

Clinical Trial Protocol

Iranian Registry of Clinical Trials

05 Jul 2026

Title: The effect of a nurse mentoring intervention whit family participation in the management of delirium in ICU patient

Protocol summary

Study aim

Determining the effect of family involvement by nurse mentoring on delirium management in ICU patients

Design

It is a clinical trial in which a blind, randomized Weber strain was used between 61 intervention and control groups on 60patients and a card in an envelope was used for randomization

Settings and conduct

The study was performed in the ICU of Khoy hospitals. First, the control or intervention group was randomly selected with a card in the envelope and sampling was performed by time block method up to 30 samples in each group. Sampling is done for that group for two weeks and continues until the discharge of the last member of the study group. Then sampling is done for the other group. The intervention in the intervention group was done by the nurse mentoring method.

Participants/Inclusion and exclusion criteria

Inclusion criteria: physical and cognitive ability, no dementia, no discharge or death or transfer in the study phase, delirium and score less than 25 according to Neecham criteria Exclusion criteria: transfer of the patient to another medical center, discharge or death of the patient, loss of consciousness and continuous sedation after delirium, cardiopulmonary resuscitation and endotracheal intubation

Intervention groups

In the intervention group, the appropriate caregiver is selected for each patient according to his / her opinion and in coordination with the family, and he / she is given the necessary training on the type of disease and its complications, ways of treatment and management of delirium behaviors. For the control group, only the Richmond and Demographic Questionnaire and the Neecham Questionnaire will be completed.

Main outcome variables

Disease control, cost and length of hospital stay, family education and self-confidence, support for family

members

General information

Reason for update

Acronym

IRCT registration information

IRCT registration number: **IRCT20161116030926N7**

Registration date: **2021-08-20, 1400/05/29**

Registration timing: **retrospective**

Last update: **2021-08-20, 1400/05/29**

Update count: **0**

Registration date

2021-08-20, 1400/05/29

Registrant information

Name

Name of organization / entity

Country

Iran (Islamic Republic of)

Phone

+98 44 3275 4961

Email address

alilu@umsu.ac.ir

Recruitment status

Recruitment complete

Funding source

Expected recruitment start date

2021-01-24, 1399/11/05

Expected recruitment end date

2021-05-15, 1400/02/25

Actual recruitment start date

2020-12-21, 1399/10/01

Actual recruitment end date

2021-05-13, 1400/02/23

Trial completion date

2021-05-20, 1400/02/30

Scientific title

Title: The effect of a nurse mentoring intervention with family participation in the management of delirium in ICU patient

Public title

"The management of delirium " & "Nurse mentoring intervention with family participation "

Purpose

Supportive

Inclusion/Exclusion criteria**Inclusion criteria:**

The patient or companions have the physical and cognitive ability to provide informed consent The patient has no history of cognitive diseases such as dementia After hospitalization according to Neecham criteria with a score below 25 has delirium and is confirmed by a medical diagnosis The patient or caregiver is not addicted to alcohol Be hospitalized until discharge and completion of 6 interventions A qualified caregiver should be available twice daily for 3 consecutive days after the onset of delirium to visit the patient and participate in the intervention and receive mentoring interventions at the patient's bedside

Exclusion criteria:

Failure to attend the mentoring sessions more than once Transfer of the patient to another medical center, discharge or death of the patient Decreased alertness and sedative intake continuously after delirium No special visitation restrictions due to a specific or transmissible disease Start sedatives by continuous infusion Cardiac resuscitation - pulmonary intubation Severe restlessness that may harm the caregiver and the mentor nurse

Age

From **18 years** old to **90 years** old

Gender

Both

Phase

N/A

Groups that have been masked

- Participant
- Care provider

Sample size

Target sample size: **65**

Actual sample size reached: **60**

Randomization (investigator's opinion)

Randomized

Randomization description

Instead of randomizing people, random blocks of time will be used to prevent information interference between groups. Two-week blocks will be allocated to one of the intervention or control groups by lottery method. Thus, if the first time block is allocated to the control group, in this block, patients who have inclusion criteria and according to the criteria If Neecham develops delirium, they will be assigned to a control group with their caregiver, and vice versa. Random time block allocation will continue until the sample size reaches the desired level in each group

Blinding (investigator's opinion)

Single blinded

Blinding description

To prevent information interference between groups, caregivers will be committed to preventing information exchange until the end of the study, and the sampling and assignment process for each subgroup will be performed after discharge of all patients in the previous block. Random assignment of patients to intervention and control groups will be done by a person who is not involved in the sampling and data collection process

Placebo

Not used

Assignment

Factorial

Other design features**Secondary Ids**

empty

Ethics committees**1****Ethics committee****Name of ethics committee**

Ethics Committee of Urmia University of Medical Sciences

Street address

Basij Sqr, montazery St, Gamar e Banihashem Hospital

City

Khoy

Province

West Azarbaijan

Postal code

58196-37617

Approval date

2021-01-24, 1399/11/05

Ethics committee reference number

IR.UMSU.REC.1399.328

Health conditions studied**1****Description of health condition studied**

Management of Delirium

ICD-10 code

Code R41.0

ICD-10 code description

ICD-10-CM Diagnosis Code R41.0

Primary outcomes**1****Description**

management of delirium in ICU

Timepoint

Before the intervention and twice in the morning at 8 am and 7 pm for three consecutive days

Method of measurement

Richmond Agitation Sedation Scale & Neelon and
Champagne (NEECHAM) Confusion Scale&Mini Mental
Status Examination

Secondary outcomes

empty

Intervention groups

1

Description

Intervention group: Twice in the morning and evening for three days, an outpatient appointment will be made in the presence of the mentor nurse, and the selected family member will sit next to the patient in the presence of the mentor who has experience working in the ICU, holding hands. The patient leaves and talks to him about family issues. During the visit, the patient's delirium-induced behaviors are observed by a family member, and the mentor's nurse explains the adaptation and management of these behaviors to the caregiver.

Category

Rehabilitation

Recruitment centers

1

Recruitment center

Name of recruitment center

Gamar e banhashem hospital

Full name of responsible person

Ali- hossein pour asl

Street address

Basij Sq, Montazery St, Gamar e banhashem hospital

City

Khoy

Province

West Azarbaijan

Postal code

58196-37617

Phone

+98 44 3633 4311

Fax

+98 44 3633 5555

Email

alilu@umsu.ac.ir

Web page address

https://umsu.ac.ir

Sponsors / Funding sources

1

Sponsor

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

Dr Rahim. Bagaee

Street address

Emergency Alley ,Resalat Blv,Urmia University of
Medical Science

City

Uromia

Province

West Azarbaijan

Postal code

5714783734

Phone

+98 44 3223 4897

Email

aliluleyla@gmail .com

Web page address

https://umsu.ac.ir

Grant name

Grant code / Reference number

Is the source of funding the same sponsor organization/entity?

Yes

Title of funding source

Oroumia University of Medical Sciences

Proportion provided by this source

100

Public or private sector

Public

Domestic or foreign origin

Domestic

Category of foreign source of funding

empty

Country of origin

Type of organization providing the funding

Academic

Person responsible for general inquiries

Contact

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

Dr leyla--- Alilu

Position

professor

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

Street address

Emergency Alley, Resalat Blv,Uromia University Of
Medical Science

City

Uromia

Province

West Azarbaijan

Postal code

5714783734

Phone

+98 44 3223 4897

Email

aliluleyla@gmail .com

Web page address

https://umsu.ac.ir

Person responsible for scientific inquiries

Contact

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

leyla-Alilu

Position

Professor

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

Street address

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+98 44 3223 4897

Email

aliluleyla@gmail .com

Web page address

<https://umsu.ac.ir>

Person responsible for updating data

Contact

Name of organization / entity

Oroumia University of Medical Sciences

Full name of responsible person

Leyla-Alilu

Position

Professor

Latest degree

Ph.D.

Other areas of specialty/work

Nursery

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City

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West Azarbaijan

Postal code

5714783734.

Phone

+98 44 3223 4897

Email

aliluleyla@gmail .com

Web page address

<https://umsu.ac.ir>

Sharing plan

Deidentified Individual Participant Data Set (IPD)

Yes - There is a plan to make this available

Study Protocol

Yes - There is a plan to make this available

Statistical Analysis Plan

Yes - There is a plan to make this available

Informed Consent Form

Yes - There is a plan to make this available

Clinical Study Report

Yes - There is a plan to make this available

Analytic Code

No - There is not a plan to make this available

Data Dictionary

No - There is not a plan to make this available

Title and more details about the data/document

All individual data can be shared after being unidentified

When the data will become available and for how long

6 months after printing the results

To whom data/document is available

Researchers working in academic and scientific institutions and patients admitted to the ICU

Under which criteria data/document could be used

For use in scientific research and patient education

From where data/document is obtainable

Refer to the website of Urmia University of Medical Sciences, School of Nursing and Midwifery

What processes are involved for a request to access data/document

Send request to aliluleyla @ gmail .com and about 2 days after receiving the email

Comments