

Clinical Trial Protocol

Iranian Registry of Clinical Trials

01 Jul 2026

Design, implementation and performance evaluation of educational package for violence prevention in adolescents and its impact assessment on self-control and social skills of students in Isfahan

Protocol summary

Study aim

Determining the effectiveness of violence prevention education on students' self-control and social skills

Design

Clinical trial with control group with parallel groups, on 70 patients

Settings and conduct

This study is performed in Hazrat Zahra High School in Isfahan. In the intervention group, a violence prevention training package is provided to students and the self-control and social skills questionnaire is filled out for students.

Participants/Inclusion and exclusion criteria

Inclusion criteria: High school students, Willingness to participate in study, Not attending in other educational programs Exclusion criteria: Students who are outside the desired age range (over 15 years old and under 13 years old), Students who have a known Psychological disorder

Intervention groups

Intervention group: In the intervention group, the training package of violence prevention is provided to students and they are taught during 5 training sessions (45 minutes each session). Control group: In this group, students are given a self-control and social skills questionnaire to complete. Students are not given any educational package. At the end, the educational package is given to these students as well.

Main outcome variables

Self-control, Social skills

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20210426051095N1**

Registration date: **2021-07-07, 1400/04/16**

Registration timing: **prospective**

Last update: **2021-07-07, 1400/04/16**

Update count: **0**

Registration date

2021-07-07, 1400/04/16

Registrant information

Name

fatemeh gholipur

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 35 3282 3658

Email address

gholipur1544@gmail.com

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2021-08-09, 1400/05/18

Expected recruitment end date

2021-09-19, 1400/06/28

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Design, implementation and performance evaluation of educational package for violence prevention in adolescents and its impact assessment on self-control and social skills of students in Isfahan

Public title

Design, implementation and performance evaluation of educational package for violence prevention

Purpose

Prevention

Inclusion/Exclusion criteria**Inclusion criteria:**

High school students, willingness to participate in study, not attending in other educational programs

Exclusion criteria:

Students who are outside the desired age range (over 15 years old and under 13 years old), students who have a known psychological disorder.

Age

From **13 years** old to **15 years** old

Gender

Female

Phase

N/A

Groups that have been masked

- Investigator
- Data analyser

Sample size

Target sample size: **70**

Randomization (investigator's opinion)

Not randomized

Randomization description**Blinding (investigator's opinion)**

Single blinded

Blinding description

In this study, the researcher and data analyzer went blind (the task of dividing the participants into two groups of control and intervention was assigned to one of the members of the research team, and the other members and the data collector and analyzer were not aware of this division).

Placebo

Not used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics committee of Isfahan University of Medical Sciences

Street address

Hezaar Jarib Street., Isfahan University of Medical Sciences

City

Isfahan

Province

Isfahan

Postal code

۷۳۴۶۱-۸۱۷۴۶

Approval date

2020-01-07, 1398/10/17

Ethics committee reference number

IR.MUI.MED.REC.1398.515

Health conditions studied**1****Description of health condition studied**

Violent behavior

ICD-10 code

ICD-10-CM

ICD-10 code description

R45.6 is a billable ICD code used to specify a diagnosis of violent behavior

Primary outcomes**1****Description**

Self-control

Timepoint

Before the intervention, two months after the intervention

Method of measurement

Tanji self-control questionnaire

Secondary outcomes**1****Description**

Social skill

Timepoint

Before intervention, Two months after intervention

Method of measurement

Tanji social skills questionnaire

Intervention groups**1****Description**

Intervention group: In the intervention group, the training package of violence prevention is provided to students and they are taught during 5 training sessions (45 minutes each session).

Category

Prevention

2**Description**

Control group: In this group, students are given a self-control and social skills questionnaire to complete. Students are not given any educational package. At the

end, the educational package is given to these students as well.

Category

Prevention

Recruitment centers**1****Recruitment center****Name of recruitment center**

Hazrat Zahra High School

Full name of responsible person

Fatemeh Gholipur

Street address

Ashrafzadeh Alley., Ebn e Sina Street

City

Isfahan

Province

Isfahan

Postal code

95095481

Phone

+98 31 5222 3934

Email

gholipur1544@gmail.com

2**Recruitment center****Name of recruitment center**

Hazrat Masoumeh High School

Full name of responsible person

Fatemeh Gholipur

Street address

Near Aboozar High School., Red Crescent Street

City

Zarrinshahr

Province

Isfahan

Postal code

8471836376

Phone

+98 31 5223 3657

Email

gholipur1544@gmail.com

Sponsors / Funding sources**1****Sponsor****Name of organization / entity**

Esfahan University of Medical Sciences

Full name of responsible person

Zahra Amini

Street address

Hezar Jarib Street., Isfahan

City

Isfahan

Province

Isfahan

Postal code

8174673461

Phone

+98 31 3792 8123

Email

zahraamini63@gmail.com

Grant name**Grant code / Reference number****Is the source of funding the same sponsor organization/entity?**

Yes

Title of funding source

Esfahan University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin**Type of organization providing the funding**

Academic

Person responsible for general inquiries**Contact****Name of organization / entity**

Esfahan University of Medical Sciences

Full name of responsible person

Zahra Amini

Position

Associate Professor

Latest degree

Specialist

Other areas of specialty/work

Public Health/Community Medicine

Street address

Isfahan University of Medical Sciences

City

Isfahan

Province

Isfahan

Postal code

8174673461

Phone

+98 31 3792 8123

Email

zahraamini63@gmail.com

Person responsible for scientific inquiries**Contact****Name of organization / entity**

Esfahan University of Medical Sciences

Full name of responsible person

Houri Ansari

Position

Associate professor

Latest degree

Specialist

Other areas of specialty/work

Public Health/Community Medicine

Street address

No. 22, Roshd Ave., Daneshgah Blvd., Isfahan

City

Isfahan

Province

Isfahan

Postal code

8174673461

Phone

+98 31 3792 8123

Email

Houri_ansari@yahoo.com

Person responsible for updating data

Contact

Name of organization / entity

Esfahan University of Medical Sciences

Full name of responsible person

Zahra Amini

Position

Associate Professor

Latest degree

Specialist

Other areas of specialty/work

Public Health/Community Medicine

Street address

No. 22, Roshd Ave., Daneshgah Blvd., Esfahan

City

Isfahan

Province

Isfahan

Postal code

8174673461

Phone

+98 31 3273 2542

Email

Zahraamini63@gmail.com

Web page address

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Undecided - It is not yet known if there will be a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

All data of individuals in the study can be shared except personal details

When the data will become available and for how long

Access period starts 6 months after the results are published

To whom data/document is available

It will currently be available for researchers working in academic and scientific institutions

Under which criteria data/document could be used

To the extent of reviewing and analyzing data for academic researchers

From where data/document is obtainable

Isfahan School of Social Medicine

What processes are involved for a request to access data/document

By submitting a written request to the director of the School of Social Medicine

Comments