

# Clinical Trial Protocol

## Iranian Registry of Clinical Trials

02 Jul 2026

### Comparative bioequivalency study (pharmacokinetics-pharmacodynamics) of Variopeptyl® 11.25 mg and Diphereline® 11.25 mg in Patients with non-metastatic or metastatic prostate cancer Volunteers

#### Protocol summary

##### Study aim

Evaluation of pharmacokinetic parameters based on measurement of serum triptorelin concentration, Evaluation of pharmacodynamic parameters based on measurement of decreased sex hormone levels (reduction of serum testosterone level to castration level) of patients with non-metastatic or metastatic prostate cancer.

##### Design

This clinical trial is a bioequivalence study, randomized, double-armed, double-blind, parallel, with a 1: 1 ratio of volunteers.

##### Settings and conduct

This clinical trial at Isfahan Poursina Research center and Tehran Khatam-al Anbiya hospital begins to accept volunteer patients. This study is double-blind and the patient and the principal investigator are unaware of the type of prescription intervention

##### Participants/Inclusion and exclusion criteria

Inclusion criteria: • Men between the ages of 50 and 90 • patient with non-metastatic or metastatic prostate cancer whose disease has been diagnosed based on examination and paraclinical procedures. • No cardiovascular, cerebral, renal or hepatic problems. • No history of hormone use, immunosuppressive drugs in the last 2 months • No immune system diseases such as AIDS and .MS • Able and willing to sign informed consent form; Exclusion criteria: • Sensitivity to drugs, especially GnRH-A Previous history of chemotherapy • Other diseases

##### Intervention groups

All volunteers are randomly divided into two groups after definitive confirmation of non-metastatic or metastatic prostate cancer and one group will receive 11.25 mg of extended-release injectable variopeptyl and the other group will receive 11.25 mg of injectable extended-

release drug diphereline.

##### Main outcome variables

measurement of serum triptorelin concentration

#### General information

##### Reason for update

Changes in the study population (According to the principal investigator, the number of people with non-metastatic prostate cancer is very limited, so it is necessary to increase the age range of patients participating in the study from 50 to 70 years to 50 to 90 years. Also adding the population of patients with metastatic prostate cancer to the inclusion criteria).

##### Acronym

##### IRCT registration information

IRCT registration number: **IRCT20170225032759N3**

Registration date: **2021-04-06, 1400/01/17**

Registration timing: **prospective**

Last update: **2023-04-11, 1402/01/22**

Update count: **3**

##### Registration date

2021-04-06, 1400/01/17

##### Registrant information

###### Name

Amir Mansour Jalali Nadooshan

###### Name of organization / entity

Varian Pharmed

###### Country

Iran (Islamic Republic of)

###### Phone

+98 21 2485 2480

###### Email address

a.jalali@varianpharmed.com

##### Recruitment status

**Recruitment complete****Funding source****Expected recruitment start date**

2022-02-26, 1400/12/07

**Expected recruitment end date**

2022-07-23, 1401/05/01

**Actual recruitment start date**

empty

**Actual recruitment end date**

empty

**Trial completion date**

empty

**Scientific title**

Comparative bioequivalency study (pharmacokinetics-pharmacodynamics) of Variopeptyl® 11.25 mg and Diphereline® 11.25 mg in Patients with non-metastatic or metastatic prostate cancer Volunteers

**Public title**

Comparative bioequivalency study (pharmacokinetics-pharmacodynamics) of Variopeptyl® 11.25 mg and Diphereline® 11.25 mg in Patients with non-metastatic or metastatic prostate cancer Volunteers

**Purpose**

Treatment

**Inclusion/Exclusion criteria****Inclusion criteria:**

• Men between the ages of 50 and 90 • patient with non-metastatic or metastatic prostate cancer whose disease has been diagnosed based on examination and paraclinical procedures. • Without cardiovascular, cerebral, renal and liver problems. • No history of hormone use, immunosuppressive drugs in the last 2 months • No immune system diseases such as AIDS and MS • Able and willing to sign informed consent form

**Exclusion criteria:**

• Sensitivity to drugs, especially GnRH-A • Previous history of chemotherapy • Other diseases

**Age**

From **50 years** old to **90 years** old

**Gender**

Male

**Phase**

Bioequivalence

**Groups that have been masked**

- Participant
- Investigator

**Sample size**

Target sample size: **80**

**Randomization (investigator's opinion)**

Randomized

**Randomization description**

Randomization is based on randomized classification blocks. The randomization sequence will be created using the RandBETWEEN in Excel program.

**Blinding (investigator's opinion)**

Double blinded

**Blinding description**

People who in this study will be unaware of the type of

intervention prescribed to patients participating in the study are: •Patient • Principal Investigator (Physician) The person who is aware of the type of intervention prescribed to patients in this study is the central staff that patients will refer to during the previous coordination, and based on the random allocation list, one of the two interventions will be prescribed for them.

**Placebo**

Not used

**Assignment**

Parallel

**Other design features****Secondary Ids**

empty

**Ethics committees****1****Ethics committee****Name of ethics committee**

Ethics committee of Isfahan University of Medical Sciences

**Street address**

Hezar Jerib street, Isfahan, Iran

**City**

Isfahan

**Province**

Isfahan

**Postal code**

81746-73461

**Approval date**

2021-03-09, 1399/12/19

**Ethics committee reference number**

IR.MUI.MED.REC.1399.1142

**Health conditions studied****1****Description of health condition studied**

non-metastatic or metastatic prostate cancer

**ICD-10 code****ICD-10 code description****Primary outcomes****1****Description**

Measurement of triptorelin concentration

**Timepoint**

at the beginning of study, During 24 hours of hospitalization, 1, 2, 4, 6, 8, 12 hours after drug administration and 2, 3, 7, 14, 21, 28, 31, 35, 42, 60, 65, 75, 80, 84, 90 days will be measured after drug administration.

**Method of measurement**

[D-Trp6]-LHRH

## Secondary outcomes

### 1

#### Description

Measurement of PSA level

#### Timepoint

At the beginning of study, During 24 hours of hospitalization, 1, 2, 4, 6, 8, 12 hours after drug administration and 2, 3, 7, 14, 21, 28, 31, 35, 42, 60, 65, 75, 80, 84, 90 days will be measured after drug administration.

#### Method of measurement

PSA tumor marker (ng/ml)

### 2

#### Description

Measurement of serum testosterone

#### Timepoint

At the beginning of study, During 24 hours of hospitalization, 1, 2, 4, 6, 8, 12 hours after drug administration and 2, 3, 7, 14, 21, 28, 31, 35, 42, 60, 65, 75, 80, 84, 90 days will be measured after drug administration.

#### Method of measurement

RIA

### 3

#### Description

Measurement of serum FSH

#### Timepoint

At the beginning of study, During 24 hours of hospitalization, 1, 2, 4, 6, 8, 12 hours after drug administration and 2, 3, 7, 14, 21, 28, 31, 35, 42, 60, 65, 75, 80, 84, 90 days will be measured after drug administration.

#### Method of measurement

RIA

## Intervention groups

### 1

#### Description

Intervention group: Diphereline 11.25 mg single dose for 3 months

#### Category

Treatment - Drugs

### 2

#### Description

Intervention group: Variopeptyl 11.25 mg single dose for 3 months

#### Category

Treatment - Drugs

## Recruitment centers

### 1

#### Recruitment center

##### Name of recruitment center

Isfahan Poursina Research Center

##### Full name of responsible person

Pouria Adeli

##### Street address

Sepehr Blvd, Salamat Town, Aghababaei Highway, Isfahan.

##### City

Isfahan

##### Province

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1111111111

##### Phone

+98 31 3554 8151

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info@pddrc.com

### 2

#### Recruitment center

##### Name of recruitment center

Tehran Khatam-al Anbiya hospital

##### Full name of responsible person

Mohammad Reza Noroozi

##### Street address

Tehran, Rashid Yasemi Street, Upper than Mirdamad St., Vali- Asr St

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## Sponsors / Funding sources

### 1

#### Sponsor

##### Name of organization / entity

Varian Pharmed Co

##### Full name of responsible person

Dr Sepideh Hashemzadeh

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Tehran, No5, Laleh St, Sattari St

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**Grant name**  
**Grant code / Reference number**  
**Is the source of funding the same sponsor organization/entity?**  
Yes  
**Title of funding source**  
Varian Pharmed Co  
**Proportion provided by this source**  
100  
**Public or private sector**  
Private  
**Domestic or foreign origin**  
Domestic  
**Category of foreign source of funding**  
*empty*  
**Country of origin**  
**Type of organization providing the funding**  
Industry

## Person responsible for general inquiries

### Contact

**Name of organization / entity**  
Varian Pharmed Co  
**Full name of responsible person**  
Dr Amir mansour Jalali Nadooshan  
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Medical Manager  
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Medical Nanotechnology  
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## Person responsible for scientific inquiries

### Contact

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## Person responsible for updating data

### Contact

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**Full name of responsible person**  
Dr Amir mansour Jalali nadooshan  
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Medical manager  
**Latest degree**  
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**Other areas of specialty/work**  
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a.jalali@varianpharmed.com

## Sharing plan

### Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

### Study Protocol

Undecided - It is not yet known if there will be a plan to make this available

### Statistical Analysis Plan

Undecided - It is not yet known if there will be a plan to make this available

### Informed Consent Form

Undecided - It is not yet known if there will be a plan to make this available

### Clinical Study Report

Undecided - It is not yet known if there will be a plan to make this available

### Analytic Code

Undecided - It is not yet known if there will be a plan to make this available

### Data Dictionary

Undecided - It is not yet known if there will be a plan to make this available