24 hours after the first injection

#### Method of measurement

The number of breaths per minute will be counted by the evaluator, the blood oxygen level will be checked with a pulse oximeter, the fever will be measured sublingually using a mercury thermometer. Oral tolerance will also be recorded by evaluators.

## Intervention groups

### 1

#### Description

Intervention group: main treatment plus injection of 20 mg squalene microemulsion every 8 hours for 6 days

#### Category

Treatment - Drugs

### 2

#### Description

Control group: main treatment includes 150 mg chloroquine (equivalent to 250 mg chloroquine phosphate) two tablets together on the first day and then one tablet every 12 hours for a total of 10 days or hydroxychloroquine 400 mg together on the first day and then one tablet every 12 hours for 10 days + Lupinavir / Ritonavir (200/50) every 12 hours for 10 to 14 days

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Imam Reza hospital

##### Full name of responsible person

Mahmood Ebrahimi

##### Street address

Imam Reza hospital, Imam Reza square

##### City

Mashhad

##### Province

Razavi Khorasan

##### Postal code

9137913316

##### Phone

+98 51 3854 3031

##### Email

EbrahimiMH@mums.ac.ir

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Deputy of Research and Technology

##### Street address

Gharshi building-Daneshgah street

##### City

Mashhad

##### Province

South Khorasan

##### Postal code

9138813944

#### Phone

+98 51 3841 1538

#### Email

vresreach@mums.ac.ir

#### Grant name

#### Grant code / Reference number

#### Is the source of funding the same sponsor organization/entity?

Yes

#### Title of funding source

Mashhad University of Medical Sciences

#### Proportion provided by this source

100

#### Public or private sector

Public

#### Domestic or foreign origin

Domestic

#### Category of foreign source of funding

empty

#### Country of origin

#### Type of organization providing the funding

Academic

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Mahmood Ebrahimi

##### Position

Associate Professor

##### Latest degree

Subspecialist

##### Other areas of specialty/work

Cardiology

##### Street address

cardiovascular departement, Imam Reza hospital, Imam Reza square

##### City

Mashhad

##### Province

Razavi Khorasan

##### Postal code

913791331

##### Phone

0098 51 3854450

##### Email

EbrahimiMH@mums.ac.ir

## Person responsible for scientific inquiries

#### Contact

##### Name of organization / entity

Mashhad University of Medical Sciences

##### Full name of responsible person

Mahmood Ebrahimi

##### Position

Associate professor

##### Latest degree

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**Other areas of specialty/work**

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0098 051 3854450

**Email**

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**Sharing plan****Deidentified Individual Participant Data Set (IPD)**

Undecided - It is not yet known if there will be a plan to make this available

**Study Protocol**

Undecided - It is not yet known if there will be a plan to make this available

**Statistical Analysis Plan**

Not applicable

**Informed Consent Form**

Undecided - It is not yet known if there will be a plan to make this available

**Clinical Study Report**

Not applicable

**Analytic Code**

Undecided - It is not yet known if there will be a plan to make this available

**Data Dictionary**

Not applicable