

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

09 Jun 2026

### **In- Vivo Bioequivalence study of Teriflunomide tablet 14 mg Aburayhan Pharma with brand drug (AUBAGIO® 14 mg Genzyme, Germany) in Iranian healthy volunteers.**

#### **Protocol summary**

##### **Study aim**

In- Vivo Bioequivalence study of Teriflunomide tablet 14 mg Aburayhan Pharma with brand drug (AUBAGIO® 14 mg Genzyme, Germany) in Iranian healthy volunteers.

##### **Design**

Single dose, randomized, two sequences, two period crossover with a washout period.

##### **Settings and conduct**

This study will be conducted in one-way, cross-over and fasting, and on two sets of healthy volunteers. The study will be conducted in two periods of 72 hours. The interval between these two periods, which is called the wash-out time, is determined by the half-life of the drug plasma, which according to scientific sources should be at least 5 to 7 half-life of the drug in the case of the drug under study. The plan will take a week to clean up the drug, given the biological half-life of the drugs in the drug form. In the first round, candidates are divided into two groups, and the first group receives a test tablet and the second group receives a similar tablet. Blood samples will be taken by the volunteer by the technician immediately after taking the drug, and the preparation steps of the samples, including plasma separation and drug extraction, are performed to analyze the amount of drug on them.

##### **Participants/Inclusion and exclusion criteria**

24 participants will be selected from non-smoking, not pregnant people with no history of heart, kidney and liver disease or dis functions with both sex (male&female). The ages and BMIs of participant should be in the range of 18-60 and 18-28 respectively

##### **Intervention groups**

Intervention group Single dose Teriflunomide tablet 14 mg Aburayhan Pharma Company with brand drugs (AUBAGIO® 14 mg Genzyme, Germany )

##### **Main outcome variables**

Determination of blood drug concentration.

#### **General information**

##### **Reason for update**

##### **Acronym**

##### **IRCT registration information**

IRCT registration number: **IRCT20200105046010N25**

Registration date: **2021-03-11, 1399/12/21**

Registration timing: **registered\_while\_recruiting**

Last update: **2021-03-11, 1399/12/21**

Update count: **0**

##### **Registration date**

2021-03-11, 1399/12/21

##### **Registrant information**

##### **Name**

Javad Shokri

##### **Name of organization / entity**

##### **Country**

Iran (Islamic Republic of)

##### **Phone**

+98 41 3661 4125

##### **Email address**

shokri.j@gmail.com

##### **Recruitment status**

**Recruitment complete**

##### **Funding source**

##### **Expected recruitment start date**

2021-03-10, 1399/12/20

##### **Expected recruitment end date**

2022-01-10, 1400/10/20

##### **Actual recruitment start date**

empty

##### **Actual recruitment end date**

empty

##### **Trial completion date**

empty

## Scientific title

In- Vivo Bioequivalence study of Teriflunomide tablet 14 mg Aburayhan Pharma with brand drug (AUBAGIO® 14 mg Genzyme, Germany) in Iranian healthy volunteers.

## Public title

In-vivo Bioequivalence Test of Teriflunomide® tablet with brand drugs (AUBAGIO® 14 mg Genzyme, Germany).

## Purpose

Treatment

## Inclusion/Exclusion criteria

### Inclusion criteria:

General health Body mass index(18-28) Informed consent Age(18-60)

### Exclusion criteria:

Smoking A history of cardiovascular disease A history of liver & kidney disease Pregnancy Alcohol & Drug addiction Hypersensitivity to the drug

## Age

From **18 years** old to **60 years** old

## Gender

Both

## Phase

Bioequivalence

## Groups that have been masked

- Participant

## Sample size

Target sample size: **24**

## Randomization (investigator's opinion)

Randomized

## Randomization description

Random allocation law will be used for randomization of volunteers in this study. This method represents a large block for the total sample size, which means that a balance in the number of people assigned to each group will be obtained at the end of the study. By this method, sequences 1(subjects no: 1-12) and sequences 2 (subjects no: 13-24) will be selected by using a simple paper lottery. the first and second 12 persons will be considered as sequence 1 (Group A) and sequence 2 (Group B) respectively.

## Blinding (investigator's opinion)

Single blinded

## Blinding description

Candidates are not aware of the test drug or brand name. In a one-blind study, information that could distort the test result is hidden from the candidates, but the person in charge of the test is aware of it. Tramadol and Tramadol are removed from their packaging by the executor and placed in similar and coded cans. Volunteers will not be informed about receiving the brand or test dosage form.

## Placebo

Not used

## Assignment

Crossover

## Other design features

## Secondary Ids

empty

## Ethics committees

### 1

#### Ethics committee

##### Name of ethics committee

Ethics Committee, Tabriz University of Medical Sciences

##### Street address

Third floor of TUMS (Tabriz University of Medical Sciences) central building, Dneshgah St. Tabriz, Iran

##### City

Tabriz

##### Province

East Azarbaijan

##### Postal code

5166614766

#### Approval date

2021-03-01, 1399/12/11

#### Ethics committee reference number

IR.TBZMED.REC.1399.1116

## Health conditions studied

### 1

#### Description of health condition studied

In this study, the disease is not examined. Subject bioequivalence test and reference tablets Teriflunomide studied.

#### ICD-10 code

#### ICD-10 code description

## Primary outcomes

### 1

#### Description

Determination of blood drug concentration.

#### Timepoint

Sampling times in this study will be 0, 1, 2, 2:30, 3, 3:20, 3:40, 4, 4:20, 4: 40, 5, 6, 8, 10, 12, 24, 48, 72 hours After prescribing the tablet.

#### Method of measurement

High Performance Liquid Chromatography with tandem mass spectroscopy detector

## Secondary outcomes

empty

## Intervention groups

### 1

#### Description

Intervention group: Intervention group received one test drug table(Teriflunomide tablet 14 mg Aburayhan

Pharma). Blood samples were taken from the volunteers for 72 hours at the mentioned times after drug administration and the concentration of Everolimus in blood samples was measured by liquid chromatography with mass spectroscopy detector.

#### Category

Treatment - Drugs

### 2

#### Description

Control group: Control group received one test drug table (AUBAGIO® 14 mg Genzyme, Germany). Blood samples were taken from the volunteers for 72 hours at the mentioned times after drug administration and the concentration of AFINITOR in blood samples was measured by liquid chromatography with mass spectroscopy detector.

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Simin Baspar Teyf Gostar Company

##### Full name of responsible person

Javad Shokri

##### Street address

No.48, Ferdos Street

##### City

Tabriz

##### Province

East Azarbaijan

##### Postal code

5167874434

##### Phone

+98 41 3384 2724

##### Email

Shokri.j@gmail.com

## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Aburayhan Pharmaceutical Company

##### Full name of responsible person

Mortaza Sobhani niya

##### Street address

Tehran - corner of Tehranpars three ways in front of Shahr Hotel, No. 1

##### City

Tehran

##### Province

Tehran

##### Postal code

1654613111

##### Phone

+98 21 7770 7173

##### Email

info@aburaihan.com

##### Grant name

##### Grant code / Reference number

##### Is the source of funding the same sponsor organization/entity?

No

##### Title of funding source

Tabriz University of Medical Sciences

##### Proportion provided by this source

100

##### Public or private sector

Private

##### Domestic or foreign origin

Domestic

##### Category of foreign source of funding

empty

##### Country of origin

##### Type of organization providing the funding

Other

## Person responsible for general inquiries

#### Contact

##### Name of organization / entity

Tabriz University of Medical Sciences

##### Full name of responsible person

Javad Shokri

##### Position

Professor

##### Latest degree

Ph.D.

##### Other areas of specialty/work

Medical Pharmacy

##### Street address

Faculty of Pharmacy, Tabriz University of Medical Sciences.

##### City

Tabriz

##### Province

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##### Postal code

5166414766

##### Phone

+98 41 3334 8489

##### Email

Shokri.j@gmail.com

## Person responsible for scientific inquiries

#### Contact

##### Name of organization / entity

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##### Full name of responsible person

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##### Position

Professor

##### Latest degree

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##### Other areas of specialty/work

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**Person responsible for updating data**

**Contact**

**Name of organization / entity**

Tabriz University of Medical Sciences

**Full name of responsible person**

Javad Shokri

**Position**

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**Sharing plan**

**Deidentified Individual Participant Data Set (IPD)**

No - There is not a plan to make this available

**Justification/reason for indecision/not sharing IPD**

These data are as secure between researcher and related industries .

**Study Protocol**

No - There is not a plan to make this available

**Statistical Analysis Plan**

No - There is not a plan to make this available

**Informed Consent Form**

No - There is not a plan to make this available

**Clinical Study Report**

No - There is not a plan to make this available

**Analytic Code**

No - There is not a plan to make this available

**Data Dictionary**

Yes - There is a plan to make this available

**Title and more details about the data/document**

Only protocol and methods of study are sharable

**When the data will become available and for how long**

Only protocol and methods of study are sharable.

**To whom data/document is available**

Pharmaceutical and medical sciences researchers

**Under which criteria data/document could be used**

Projects information's for any publications is not allowed.

**From where data/document is obtainable**

By email to the project manager (shokri.j@gmail.com)

**What processes are involved for a request to access data/document**

This information is confidential and is at the disposal of the project sponsor. Upon request, the information will be provided to the applicant by the contractor's email after the

**Comments**