

Clinical Trial Protocol

Iranian Registry of Clinical Trials

10 Jun 2026

Investigation of the therapeutic effects of Trehalose in a patient with multiple sulfatase deficiency (MSD)

Protocol summary

Study aim

Reduction of Symptoms in MSD patients by trehalose therapeutic effect

Design

This study has been designed as a non randomized controlled trial without control group and placebo

Settings and conduct

Akbar children's hospital/ Faculty of medicine/ Faculty of pharmacy Patients will be selected from Akbar hospital and will receive trehalose intravenously (15 g/week) for 12 weeks, then related parameters will be measured at the end of the study.

Participants/Inclusion and exclusion criteria

Patient with definite diagnose of MSD

Intervention groups

Trehalose solution 15% (C₁₂H₂₂O₁₁) that is a nonreducing disaccharide consisting two glucose units are linked in an α , α -1,1-glycosidic linkage

Main outcome variables

Assessment of health-related quality of life with Quality of Life (TAPQOL) questionnaire

General information

Reason for update

Acronym

TTEMSD

IRCT registration information

IRCT registration number: **IRCT20130829014521N17**

Registration date: **2021-03-15, 1399/12/25**

Registration timing: **registered_while_recruiting**

Last update: **2021-03-15, 1399/12/25**

Update count: **0**

Registration date

2021-03-15, 1399/12/25

Registrant information

Name

Amirhossein Sahebkar

Name of organization / entity

Mashhad University of Medical Sciences

Country

Iran (Islamic Republic of)

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Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2021-02-19, 1399/12/01

Expected recruitment end date

2021-03-20, 1399/12/30

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Investigation of the therapeutic effects of Trehalose in a patient with multiple sulfatase deficiency (MSD)

Public title

Trehalose and multiple sulfatase deficiency (MSD)

Purpose

Treatment

Inclusion/Exclusion criteria

Inclusion criteria:

Patients with definitive diagnosis of MSD

Exclusion criteria:

Age

No age limit

Gender

Both

Phase

2

Groups that have been masked

No information

Sample size

Target sample size: 1

Randomization (investigator's opinion)

N/A

Randomization description

Blinding (investigator's opinion)

Not blinded

Blinding description

Placebo

Not used

Assignment

Single

Other design features

Secondary Ids

empty

Ethics committees

1

Ethics committee

Name of ethics committee

کمیته اخلاق دانشگاه علوم پزشکی مشهد

Street address

Vice Chancellor for Research, Mashhad University of Medical Sciences, Ghoreishi building, Daneshgah Street

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Razavi Khorasan

Postal code

9138813944

Approval date

2021-01-30, 1399/11/11

Ethics committee reference number

IR.MUMS.REC.1399.619

Health conditions studied

1

Description of health condition studied

Multiple sulfatase deficiency

ICD-10 code

E75.2

ICD-10 code description

Multiple sulfatase deficiency (also known as 'Austin disease', and 'mucosulfatidosis') is a very rare autosomal recessive lysosomal storage disease caused by a deficiency in multiple sulfatase enzymes, or in formylglycine-generating enzyme, which activate

Primary outcomes

1

Description

Assessment of health-related quality of life

Timepoint

A before-and-after study (At the beginning and end of the intervention trial (Day 0 and week 12))

Method of measurement

The TAPQOL is a 43 item questionnaire consisting of 12 multi-item scales that cover the domains physical, social, cognitive, and emotional functioning.

Secondary outcomes

1

Description

1- Sonographic assessment of liver and spleen size

Timepoint

A before-and-after study (At the beginning and end of the intervention trial (Day 0 and week 12))

Method of measurement

Liver and spleen size can be evaluated with sonography

2

Description

2-biochemical assays to evaluate the levels of serum enzymes such as ALT and AST

Timepoint

A before-and-after study (At the beginning and end of the intervention trial (Day 0 and week 12))

Method of measurement

Enzymatic assay

3

Description

Evaluation of brain lesions

Timepoint

A before-and-after study (At the beginning and end of the intervention trial (Day 0 and week 12))

Method of measurement

Brain imaging methods (scan-MRI)

Intervention groups

1

Description

Intervention group: Trehalose solution 15% (C12H22O11) that is a nonreducing disaccharide consisting two glucose units are linked in an α,α -1,1-glycosidic linkage.

Category

Treatment - Drugs

Recruitment centers

1

Recruitment center

Name of recruitment center

Endocrinology and metabolism research institute,
Akbar hospital

Full name of responsible person

Dr.Amirhossein Sahebkar

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Shahid Fakouri blvd.

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Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Dr. Mohsen Tafaghodi

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Grant name

Grant code / Reference number

**Is the source of funding the same sponsor
organization/entity?**

Yes

Title of funding source

Mashhad University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Mashhad University of Medical Sciences

Full name of responsible person

Amirhossein Sahebkar

Position

Associate professor

Latest degree

Ph.D.

Other areas of specialty/work

Medical Pharmacy

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Person responsible for scientific inquiries

Contact

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Full name of responsible person

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Sharing plan

Deidentified Individual Participant Data Set (IPD)

No - There is not a plan to make this available

Justification/reason for indecision/not sharing IPD

There is no further information

Study Protocol

No - There is not a plan to make this available

Statistical Analysis Plan

No - There is not a plan to make this available

Informed Consent Form

No - There is not a plan to make this available

Clinical Study Report

No - There is not a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available