

Clinical Trial Protocol

Iranian Registry of Clinical Trials

27 Jul 2026

Clinical trial of comparison between use of intravenous aminoglycosides versus intravenous and nebulize aminoglycosides in cystic fibrosis patients

Protocol summary

Study aim

Comparison between use of intravenous aminoglycosides versus intravenous and nebulize aminoglycosides in cystic fibrosis patients

Design

Randomized, parallel-group trial with blinded intervention and outcome assessment. Randomization was centralized and computerized with a concealed randomization sequence carried out at <https://www.sealedenvelope.com/>.

Settings and conduct

In this study, 80 children with Cystic fibrosis and have referred with acute pulmonary exacerbation in Mofid children hospital will enroll in the study after getting informed consent from parents. The patients will be divided into two groups, and a drug package with a unique code will be delivered to them. The patient, the caregiver, and the investigator will be blind to the package content

Participants/Inclusion and exclusion criteria

Inclusion criteria: Cystic fibrosis patients between ages of 6 to 18 years old with acute pulmonary exacerbations, and are candidates for receiving Aminoglycoside antibiotics. Exclusion criteria : chronic kidney disease, hepatic failure, metabolic disorder, myopathy, hearing loss, neuromuscular disease, electrolyte disturbances

Intervention groups

In one group, patients receive Ceftazidime 50 milligrams per kg three times a day as intravenous, Amikacin 20 milligrams per kg one time a day as intravenous and Normal saline as nebulize one time a day and in the other group receive Ceftazidime 50 milligrams per kg three times a day as intravenous, Amikacin 20 milligrams per kg one time a day as intravenous and Amikacin 500 milligrams as nebulize one time a day.

Main outcome variables

Forced expiratory volume in the first second (FEV1)

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20120415009475N10**

Registration date: **2021-06-19, 1400/03/29**

Registration timing: **registered_while_recruiting**

Last update: **2021-06-19, 1400/03/29**

Update count: **0**

Registration date

2021-06-19, 1400/03/29

Registrant information

Name

Bahador Mirrahimi

Name of organization / entity

Shahid Beheshti University of Medical Sciences,
Faculty of Pharmacy

Country

Iran (Islamic Republic of)

Phone

+98 21 8820 0118

Email address

mirrahimi@sbmu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2021-05-05, 1400/02/15

Expected recruitment end date

2022-05-05, 1401/02/15

Actual recruitment start date

empty

Actual recruitment end date

empty

Trial completion date

empty

Scientific title

Clinical trial of comparison between use of intravenous aminoglycosides versus intravenous and nebulize aminoglycosides in cystic fibrosis patients

Public title

comparison between intravenous aminoglycosides versus nebulize aminoglycosides in cystic fibrosis patients

Purpose

Treatment

Inclusion/Exclusion criteria**Inclusion criteria:**

cystic fibrosis flare up

Exclusion criteria:

chronic kidney disease hepatic failure metabolic disorder myopathy hearing loss neuromuscular disease electrolyte disturbances

Age

From **6 years** old to **18 years** old

Gender

Both

Phase

3

Groups that have been masked

- Participant
- Care provider
- Data analyser

Sample size

Target sample size: **80**

Randomization (investigator's opinion)

Randomized

Randomization description

The randomization has been performed using the permuted block randomization table. The block randomization method is designed to randomize subjects into groups that result in equal sample sizes. This method is used to ensure a balance in sample size across groups over time. In our study, subjects will be randomized in 4 patient blocks. Randomization was centralized and computerized with a concealed randomization sequence carried out at <https://www.sealedenvelope.com/>.

Blinding (investigator's opinion)

Triple blinded

Blinding description

The drug and placebo will be in coded same packages; a designated person will provide the codes from permuted block randomization via phone. The same person will group the data at the end of the trial, and the expert will perform statistical analysis and after results, the pocket that is with the placebo provider would be opened, and the data will be decrypted. The data regarding harm and benefits of treatment will be provided to the patient and caregiver.

Placebo

Used

Assignment

Parallel

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

institutional ethics committee for Pharmacy, Nursing and Midwifery Schools

Street address

2nd floor, School of Nursing and Midwifery, Valiasr and Niayesh junction

City

Tehran

Province

Tehran

Postal code

1546815514

Approval date

2021-05-18, 1400/02/28

Ethics committee reference number

IR.SBMU.PHARMACY.REC.1400.039

Health conditions studied**1****Description of health condition studied**

cystic fibrosis

ICD-10 code

E84

ICD-10 code description

Cystic fibrosis

Primary outcomes**1****Description**

Forced expiratory volume in the first second (FEV1)

Timepoint

in baseline and 14 days after beginning of treatment

Method of measurement

Spirometer

Secondary outcomes**1****Description**

Amikacin blood concentration

Timepoint

Before the 4th dose

Method of measurement

Amikacin ELISA Kit

2

Description

Hearing loss

Timepoint

In baseline and 14 days after beginning of treatment

Method of measurement

Auditory Brainstem Response (ABR) testing

3

Description

Serum cratinine

Timepoint

Every 48 hours

Method of measurement

Jaffe's Kinetic Method

4

Description

Hospital stay

Timepoint

Day

Method of measurement

Counting

Intervention groups

1

Description

Intervention group: Ceftazidime 50 milligrams per kg three times a day as intravenous, Amikacin 20 milligrams per kg one time a day as intravenous and Amikacin 500 milligrams as nebulize one time a day

Category

Treatment - Drugs

2

Description

Control group: Ceftazidime 50 milligrams per kg three times a day as intravenous, Amikacin 20 milligrams per kg one time a day as intravenous and Normal saline as nebulize one time a day

Category

Placebo

Recruitment centers

1

Recruitment center

Name of recruitment center

Mofid children's Hospital

Full name of responsible person

Bahador Mirrahimi

Street address

Mirdamad Junction, Shariaty Ave.

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Tehran

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1546815514

Phone

+98 21 2222 7029

Email

mirrahimi@yahoo.com

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Dr. Seyed Ali Ziaee

Street address

3rd Floor, Faculty of medicine, Arabi Ave, Daneshjoo Blvd, Velenjak.

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1985717443

Phone

+98 21 2243 2040

Email

mpd@sbm.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Shahid Beheshti University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Amin Rakhshan

Position

Pharmacotherapy Resident

Latest degree

Specialist

Other areas of specialty/work

Clinical pharmacy

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School of Pharmacy, Shahid Beheshti University of Medical Sciences, Niayesh junction, Valiasr Ave, Tehran, Iran

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Email

aminrakhshan@gmail.com

Person responsible for scientific inquiries**Contact****Name of organization / entity**

Shahid Beheshti University of Medical Sciences

Full name of responsible person

Dr. Bahador Mirrahimi

Position

Asistant Profesor, Pharmacotherapy

Latest degree

Specialist

Other areas of specialty/work

Clinical pharmacy

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Person responsible for updating data**Contact****Name of organization / entity**

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Latest degree

Specialist

Other areas of specialty/work

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Sharing plan**Deidentified Individual Participant Data Set (IPD)**

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

Yes - There is a plan to make this available

Data Dictionary

Yes - There is a plan to make this available

Title and more details about the data/document

The main outcome will be available.

When the data will become available and for how long

Six months after publishing

To whom data/document is available

The data will be available per request for people working in academic institutions.

Under which criteria data/document could be used

The data will available for using in systematic review and meta-analysis

From where data/document is obtainable

The data will be available by contacting email; mirrahimi@sbmu.ac.ir

What processes are involved for a request to access data/document

The data will available for using in systematic review and meta-analysis

Comments